

# ROSH HASHANAH DAY 1

## YOUTH PROGRAMS At Temple Israel

### Programs for all ages!

2 ½ - 6  
Years

3 - 7  
Years

8 - 11  
Years

12 - 13  
Years

14 - 18  
Years



Temple Israel  
Portsmouth, New Hampshire

### Family Service

Social Hall  
9:30-10:30

Parent/Guardian required for  
children 10 years old and under

The Book of  
Life: An  
Escape Room  
Adventure!

Library  
9:30 -10:30

Apple  
Necklaces  
& Shofar  
Freeze  
Dance

Social Hall  
10:30 -11:30

Wrapping  
up  
Resolutions  
&  
Jewpardy!

Class Room  
10:30 -11:30

Lighting up  
the New Year  
&  
Machzor  
Mayhem

Board Room  
10:30 -11:30



### Shofar Blast & Final Prayers

Sanctuary  
11:30 - End of Service

### Tashlich

Prescott Park, Portsmouth  
Immediately After Services

Henry Law Park, Dover  
3:30 PM

Swasey Park, Exeter  
3:30 PM

# The High Holiday Lineup

## Babysitting

Our gentle and engaging babysitting program offers a safe, nurturing space for little ones to play and connect during services. With experienced caregivers, age-appropriate toys, and a holiday-themed snack provided, children can enjoy a calm and cozy High Holiday experience while grownups attend services nearby.

**Registration is required to ensure we can provide proper care for all children.**

## Family Rosh Hashanah Service

Celebrate the New Year together with this joyful, musical, and interactive Rosh Hashanah service designed especially for families! With lively singing, storytelling, and age-appropriate prayers, kids and grownups alike will find meaning and connection in this warm and welcoming experience.

**Children under 10 must be accompanied by a parent or guardian** – and we promise it's just as meaningful for the adults as it is for the kids!

## Apple Necklaces & Shofar Freeze Dance

Get ready for a sweet and silly start to the year! Little ones will string up their own apple necklaces as a fun Rosh Hashanah keepsake, then jump into the action with Shofar Freeze Dance – a joyful game of movement and listening where kids dance their hearts out and freeze like statues when the "tekiah" sounds. It's hands-on, high-energy fun with a whole lot of holiday spirit!

## Wrapping up Resolutions & Jewpardy!

Kids will unwrap their best selves this new year! First, they'll reflect and share personal goals in "Wrapping Up Resolutions," crafting meaningful intentions with color and creativity. Then, it's time to test their Jewish smarts in "Jewpardy," a spirited game-show-style adventure with categories like Rosh Hashanah, Yom Kippur, Sukkot, Simchat Torah, and a mystery round that keeps everyone on their toes!

## Lighting up the New Year & Machzor Mayhem

Middle schoolers dive into the season of reflection with "Lighting Up the New Year," where they'll hand roll their own beeswax candles as a symbol of hope, light, and new beginnings. Then it's time to get moving in "Machzor Mayhem," a hilarious, high-energy Rosh Hashanah charades game where players act out holiday themes, customs, and values – no props, no voices, just fun and full-body expression!

## The Book of Life: Escape Room Adventure

Teens take on the ultimate New Year's challenge in this immersive, cooperative escape room! With only 90 minutes before the Book of Life is sealed, players must work together to unlock clues hidden in sacred texts, symbols, and stories tied to Teshuvah, Tefillah, and Tzedakah. It's meaningful and packed with team-based excitement – can your teen beat the clock and be sealed in the book of life?!

## Community Tashlich & Story Time in the Park

Join us by the water for one of the most beloved High Holiday traditions–Tashlich! Families will gather to symbolically cast away the mistakes of the past year while taking in the beauty of the season. Join us at the Prescott Park in Portsmouth, Henry Law Park in Dover, or Swasey Park in Exeter.

Cozy up for Story Time in the Park with Dinah Berch at Prescott Park, where we'll read sweet and meaningful tales that spark reflection, laughter, and fresh beginnings.



**Registration Required**  
**Scan the QR or visit**  
**TempleIsraelNH.org**

