

# The Doorpost

Temple Israel

Monthly Newsletter

June/July 2023, Iyyar - Tammuz - Av 5783

## From the Rabbi's Desk



**Rabba Kaya  
Stern-Kaufman**

Summer beckons. Our days lengthen and warm in the beauty of the Seacoast in bloom. How fortunate we are. When we turn to nature, to notice her rhythms and balance, our view expands beyond the man-made catastrophes that fill our daily news. Such

awareness soothes the soul. Surely there is repair work to be done, but can we do so from the ground of love rather than fear?

When we are anchored in gratitude, in the gifts of each day, we can maintain an inner stability and an uplifted heart. Our sages bequeathed to us beautiful prayers of gratitude to recite every morning and throughout each day. Beyond the obligatory prayers, they taught that one should try to say 100 blessings every day. In other words, we should be seeking out 100 moments every day to acknowledge the gifts that are right before our eyes.

This summer, as we luxuriate in the blessings of nature, friends, and family, let us find those moments to consciously pause and give thanks for the gifts we are receiving. As we do so, we build an inner foundation that steadies and strengthens our spiritual core and lifts up others around us.

May this summer bring you blessings of joy and peace.

Rabba Kaya

## Upcoming Events

### **First Friday Tot Shabbat, p. 3**

5:00 pm, Friday, 6/2, Chapel

### **Melvin Zabarsky Exhibit Reception Opening, p. 12**

7:45 pm (after services) Friday, 6/2

### **Temple Tour & Docent Orientation**

11:00 am, Sunday, 6/4, Shmooze

### **Scholar-in-Residence Reb Simcha Raphael, p. 2**

6:30 pm, Friday, 6/9

10:00 am, Saturday, 6/10

7:30 pm, Saturday, 6/10

### **Sisterhood Chocolate Class p. 11**

7:00 pm, Thursday 6/22, Social Hall

### **Bat Mitzvah of Abigail Martin, p. 10**

9:30 am, Saturday, 6/24, Sanctuary

### **Teen Summer Picnic, p. 6**

12:30 pm, Sunday, 6/25, park in Portsmouth

### **Outdoor Kabbalat Shabbat Service, p. 3**

6:30 pm, Friday, 6/30, Strawberry Banke

### **The Temple Office will be closed**

Monday, 7/3 - Tuesday, 7/4

### **Marimba Concert, p. 12**

11:00 am, Sunday, July 16, Social Hall

### **ELC Summer Camp Week, p. 7**

Monday, 7/17 - Friday, 7/21, ELC Classroom

### **Outdoor Kabbalat Shabbat Service, p. 3**

6:30 pm, Friday, 7/21, Strawberry Banke

### **Outdoor Tot Shabbat Hop with PJ Library, p. 17**

10:00 am, Saturday, 7/22, Garden Courtyard

**Complete CLASS AND COMMITTEE MEETING schedule continues on page 17.**

**Reminder: Please log into your ShulCloud account to confirm meeting dates on the website calendar.**

# Shabbaton

## Temple Israel **SHABBATON**

**JUNE 9-10, 2023**

**"Exploring Jewish Views of the Afterlife"**

with

**REB SIMCHA RAPHAEL, PH.D.**

**Scholar-in-Residence**

### About

Join us for a Scholar-in-Residence Shabbaton. We will explore views of the afterlife in Judaism through text study of Torah, Talmud, Midrash, Zohar and otherworldly tales from Hasidism and Yiddish folk literature. We shall also reflect on how ideas about life after death impact our contemporary attitudes toward death and loss.

### Schedule

#### FRIDAY, JUNE 9

6:30 pm Shabbat Services  
7:00 pm Kiddush & Study Session,  
"Afterlife in Biblical and Rabbinic  
Tradition: Sheol & Olam Haba"

#### SATURDAY, JUNE 10

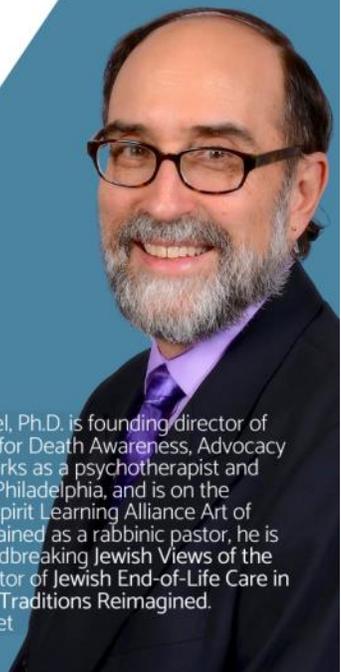
10:00 am Shabbat Services  
12:00 pm Kiddush Luncheon  
1:00 pm Study Session,  
"Afterlife in Kabbalistic  
Tradition: Postmortem Journey  
of the Soul"  
7:30 pm Storytelling & Havdalah,  
"Jewish Ghost Stories:  
Ancient Ancestors,  
Wandering Spirits and  
Reincarnating Souls"



Register via the website calendar:  
[https://templeisraelnh.shulcloud.com/  
event/temple-israels-shabbaton.html#](https://templeisraelnh.shulcloud.com/event/temple-israels-shabbaton.html#)

Sponsored by Michael & Glicka Kaplan

Reb Simcha Raphael, Ph.D. is founding director of the DA'AT Institute for Death Awareness, Advocacy and Training. He works as a psychotherapist and spiritual director in Philadelphia, and is on the faculty of the One Spirit Learning Alliance Art of Dying Institute. Ordained as a rabbinic pastor, he is author of the groundbreaking Jewish Views of the Afterlife, and co-editor of Jewish End-of-Life Care in a Virtual Age - Our Traditions Reimagined. [www.daatinstitute.net](http://www.daatinstitute.net)



# Prayer

## Service Times

**Weekday Minyan**, Tuesday, 5:30 pm, ZOOM ONLY

**Kabbalat Shabbat**, Friday, 6:30 pm

**Shabbat Morning**, Saturday, 10:00 am, with participation from Hebrew School students (during the school year) and Torah reading. B'nei mitzvah services begin at 9:30 am. *Zoom links to virtual services are in the weekly bulletin, with exceptions as noted. Members can also log into their ShulCloud account and find the Zoom links on the "Member Resources" page.*

## Tot Shabbat, Alternative Services

**First Fridays, dates and times below.**

With musical guests Lisa Jane Lipkin and Jay Hitt. Register for Tot Shabbat on the website calendar.

**Upcoming Tot Shabbat services, 5:00 - 5:30 pm**

- June 2 (Please note new time!)

**Upcoming Alternative Services**

- June 2

## Traditional Services

**Second Fridays; no instruments.**

- June 9 (with Scholar in Residence, p. 2)

## Potluck Meals

**Third Fridays, after 1-hour service.**

- June 16

## Lay Leaders

- Saturday, June 3, Judy Craig, ZOOM ONLY
- Friday, June 16, Fran Berman
- Saturday, June 17, Fran Berman and Judy Craig

## Candle Lighting

June 2, 7:59 pm

June 9, 8:04 pm

June 16, 8:08 pm

June 23, 8:09 pm

June 30, 8:10 pm

July 7, 8:08 pm

July 14, 8:04 pm

July 21, 7:59 pm

July 28, 7:52 pm

## Bat Mitzvah of Abigail Martin

- Saturday, June 24, 9:30 am, in person and via special Zoom link

## Outdoor Services

- Fridays at 6:30 pm: June 30, July 21, August 18, at Strawberry Banke. All services led by Rabba Kaya Stern-Kaufman. Bring a dairy/vegetarian/pareve picnic dinner and your own chair. Services will be live streamed on the TIP Facebook page. In case of inclement weather, services will be held in the sanctuary and accessible via the usual Zoom link.



## Tisha b'Av

- Wednesday, July 26, 8:00 pm. On Tisha b'Av, we recall the destruction of the Temple in Jerusalem and we grieve for the many losses endured by the Jewish people throughout the ages.

# President's Message



**Jared Nabel**  
President

Fellow TIP community members,  
Allow me to introduce myself. Since my face will be occupying the space to the left for the next two years, I thought it only fitting that I tell you briefly who I am. My name is Jared Nabel and I have the privilege of leading the Temple Israel Board of Directors at a very exciting time. My

wife, Sarah, and my two boys, Rowan (16) and Madan (11) moved to the Seacoast a decade ago and joined the temple eight years ago. Shortly before Rowan became a bar mitzvah, I was asked to resurrect the temple's Security Committee. Little did I know then that I had stepped into the world of volunteerism, and a few short years later I'd be jumping in with both feet.

If we have not yet had the chance to meet, I very much welcome the opportunity to make your acquaintance, and I hope to see you at one of the many services, family events, educational programs, or other varied offerings that are filling the TIP calendar these days—and I do mean filling. A quick perusal of the temple's online calendar or weekly emails finds announcements for everything from b'nei mitzvah celebrations and Biblical Hebrew classes to Youth Group events and Yiddish for Beginners. While it is not quite A to Z, the offerings keep expanding, and if you missed "TIP Reads," perhaps a session of "Crafting and Kvetching" or a "Hand Drumming for Beginners" class will lure you into the Shmooze.

Recently, I walked into the temple for a meeting, and a weekly mahjong participant jumped up from her game to inform me, "Your temple has an active and revitalized Sisterhood again!" I am happy to say that this fact rings true for the Brotherhood as well, thanks to volunteers Rachel Dennis and Ryan Kaplan!

Now is as good a time as ever to be a member of the TIP community. Family programming, education, and adult class offerings are constantly expanding. I invite you to see what your community has to offer!

*L'hitraot, See you soon, להתראות*

Jared Nabel

## Shabbat Hosts Needed, September - May

If you live within walking distance of Temple Israel AND have a spare bedroom, please consider hosting our rabbinic intern for a Shabbat overnight in the year ahead. Jacob Chatinover is a 4th year rabbinic student at Hebrew College. He (with his wife Julia on some Shabbats) will be with us for two Shabbats per month from September through May and he/they will need overnight housing. If you can't offer housing but you'd like to invite Jacob for dinner, we are seeking Shabbat meal hosts too (kosher or vegetarian)! Jacob is really looking forward to meeting all of us, whether at the temple or in our homes. Contact Fran ([vpirtual@templeisraelnh.org](mailto:vpirtual@templeisraelnh.org)) for more information.

**Photos below and right: scenes from the May 10 Lag BaOmer Field Day, Bonfire, & Family Picnic!**



# Ritual Committee

## Jewish Journeys

By Fran Berman, VP Ritual

Each of us has our own Jewish journey that brought us to Temple Israel. You may have been born into this congregation, where your parents were members, and perhaps even your grandparents! If so, this may be the only congregation you have ever known. You may have grown up Orthodox, Conservative, Reform, or secular. You may be a Jew by choice, as are an increasing number of members in Temple Israel. And you or your family members may come from or practice another faith.

As someone who has been a member for a while, I have seen TI grow and change over the years as the Seacoast community has grown and changed. The temple of today is quite different than the temple of forty years ago. Our congregation reflects the wider U.S. Jewish population, which is increasingly secular and is made up of many more intermarried families. What does this mean for us as a community?

On the Ritual Committee, it means that we must strive to make sure our rituals (holidays, Shabbat

observances, life cycle events) are accessible and meaningful to all of our members, whether they identify as Jewish or are from another background. Our *Lev Shalem* prayer book was chosen in part because it has much more transliteration than our previous prayer book (*Sim Shalom*), so it is more accessible for those with limited or no Hebrew skills. Our services include English readings, poetry, and songs as well as traditional Hebrew liturgy. And our life cycle events welcome the participation of Jewish-adjacent family members, whether they are parents, grandparents, cousins, or siblings. Each is a treasured part of these events and has a role of honor.

If you (or another family member) are from another faith tradition, please know that your presence and participation are welcomed in our sanctuary. We invite you to raise your voice in song and prayer, to offer names for our mishebeirakh list, to remember your loved ones during the Mourner's Kaddish. If you want to learn Hebrew or find out more about Jewish prayer or thought, we welcome you in our classes. And if you are planning a life cycle event, please know that we are doing all we can so that you and other Jewish-adjacent family members feel honored and included. The Ritual Committee will be looking at this area of temple life over the next few months and I will be sharing more information about how everyone in our community – whether they identify as Jewish or are from another faith tradition – can be welcomed into our ritual life.



**Fran Berman**  
VP, Ritual

**Thanks to Deborah Levine, Tania Tykocinski-Duval, and Ron Sher for sharing their photos from the Lag BaOmer Field Day event.**



# Hebrew School / Family Programs



**Erik Martin**  
Head of School

## Convocation Shabbat

Congratulations to all of our Hebrew School students! The school year ended on a high note with a beautiful service highlighting everything they've learned throughout the year. A delicious lunch and cupcakes followed. **Parents, watch your**

**email for directions on enrolling students for the 2023 - 2024 school year.**



Photo above taken from the Convocation Zoom recording.

## Teen Summer Picnic

**Sunday, June 25, 12:30 pm, Portsmouth location provided with registration.** School's out and it's time to have

some fun! Join Jewish teens from around the Seacoast for an afternoon of games, snacks, and friends! Open to all Jewish teens so invite your friends. Register via the website calendar.



## Save the Date: Sunday, August 27

### Back to Shul Fest at Strawberry Banke

Back by popular demand! Last year's event was a huge success and we're going bigger and better this year. Join us as we mark the end of the summer with an afternoon of live music, crafts, games, food, and much more!



## Fun with bows and arrows!

**Lag BaOmer Field Day was a great success.**

What a time we had celebrating Lag BaOmer and the end of the school year with picnics, archery, climbing walls, gaga, and of course, s'mores! Almost a hundred people enjoyed a beautiful afternoon together. Rabba Kaya led the community in song and prayer, while friends old and new connected.

# Early Learning Center

Shalom,

May is here and the last full month of preschool. We enjoyed music from the Sonatina Center, visiting Grand Pals at the Wentworth Senior Living Home, and taking home the weekly Shabbat box. Shabbat celebrations with Rabba Kaya are winding down toward the last day of preschool and our graduation celebration on Thursday, June 8th.



The ELC has started to learn Israeli dancing with Ellen McQueeney and the children are picking up the steps!

The ELC participated in Portsmouth Children's Day. We pretended to toast marshmallows over our rug "campfire" for Lag BaOmer and enjoyed a picnic outside for lunch.



After taking care of composting worms all winter in the classroom, the children let the worms wriggle free into their new homes, our playground garden beds. We held our first Mother's Day tea event, celebrating the moms and other important women in the ELC children's lives.

In celebration of Shavuot, we made a wonderful bulletin board on the theme of "Mitzvahs and the Ten Commandments." The preschoolers created artworks referencing the books we were reading: *The Littlest Mountain* by Barb Rosenstock and *Ten*

*Good Rules, A Counting Book* by Susan Remick Topek. Inspired by these books, the children created the landscape, mountains, and people waiting for Moses to bring down the tablets with the rules that allow everyone to enjoy the world.



**Tammy Roberge**  
Director, ELC

On Friday, June 2, the ELC will host a Father's Day Picnic slightly in advance of the holiday, which always takes place after our school term is finished for the year. Graduation will be held on Thursday, June 8 from 9:30 – 11:00 a.m. in the temple parking lot if the weather is good or the social hall if the weather doesn't cooperate.

It is lovely that the ELC has a waitlist for next year, but if you know someone or meet someone looking for preschool, please have them reach out to discuss our program and enrollment options. The temple website, [www.templeisraelnh.org](http://www.templeisraelnh.org), is also a good resource.



**Questions about the ELC?** Call me: 603-436-5301, ext. 23, or send me an email at [preschooldirector@templeisraelnh.org](mailto:preschooldirector@templeisraelnh.org). Tammy and the ELC team (Elian, Laura, Steve, Amy, and Marge)

# Tikkun Olam Endowment



**Ira Schwartz**

Chair, Endowment  
Fund Committee

## **NEW Tikkun Olam Endowment - Sanford Roberts Fund for Social Justice**

The Board of Directors of  
Temple Israel and the  
Endowment Fund

Committee are happy to  
announce the conversion of

the prior Tikkun Olam Fund to an endowment fund  
now named the **Tikkun Olam Endowment -  
Sanford Roberts Fund for Social Justice.**

Sanford Roberts, a congregant who died last year,  
exemplified to many, a righteous person who lived  
his life by the principles of tikkun olam.

Aside from being president of Temple Israel three  
times, he was a Big Brother, did pro bono work for  
decades for the Joan G. Lovering Health Center  
(previously known as the Feminist Health Center),  
volunteered his carpentry skills to rehab the homes  
of the needy, and contributed generously to  
multiple altruistic organizations and causes. He is  
being honored for living his life according to the  
principles embodied in the mission of the Tikkun  
Olam Committee, and also because he was loved by  
his entire community.

Going forward, when you donate to this  
endowment, the money will become part of an  
investment that will generate income in perpetuity,  
to provide support for social justice projects in our  
community and in our world.

The Tikkun Olam Committee is a relatively new  
committee at Temple Israel but it has been busy  
and productive in multiple activities. Chaired by  
Shelley Hartz, the committee reports their events

and initiatives in nearly every monthly *Doorpost*  
newsletter. I encourage you to read their articles to  
observe how the committee works to promote  
justice and equality.

A review of the committee's accomplishments  
includes their organizing a special "New Immigrant  
Shabbat" service, running food drives to support  
Seacoast Family Promise and other local food  
pantries, and supporting "Team Temple Israel" in  
the Seacoast Walk to End Alzheimer's. The Tikkun  
Olam Committee has been involved in advocating  
for new immigrants who have resettled in the  
Seacoast. Their fall fundraiser for Team Seacoast,  
which supports Afghan refugee families, attracted  
over 150 people to the Social Hall for "An Evening  
of Storytelling with Rebecca Rule."

"Give a man a fish and he will eat for a day..."

Contribute to  
the Tikkun  
Olam  
Endowment -  
Sanford  
Roberts Fund  
for Social  
Justice, and  
you support  
the efforts to  
repair the  
world, forever.



**Sandy Roberts**

Ziplining with enthusiasm!  
Photo courtesy Adam Roberts

# Donations

*Many thanks to all who have responded so warmly to the Passover Endowment Fund Appeal. Your generosity will benefit Temple Israel for years to come.*

*Also, it's not too late to give!*

**Donations received April 26 - May 30, 2023.**

## **ADULT EDUCATION FUND**

In support of the Shabbaton with Reb Simcha Raphael: Rachel Kurshan, Claudia Leblanc, Sandell Morse.

## **ANNUAL FUND**

Shlomiya and Binyamin Lightfoot write, "We enjoyed the Lag BaOmer event!"

## **CULTURAL ENDOWMENT FUND**

Barbara Levenson in memory of her father, Russell Levenson. Ira Schwartz in fond memory of Sanford Roberts.

## **DINNERMAN-ROTTENBERG EDUCATIONAL ENDOWMENT FUND**

Betty Wachtel.

## **HEBREW SCHOOL FUND**

Helaine Roberts in memory of her daughter, Davida Roberts. Joanne Samuels in honor of past and present Hebrew School students. David Baer in memory of his mother, Johanna Baer. Michelle and Steven Passon in honor of Ian Kaner.

## **INSTITUTIONAL OPERATING ENDOWMENT FUND**

Philip Ginsburg and Carolyn Anderson. Phyllis Heilbronner in memory of her beloved husband, Hans Heilbronner. Selma Freedman in memory of her husband, Robby Freedman. Bert and Deborah

Freedman in memory of Bert's brother, Mark Freedman. Roger and Susan Epstein. Leslie and Matthew Allen in honor of Dr. Ira Schwatz.

## **KIDDUSH FUND**

Selma Freedman in memory of her son, Mark Freedman. Anita Gordon. Fran Berman in honor of the bar mitzvah of Samuel Sheldon.

## **PRAYERBOOK FUND**

Judy & John Craig.

## **RABBI'S DISCRETIONARY FUND**

Amy Feitelson in memory of her brother, Melvyn Feitelson. Adina Linden in memory of her father-in-law, Sam Linden. Lisa and Jack Ohayon with appreciation to Rabba Kaya for officiating at the funeral services for Cris Goodman. Mikhail Klarov. Karen Mott in memory of her parents, Lloyd and Ursula Gage.

## **TIKKUN OLAM ENDOWMENT - SANFORD ROBERTS FUND FOR SOCIAL JUSTICE**

Ira Schwartz. Gloria Moldoff in memory of her grandmother, Mollie Fisher. Gloria and Harold Moldoff In memory of Sanford Roberts.

## **TZEDAKAH FUND**

Linda Tober in memory of her husband, Edward Tober. Amy Schmidt in memory of her husband, Torsten Schmidt. Shirley Fegan in memory of her brother, Michael Cornelius, and with appreciation to the Temple Israel congregation for their kindness. Stanley and Rita Robbins.

**THANK YOU**

# Bat Mitzvah / President's Award



**Erik and Natalee Martin warmly invite you to share in their joy at the bat mitzvah of their daughter, Abigail Penina**

**Saturday, June 24, 2023, 9:30 am**

My name is Abigail Martin and I attend Berwick Academy – just like my mom did!

I enjoy dancing, reading, hanging out with my friends, and going to the beach. Judaism is important to me because it connects me to my ancestors and culture. I am so proud to be Jewish and my favorite tradition is being a part of my family's Passover seder every year.

## **Melvin Prostkoff Receives President's Award**

At the Annual Meeting on May 8, outgoing president Robert Zimman presented the President's Award. An excerpt from the citation:

“Dr. Prostkoff significantly contributed to the success of Temple



Israel by serving two years as the Recording Secretary, seven years as an at-large member of the Board of Directors, and eight years as the Chairman of the Holocaust Torah Committee. As a member of the Board of Directors he consistently reminded the members of their responsibility to act not only in the current best interest of Temple Israel, but also in the long-term interest as well as their responsibilities under *halacha*. He has also served as one of the lay leaders and frequently leads the weekly, Tuesday evening minyan. Additionally, he has served as the Temple Israel liaison to the New Hampshire Employer Support of the Guard and Reserve (ESGR). Dr. Prostkoff's efforts during the Covid-19 pandemic to coordinate Temple Israel's support for ESGR directly led to ESGR awarding the Seven Seals Award to Temple Israel. Whenever asked he continually provides encouragement and sage advice.”

***Yasher Koach, Mel!***

# Sisterhood/*Rite of Passage*

By Rachel Dennis, Chair

I am very happy to report that Sisterhood events have begun and more are being planned.

**Craft and Kvetch:** We have met on four Tuesdays in May from 3:00 - 4:30ish in the Shmooze. A small group of crafters/kvetchers have enjoyed a lovely time together. We will revisit the day and time at our next Sisterhood meeting.

**Chocolate Class:** Master Chocolatier Thomas Nash, previous owner of La Cascade du Chocolat, will hold a class and tasting on Thursday, June 22 from 7:00 - 8:00 pm in the social hall. Space is limited to 30 people, so please register

via the website calendar for this yummy event.

Thanks to Elian Tackeff for organizing it!



**Rosh Chodesh:** This is still in the planning stage.

**Ritual Committee:** I have spoken with Fran Berman and at our next meeting, I will share more about the ways we can support them.

**Chesed:** I am planning to speak with Pam Battin-Sacks and offer our support.

**Sisterhood Bylaws:** Thank you to Judith Goldstein and Marge Gruzen for meeting with me to craft our bylaws. The work continues...stay tuned.

If you want to ensure that you are getting the most current Sisterhood news, please email me, Sisterhood@templeisraelnh.org. If you have already attended meetings, you are all set.

The next Sisterhood meeting is on Sunday, June 4, 9:00 am for coffee and snacks in the Shmooze and 9:30 for the business meeting in the chapel.

I look forward to seeing you soon.

By Linda Menzies Greenstein, Producer

The play "Rite of Passage" that we debuted as a reading at Temple Israel is now a full professional production playing July 13 to 30 at The Windhover Center for Performing Arts, Rockport, MA.



We are thankful for the support the Temple Israel community provided during the development of this family story. Pam Battin-Sacks and Steve Sacks will be on stage and we are so happy to have their talent, but even more to have their kindness and generosity.

The venue is outdoors under a tent. There is plenty of free parking and the facility is fully handicapped-accessible. For more information about the play and to order tickets, go to our website, [www.punctuate4.org](http://www.punctuate4.org).



17 Moody Point Drive, Newmarket, NH 03857  
Cell # 917-453-3975  
[www.HelenHananInteriorDesign.com](http://www.HelenHananInteriorDesign.com)  
Email: [helen@helenhananinteriordesign.com](mailto:helen@helenhananinteriordesign.com)

# Arts Review Team



**Deborah Levine**  
Chair, Arts Review  
Team

## Melvin J. Zabarsky Exhibit

Celebrating Shavuot, which commemorates the gift of Torah, we often feel a sense of reverence, awe, and joy. Torah means “a teaching, instructions” which can be

appreciated for its stories as well as its precepts and laws. These stories provide guidance for our

daily lives. They are full of characters with human frailties as well as courage, strength, and compassion. It is up to us to find meaning in these stories as well as the Jewish values embedded in commandments and mitzvot.

How is art similar to Torah? Perhaps that the images invite us to go deeper than the literal representations, as well as to find personal meaning, symbolism, and narratives based on our own close observation and study.



**This summer’s exhibit featuring the artwork of Melvin Zabarsky opens with a reception after services on Friday, June 2. The artist’s daughter Hannah Burke and her husband, Paul, will walk us through portraits of famous Jewish artists, philosophers, scientists, and musicians, as well as**

more esoteric subjects full of vivid color and history. Paintings include a large-scale portrait of Sigmund Freud and his wife Anna, artists Frida Kahlo and Matisse, and an interpretation of a scene from the book *The Kite Runner*.

## Halcyon Music Festival

St. John's Episcopal Church, Portsmouth  
Two weekends: June 15 - 17; June 22 - 24. Their [Website](#) details their chamber music programs.

## Museum visit to Ogunquit, Maine

Sunday, July 23, noon to 3:00 pm. Let’s walk, eat a picnic lunch together, and view a summer art exhibit at the Barn Gallery in Ogunquit, Maine. Rain or shine! Parking is available or carpool from TIP.

## Percussion

**Drumming for Beginners** led by John Felice.  
Summer session begins June 15, Thursdays 3:30 - 5:00 pm in the chapel.

**Marimba Concert**, Sunday, July 16, 11:00 am in the social hall, led by Tchukki Andersen.

## TIP in Bloom

Ellen Fineberg, Julie Serrano, Aimee Margolis, Laura Sher, Jardiniere Flowers, and The Flower Kiosk generously donated flowers to decorate the Sanctuary and Social Hall for Shavuot. Thanks to our volunteers for helping arrange them. Also much appreciation to Doug Tilton for help with hanging pictures in our latest exhibit.



# Israel Affairs

By Emma Rous, Chair, IAC

## “Stories for the Sake of Argument”

Coming November 5, the Israel Affairs Committee will host a workshop on conducting conversations when opinions are polarized, a highly relevant topic for both Israel and the United States. The 10:30 a.m. in- person workshop will meet with Israeli facilitators via Zoom. Participants will buy the book of stories for \$10, to be used in the workshop and in follow-up discussion groups. Book ordering information will follow.



“Walk the land” photos, left: Dinah Berch of JFNH and TIP. From top right: Richard David Grossman “inserts” a prayer in the Kotel. Emma and Walter Rous help youngsters with spin art at the *Tzfat* table.

## TIP Represents Safed (*Tzfat*) at Federation “Walk the Land” Event

On Sunday, May 21, Temple Israel joined synagogues from around the state to celebrate Israel’s 75th anniversary with food, dancing, and activities for children and adults. Each congregation presented a different city in Israel, with TIP representing *Tzfat*, the highest city in Israel and one of Israel’s four holiest cities. To acknowledge *Tzfat’s* history as a center of Jewish mysticism, young people at our table made spin art and colored mandalas, thanks to Deborah Levine and the Arts Review Team. Richard David Grossman showed his shofar, purchased in *Tzfat*.



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# Momentum

By Amy Lester

MOMentum's motto is: "Inspire a woman, you inspire a family. Inspire enough families, you inspire a community. Inspire enough communities, you can change the world. "

Thanks to Temple Israel and Jewish Federation of New Hampshire, twelve NH moms applied and were accepted to the Momentum Year-Long Journey, which included visiting Israel in May 2023.



While the participants are all raising Jewish children in NH, the diverse backgrounds of the women made for a special, remarkable experience for all. This journey will continue with monthly gatherings intended to inspire and energize the group to make a difference in their homes and in their communities.



Our transformative trip was beyond what we might have dreamed. It was a feast for the senses and the heart. Smelling the spices in the

shuk, sinking my teeth into my first sabich sandwich, fresh mint tea at the end of dinner, tasting halva at every opportunity, dancing arm in

arm, feeling a spiritual atmosphere in *Tzfat*, weaving our way through throngs of happy people partying Thursday night at the shuk, mud and floating in the Dead Sea, camel rides and desert views, songs and prayers at the Kotel, even some



frenzied shopping for purchases to bring home. These shared experiences were so vivid and meaningful because we lived them together as mothers, women, and friends who were all open and ready to learn and to feel. Thank you to TIP and JFNH for this opportunity and for awakening these connections to Israel and to one other.

## Temple Israel Women Share Their Experience

**Izzi Lieberman:** Momentum 2023 was so much more than a trip to Israel. I came home with a renewed sense and purpose of my Judaism, a much clearer understanding of our Israeli homeland and lifelong friendships.

**Rachael Wizwer:** This trip was a once-in-a-lifetime opportunity for me to visit a magical place that I have been learning about since I was a small child. I made friends and a connection with people and the land that has changed my life and my relationship with Judaism in positive ways that I have never

**Attention Dads: A MoMentum group is forming for 2024!**

For details, see the Jewish Federation of NH website, [www.jewishnh.org](http://www.jewishnh.org).

# Momentum continued

imagined. It was a true gift that I am so grateful I had the opportunity to experience.

**Beth Sakelarios:** The Momentum trip to Israel allowed me to obtain a better understanding of all levels of Judaism, the Israeli culture and the country. Along with that, I was able to form incredible friendships with an amazing group of women that will last forever. Truly a trip of a lifetime that was life-changing! I am so grateful to have been part of this trip.

**Gail LePage:** My trip to Israel with Momentum was one of the most meaningful experiences of my life. This adventure started with twelve strangers from the seacoast area and now we are family. Looking forward to continuing our year-long journey of learning together.

**Amy Hyett:** Traveling to Israel for the first time in thirty years meant seeing Israel through adult eyes and appreciating its many miracles. Sharing this journey with our close-knit cohort added so much to the experience. I am so grateful to have these special friendships as we engage in our Jewish lives back in New Hampshire.

**Amy Lester:** We danced. We ate. We learned. We ate. We sang. We ate. We floated. We ate. We rode. We ate. We reflected. We ate. We bonded. We ate. We laughed. We ate. We shopped. We ate. We found a love for our homeland and became friends at the same time. I am hugely grateful to Temple Israel and Jewish Federation of NH for this opportunity to



take a year-long journey with eleven special women.

**Liz Fox Jacobs:** My Momentum trip to Israel was a trip that I knew would be meaningful, special, and a once-in-a-lifetime opportunity. However, I never imagined how much more it would be. My connection to Judaism in not just a religious way, but in a deeply spiritual way, was something that changed me forever.

Momentum is a beautifully orchestrated program that, no matter how old your children are, is incredibly powerful and gentle. Every mother should have the opportunity to feel the love and support that we felt on this trip. The deep bonds made with the other women/mothers are friendships that will last a lifetime. A huge thank you to Temple Israel and The Jewish Federation of NH for making this amazing trip possible. I am so grateful.



# Back to Shul Fest



## Back to Shul Fest

Sunday, August 27th  
Strawbery Banke  
12:00-3:00 PM

Live Music



Crafts & Games



BBQ Lunch



Back by popular demand! Mark your calendars for Shul Fest '23! Last year's event was a huge success and we're going bigger and better this year. Join us as we mark the end of the summer with an afternoon of live music, crafts, games, food, and much more!

# Life Cycles / Classes & Meetings

## Life Cycles

The community offers condolences to congregant Carolina Barba, whose mother-in-law, Teresita Gonzalez Barba, passed away on May 5, at the age of 82.

We grieve with Allison Miller, yoga instructor and community member, whose beloved mother, Susan Miller, passed away on May 24.

## CLASSES

### Intermediate Biblical Hebrew Grammar

4:00 pm Mondays, via Zoom (no class 7/3)

### Beginner Prayerbook Hebrew Grammar

6:30 pm Tuesdays, via Zoom (no class 7/4)

### Intro to Biblical Hebrew Grammar

6:30 pm Tuesdays, via Zoom (no class 7/4)

### Yiddish for Beginners, Shmoozatorium

11:00 am - 12:30 pm, Wednesdays 6/14, 6/21, 6/28

### Advanced Torah Reading & Grammar

10:30 am Thursdays, via Zoom (no class 7/27)

### Hand Drumming for Beginners Summer Session

3:30 pm Thursdays beginning 6/15, in the chapel

## COMMITTEE MEETINGS

### Board of Directors

7:00 pm, Tuesday, 6/20, 7/18

### Brotherhood

5:30 pm, Tuesday, 6/7, Social Hall

### Education Committee

7:00 pm, Thursday, 6/1, 6/29

### Executive Committee

7:30 pm, Wednesday, 6/14, 7/12

### House Committee (in person at TIP)

6:00 pm, Thursday, 6/1, 7/6

### Israel Affairs Committee

3:30 pm, Tuesday, 6/20, 7/18

### Ritual Committee (in person at TIP)

7:00 pm, Tuesday 6/27, 7/25

### Sisterhood

9:00 am coffee, 9:30 meeting, Chapel, 6/4, 7/16

### Tikkun Olam Committee

7:00 pm, Thursday, 6/15, 7/20

*Note: Committee meetings are being held via Zoom at this time unless otherwise noted.*



## TOT SHABBAT HOP!

PJ Library's jBaby and Early Education Initiative invite families with children 0-5 (siblings welcome) to celebrate Shabbat morning together. Each month at a different location!

Stories, Singing, and Blessings followed by a Kiddie Kiddush



Saturday, July 22nd  
10AM  
Courtyard of Temple Israel,  
Portsmouth

Registration Required  
Scan QR code or  
<https://forms.gle/rLzBRgmc8hC9x5Kv6>



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# Yahrzeits

## June Yahrzeits

1. Jennie Sandler, James Katz, Irwin Broverman, Frieda Feldman, Bernice Salzman, Howard Brill, Rosiland Rosenbaum, Robert Davis, Hyman E. Novak, Melvin Alexander, Evelyn Moses
2. —
3. Arthur Taube, Nancy Mae Shaines, Sophie Levin, Bette Yaffee Kemp
4. Judith Norin, Nathan Lorde, Max Bradbard, Arthur Gershman, Dr. Samuel Cohen, Anne Golub, Irwin Behrendt, Yuri Alexandrowski
5. Milton Rosen, Goldie Freedman, Sadie Wolfson, Mark Lichtenstein
6. Harry (Aaron) Olken, Joseph Peters, Laura Garr, Rose Rosenberg
7. May Tetenman, Shirley Katz
8. Maurice Yoffee, Rabbi Aaron Goldin
9. Hilda Dearborn, Isadora Greenblatt
10. Ruth Levin, Irving Shoer, Harold Fluster, Stanley Allen, Max Cooper, Arthur Dinerman
11. Miriam Rosenberg, Shelley DelGaudio, Muriel Leavitt, Nathan Hanan, Jerry Smith, Daniel Cohen, Nathan Schwartz
12. Herman Wilson, Simon Bernstein, Mariano Rechy, Solomon Farber
13. Philip Halprin, Milton Gersh, Joseph Ambinder, Theodore Lang, Esther Liberson
14. Henry D. Freeman, Jeff Cowen, Irwin Benjamin, Anne Blackman
15. Charles Slome, Susan Goldin

## 12 Sivan - 11 Tammuz 5783

16. Dorothy Berlin, Bernyce Goodman
17. Harry Teitelbaum, Frances Lampert, Jacob Mars
18. Meyer Liberson, Barney Saperstein, Robin Gorsky Ackman, Michael Mayo, Nathan Hoskin
19. Robert Levy, Mary Goodman, Allan Morris, Robert William Ryder, Rose Lechner, Ida Hooz
20. Ella Blank
21. Eli Levine, Ethel Shapiro, Mandel Shoer, Nathan Feldman, Dr. Philip Craig
22. Lizzie Weiner, Raymond Katz, Philip Weinberg, Selma C. Nasberg, Benjamin Gegal, Gloria Turner, Neil Segil
23. Minnie Gelman, Phillip Moldoff, Evelyn Paul, Anna Poyourow, Gretchen Hughes, Michael Anthony Smith
24. Beatrice Lisagor, Sam Fisher, Herman Windt, Ann Bradbard, Helen Meyrowitz, Max Winer, Leonard M. Marcus, Barbara Frank O'Leary, Marilyn Smith, Anja Legerstee, Lawrence Stern, Samuel Reeback
25. Laurel Silverman, Gertrude Kaplan, Renee Silverman
26. Elizabeth Pinn, Evelyn Poster, Edward Shaines, Molly Singer, Susie Seidner, Philip Atkins, Michael Lechner, Frances Greene, Sadie Abramson
27. Adele Goodman Hoeflich, Ethel Gold
28. Rose Lang, Fay Briskin, Dora Vetstein, Dorothy Davis Gordon
29. Lionel Levitt, Fannie Green, Isaac Shamash, June Dinnerman, Leopold Kaplan, Michael Goodstein, Abraham Sigel
30. William Kline, Barney Levenson, Frieda Schertz, Clara Saperstein, Joel Cooperman

**Need to recite Mourner's Kaddish?** Please join our minyan online or in person on Tuesday, Fridays, and Saturdays. See schedule on page 3. A prayer to say a personal Kaddish without a minyan is also available on our website or contact the office to receive it by mail or email.

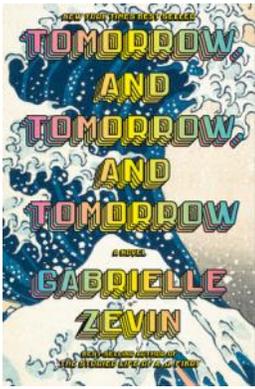
# Yahrzeits

## July Yahrzeits

1. Maude Bierhans, Rabbi Byron T. Rubenstein, Phyllis Zimman, Ted Johnston
2. Fannie Zeidman, Benjamin Gurtman, Joseph Zall, Annie Klaiman, Lillian Shapiro Horwitz, Phyllis Kurshan
3. Anne Cutler, David Levy, Sadie Goldstein, Eva Gutin, Judée Weiner Lafargue Peters, Rochelle Lifson, Herman Blackman, Bessie Lisagor
4. Philip Cooper, Peter Alford, Mary Babson, Annie Feinberg, Kurt Isselbacher
5. Vivian Rous, Mae Lillian Evans Ryder, Ida Reeback, Goldie Saunders, Thelma Fishman, Dennis Roffman
6. Alvin Collier, Mary Tilton
7. Doris Chase, Lewis Meenes, Marsha Cohen, Sadie Goldstein, M. Eleanor Sava
8. Julie Davidson, Morris Lampert, Louis Tober, Ira Stone, Charles Pastor, Joyce Green, Barry Zimman, Dorothy Cline
9. Theodore Herzl, Jeremiah Berman, Leo Seligson, H. Goodman, Reuben Task
10. Sam Rosenfeld, Sidney Koach, Eugene Davis
11. Tomy Levingston, Annie Pearlman, Henry Miller, June Goodman, Dr. Martin Leimer, Harold Segal, Gladys G. Poucher, Robert Spratt, Lawrence Filler, Deborah Segil
12. Moses Goodman, Harry Bierhans, Leo Jacobs, Sidney Lane, Fred Zuckerman
13. Faina Shumskaya, Samuel Rosenfield, Leo Sussman, Pearl Savsovitz, James Godschalk
14. Pearl Robbins, Seymour Hirsch, Gussie Smokler, Harry Verner
15. Saul Slater, Ernest George Smith, Phyllis Cohen, Nancy Denenberg, Sumner Winebaum
16. Philip Rosenberg, Helen Levy, Joseph Durocher, Ruth Honig Zeff, Rose Greenblatt, Miriam Dinnerman

## 12 Tammuz - 13 Av 5783

17. Rubin Jaffe, Jacob Eli Stein
18. Mayer Alkon, Eddie Persin, Thelma Brumer, Myra Fine, Myrtle B. Masow
19. Bernard Goodman, Francis Bailey, Libby Bratter, David Eskin, William Zinderman
20. Sarah Sack, Ann Epstein, Barbara Tober
21. Rose Schwartz, William Bradbard, Morris Rosen, Loretta Moon
22. Matthew Korn, Jay Harrison, Beatrice Collier, Maurry Bernard Grossman, Albert Sados, Rose Slome, Augusta Verner
23. Dora Winer, David Singer, Morton Lampert, Beatrice P. Weiner, Saul Wiseman, Joseph Levitt
24. Julia Kaplan, Gertrude Bernat, Jennie Smith, Harold Silverman, Anna Kushious, Anthony Blum, Benjamin Fleischman, Irving Fain
25. Ethel Mark, Brian Moroze, Pearl Goldberg, Allen H. Toby, Frank Cohen
26. Lillian Benjamin, Maurice Dinnerman, Steve Selig, Harry Goren, Philip H. Miller
27. Sam Belinsky, David Fleischman, Celia Levy Pines
28. Bella Jaffe, Barnet Bordetsky, Sam Jacobs, Chester A. Kennon, Israel Levy, Robert Spiers, Sam Schwartz, Jack Levy
29. Samuel Bradbard, Benjamin Edelstein, Harry Smith, Ruth Seligson, Israel Bradbard, Samuel Gilbert Kushious, Shirley Jimison
30. Sarah Spack, Alice Forman, Melvin Goodman, Anna Zitomer, Sally Jacoby, Sadie Rockenmacher, Judy Pedell
31. Minnie Zeidman, Fannie Gerber, Saul Berman, Anna Segal, Hilda Kleinhandl, Max Flescher, Sherwood Spelke, Peggy Handlen



**TIP Book Club discusses *Tomorrow, and Tomorrow, and Tomorrow: A Novel*, by Gabrielle Zevin**

**NEW DATE Thursday, June 1, 12:00 pm in the Shmooze.**

From the publisher’s website:

*NEW YORK TIMES* BEST SELLER • Sam and

Sadie—two college friends, often in love, but never lovers—become creative partners in a dazzling and intricately imagined world of video game design where success brings them fame, joy, tragedy, duplicity, and, ultimately, a kind of immortality. It is a love story, but not one you have read before.

“Delightful and absorbing.” — *The New York Times*

“Utterly brilliant.” —John Green

One of the Best Books of the Year: *The New York Times*, *GoodReads*, *Entertainment Weekly*, *TIME*, *Oprah Daily*

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**Temple Israel**

200 State Street

Portsmouth, NH 03801

603-436-5301

Office hours: weekdays, 8:30 am - 3:30 pm



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**Congregants Loren Selig and Robert Zimman attended a Portsmouth city council meeting on May 1, at which Mayor Deaglan McEachern issued a [proclamation](#) recognizing May as Jewish-American Heritage Month. Also pictured, Andrew Max from AJC New England, Mayor McEachern, Rabbi Berel Slavaticki.**