

# The Doorpost

Temple Israel

Monthly Newsletter

November 2022, Cheshvan - Kislev 5783

## From the Rabbi's Desk



## Upcoming Events

This month we began our reading of Torah anew. At our joyous Simchat Torah celebration we breathed new life into the story of Creation by singing, dancing and chanting together. With the reading of each day of Creation we hear of the goodness in every strata of our world, culminating with the gift of Shabbat, a time to rest from creating and restore the soul. Friends, we live

*Continued on page 2*

## This month!

### Nov. 6, 5 pm, storyteller Rebecca Rule



Hosted by the Tikkun Olam committee to benefit an Afghan refugee family resettled in Portsmouth. See

page 13 for details.

### Nov. 18-19, a Shabbat with Elana Arian

Musical services, student programs, a community pot-luck, and evening concert! See page 13 for details.



### Our Temple, Our Design Listening Session

6:30 pm, Tuesday, 11/1, Shmooze, to discuss replacement of the Ten Commandments plaque.

**Additional sessions 10:30 am 11/2; 10:30 am 11/6**

### An Evening with Rebecca Rule p. 13

5:00 pm, Sunday, 11/6, Social Hall

### ELC and Temple Office closed for Veterans Day

Friday, 11/11

### Welcome Brunch for New Members

11:00 am, Sunday, 11/13, Social Hall

### A Shabbat with Elana Arian, p. 13

6:00 pm, Friday, 11/18, co-lead service

10:00 am, Saturday, 11/19, student program

7:00 pm, Saturday, 11/19, in concert

### ELC closed for Thanksgiving

Wednesday, 11/23 - Friday, 11/25

### Temple Office closed for Thanksgiving

Thursday, 11/24 - Friday, 11/25

### Thanksgiving weekend services are Zoom only

6:00 pm, Friday, 11/25

10:00 am Saturday, 11/26

### TIP Book Club Discusses *The Sisters Weiss*, p. 16

12:00 pm, Tuesday, 12/6 (no November meeting)

**Complete CLASS AND COMMITTEE MEETING  
schedule continues on page 16.**

**Reminder: Please log into your ShulCloud account  
to confirm meeting dates on the website calendar.**

# From Rabba Kaya's Desk



**Rabba Kaya  
Stern-Kaufman**

*Continued from page 1*

in an age of overstimulation and multi-tasking, in which the demands upon our attention can feel dizzying. More than ever, we all need the beautiful sacred pause that is the gift of Shabbat.

Shabbat is referred to as both a celebration of Creation and a remembrance of the exodus from Egypt. It is a time for both the celebration of the blessings in our world and an exercise in freedom from what enslaves us; a time to turn off our devices, to center and ground ourselves in the present moment and experience, with gratitude, the blessings that surround us.

I am delighted to share with you the many ways we can enter into Shabbat in our community this new year. Each week of every month we will offer a different Shabbat experience. The First Friday of each month will include a Tot Shabbat service at 4:30pm followed by an Alternative Kabbalat Shabbat service with special musical guests. On the second Friday of each month, we will share a traditional Kabbalat Shabbat service without instruments. On the third Shabbat of each month, we will have a slightly shorter service followed by a communal Shabbat meal, a dairy/vegetarian potluck supper, with table blessings and Shabbat songs. The full series of services is listed on our website calendar. I look forward to celebrating our most treasured gift of sacred time with you this year.

And this month, we will have a most special Shabbat treat that is not to be missed! Composer, multi-instrumentalist and internationally recognized Jewish musician Elana Arian joins us as Artist-in-Residence the Shabbat of November 18 - 19. She will co-lead both of our Shabbat services, teach new music to our Hebrew School students, and give a concert on Saturday night. Much more than a concert, this special evening will be a chance to join our voices together in communal song and harmony that you won't want to miss. Dessert in the social hall will follow the musical program. More details can be found on page 13 of this issue. I hope to see you very soon.

With blessings,

Rabba Kaya



**Celebrating Sukkot in the TIP sukkah with Hebrew School students. See article on page 6. Many thanks to congregant Ron Sher for sharing his photographs.**

# Prayer

## First Fridays: Tot Shabbat and Alternative Services

With musical guests Lisa Lipkin and Jay Hitt. Kindly register for Tot Shabbat on the website calendar.

### **Upcoming Tot Shabbat services, 4:30 - 5:00 pm**

- December 2; December 23, with special start time of 3:30pm, is a Hanukkah-themed Tot Shabbat led by Rabba Kaya; January 6, led by Lisa Lipkin; February 3; March 3; March 31; May 5; June 9

### **Upcoming Alternative Services, start time below.**

- 6:00 pm: November 4; December 2; January 6, led by Lisa Lipkin; February 3; March 3
- 6:30 pm: March 31; May 5; June 9

## Traditional Kabbalat Shabbat Services

### **Second Fridays; no instruments. Start time below.**

- 6:00 pm: November 11; December 9; January 13, led by lay leader; February 10; March 10
- 6:30 pm: April 14; May 12; June 2

## Potluck Meals

### **Third Fridays, after 1-hour service.**

- November 18 (Elana Arian weekend); December 16; January 20; February 17; March 17; June 16
- **Thursday, May 25:** special Tikkun Leil Shavuot "Blintzes and Blini" dairy potluck

## Candle Lighting

November 4, 5:14 pm  
November 11, 4:06 pm  
November 18, 4:00 pm  
November 25, 3:55 pm

## Service Notes and Times

### **Thanksgiving weekend Shabbat services 11/25 and 11/26 will be Zoom only**

Tuesdays at 5:30 pm, ZOOM ONLY

Fridays: 6:00 pm, new fall/winter start time.

Saturday mornings 10:00 am

*\* Zoom links to virtual services are in the weekly bulletin, with exceptions as noted. Members can also log into their ShulCloud account and find the Zoom links for regular and b'nei mitzvah services on the "Member Resources" page.*



**Yasher koach** to the setup crew for constructing the new sukkah, and thanks to Hebrew School students for their decorative contributions!



# President's Message



**Robert Zimman**  
President

Dear fellow congregants,  
In my Rosh Hashanah speech, I shared good news about the progress we have made in the past year. To name just a few recent initiatives, the House Committee has been energetically addressing safety improvements in the

sanctuary attic and fire

suppression system. The Development and Financial Oversight committees are diligent in tending to the financial health of our temple. The Cemetery Committee has made a number of landscape repairs and improvements.

And, as we continue to navigate the ups and downs of the pandemic, we have welcomed the return of large social events. The Ritual Committee and Rabba Kaya organized April's Community Passover Seder, several summer outdoor services at Strawberry Banke, the Break the Fast meal after Yom Kippur services, and a spirited Simchat Torah celebration, all of which were well-attended. B'nei mitzvah celebrations have concluded with community kiddushes sponsored by our students' families. Head of School/Family Programming Coordinator Erik Martin has created memorable programs, especially for families and teens, including the Back to Shul Fest, S'mores Havdalah, and the Haunted Shul program. The Arts Review Team has hosted receptions to meet the artists and discuss their work on display. The Tikkun Olam Committee is preparing an evening program to benefit a refugee family resettled in Portsmouth.

Major events like these brighten the life of our community and their success is due to our volunteers. Without our volunteers completing tasks large and small, much of our programming would cease to exist. This is why it is so important that each member become involved. During the pandemic, many of us have forsaken our previous habit of volunteering for our congregation. I encourage you to think about where you could contribute to help to expand our offerings and support our steadfast volunteer crews.

In addition, we now urgently need someone to fill a critical position: Membership Committee Chair. The Membership Committee is vital to the future of our congregation, with primary responsibility for responding to membership inquiries and making new congregants feel welcome. This committee has dedicated members who perform much of the work, but we need someone to coordinate their efforts. Since our committee chairs are appointed rather than elected, the term of Membership Chair is for two years once appointed by the President and approved by our Board of Directors.

As we move forward together into the new year, I encourage each of you to set aside some time to strengthen your temple by volunteering. If you're unsure where we could use your experience or which committee would be the best match for your interests, please contact me or the office to discuss. If each member gives a little bit of their time by participating on one or more of our committees, we'll be able to dramatically improve Temple Israel for the benefit of all.

And for all those volunteers who have made the aforementioned successes possible, you have our sincere thanks and appreciation.

# Ritual Committee

## Short and Very Sweet

By Fran Berman, VP Ritual

If you are saying kaddish for a loved one's *yahrzeit*, the Tuesday minyan (5:30-6:00 pm, via Zoom) is a great place to do it. The group is there to support you and loves to hear about the person you are remembering, whether it is a parent, a child, a sibling, or a partner. Connecting with our memories is at the essence of the *yahrzeit* experience. As we light the *yahrzeit* candle, we reflect back on who this person was and what they meant to us. By sharing those memories with others, we bring a piece of them back. And then by making a charitable donation of *tzedakah* in their memory, we make real the influence they had on our lives, carrying their values forward to help others.

The minyan is a gem hiding in plain sight if you know where to look. Since the start of Covid, it meets only online, so all you need to participate is an internet connection, a computer, tablet, or phone, and a Zoom link (sent in our "This Week" email each Friday). It helps if you have a *Lev Shalem siddur* to read from, but if not you can use the virtual prayerbook (that link is also in the weekly email).

What makes the minyan so special? First, the service is very brief – only about 15-20 minutes in length.

Second, the prayers are familiar to anyone who has gone to Shabbat services. When the minyan occurs before sunset (spring through fall), we *daven* (pray) a *Mincha* (afternoon): *Ashrei*, *Hatzi Kaddish*, *Amidah*, a *Mi Sheberakh* for those who are not well, *Kaddish Shalem*, *Aleinu*, and *Mourner's Kaddish*. If it is already dark (in the later fall, winter, and early

spring), we recite the prayers for *Maariv* (evening): *Barkhu*, *Sh'ma* and *V'ahavta*, *Mi Khamokha*, *Hatzi Kaddish*, silent *Amidah*, *Mi Sheberakh*, *Kaddish Shalem*, *Aleinu*, and *Mourner's Kaddish*.

Third, the people are warm and welcoming. If you stick around for a few minutes after the service, you can get to know the other participants. Some of the regular attendees are located in the Seacoast area, some regulars live in Portland or Downeast (Maine), and some join in from their travels, whether in Florida, Colorado, or more exotic locations. But wherever the participants are, they form a brief, supportive community that is welcoming to all.

Temple Israel has had a Tuesday afternoon minyan for about the last ten years. I believe it came about when someone who was here for several months on a sabbatical wanted to say kaddish daily for a loved one and asked if we had a weekday minyan. After looking at our schedule, we realized that between Friday night services (which at some times of the year occur before sunset), Saturday morning, and religious school days (at that time Sundays and Wednesdays), when we had a student minyan, the only days not covered were Monday, Tuesday, and Thursday. We decided to add the Tuesday minyan to partially meet this visitor's need, and we've had it ever since. At first it was led by congregants, since Tuesdays used to be the rabbi's day off. These days the service is led either by Rabba Kaya or by a lay leader.

I encourage you to give the Tuesday minyan a try, especially if you are reciting kaddish – but be warned: It can be habit-forming.



**Fran Berman**  
VP, Ritual



# Hebrew School



**Erik Martin**  
Head of School

## Sukkot is for everyone!

Our students had a wonderful time making and hanging their decorations in the sukkah this year. All of our classes helped transform the humble hut into a cozy harvest hang-out! Rabba Kaya taught us about the lulav and etrog along with some fun holiday songs. While the sukkah has been taken down, the memories we made there will last all year long! Thanks to Ron Sher for

sharing his photos of the festivities.



## Winter Programs

Keep an eye out for our winter program schedule. Back by popular demand, our S'mores Havdalah series is in the works! We're firming up plans for some fun events and outings to go along with our s'mores this year and while they're still not fully fleshed out, I can guarantee that Nerf Night will be making a comeback. I hope you can join us!





# Early Learning Center

Shalom,

The ELC students have been busy this month, learning about the High Holidays and celebrating fall festivals with song, story, shofar-blowing, and special foods! The children are eager to get outside on the playground and explore Portsmouth on our walking field trips. (Students below, left, are all dressed up and ready to go!)



**Tammy Roberge**  
Director, ELC

**Photos.** Above: We admire an (empty) wasp's nest and talk about its construction.

Near left: blowing shofar.

Lower left: Laura Sher leads the students in kitchen activities. First, she reads the book **Stone Soup** and then the children prepare a harvest vegetable soup inspired by the story. They also bake challah.

Below, right: students shake the lulav and etrog in celebration of Sukkot.



**Questions about the ELC?** Call me: 603-436-5301, ext. 23; or send me an email, at [preschooldirector@templeisraelnh.org](mailto:preschooldirector@templeisraelnh.org). Tammy and the ELC team (Elian, Laura, Steve, Amy, and Marge.)

# Donations

**Received September 29 - October 27, 2022.**

## **CULTURAL ENDOWMENT FUND**

Julie Whitehouse in memory of her father, Michael Mittelman.

**In loving memory of Sheila Ullman:** Alex Firkser. Myrna Promer and family. Naomi Fishbein and family. Ronald and Catherine Yeaton. Toni & Jason St. John. Virginia Geraci. Lisa & Jacky Ohayon. Michael and Janet McCann.

## **DINNERMAN-ROTTENBERG EDUCATIONAL ENDOWMENT FUND**

Joyce Meenes in memory of her mother-in-law, Charlotte Meenes.

## **HEBREW SCHOOL FUND**

Denise Levin in memory of her mother, Shirley Vaughn. Gail Bradbard in memory of Jim Nason.

## **INSTITUTIONAL OPERATING ENDOWMENT FUND**

Jane LeSavoy with appreciation for the Beginner's Hebrew class. Ira Schwartz, "with appreciation to Rabba Kaya for an amazing Rosh Hashanah service." David Cline in memory of his wife, Deborah Cline. Bert and Deborah Freeman, in memory of Bert's aunt, Anita Freedman. Dana and Shaula Levenson in memory of Sheila Ullman. Selma Freedman in memory of Sheila Ullman. Andy and Di Karpman in honor of Lorrie and Dick Grossman being named Shem Tov. Andy writes, "It is a well-deserved award."

## **KIDDUSH FUND**

Fran Berman, in honor of Dick and Lorrie Grossman's years of service to Temple.

## **MUSIC FUND**

Cindy and Richard Saklad in memory of Sandy Roberts. Fran Berman in loving memory of her

father, Jack Berman, and her mother-in-law, Sara Klein.

## **RABBI'S DISCRETIONARY FUND**

Lisa Krutter in memory of her husband, Forrest N. Krutter. Adina Linden in memory of her father, Carl Prietz. Ellen Farber in memory of her grandfather-in-law, Hyman Farber. Dana and Shaula Levenson in memory of Sandy Roberts.

## **TIKKUN OLAM FUND**

Jeff Warach and family in memory of his father, Jonathan Warach.

## **TZEDAKAH FUND**

Diane Goulston and the Zwillenberg family (Jennifer Goulston) in memory of Sandy Roberts. Agnes Cabot in memory of her mother, Elsa Vero. Cynthia Freedman and Marcia Blacker and family in memory of their dear friend Alice Sussman. Michael Kaplan in memory of his father, Leonard Kaplan. Joyce and Fred Bonnett in honor of the marriage of Jen Sebeny and Jamison Tucker.

## **HIGH HOLIDAY CONTRIBUTIONS**

*Many thanks to the members and visitors who generously supported this year's programs and services, whether attending in person or via Zoom. Contributors noted on page 11.*

**ANNUAL FUND DONATIONS** are noted on page 12.





# Treasurer's Message

Dear fellow congregants,

As we enter the second quarter of our new fiscal year, which began on July 1, I would like to offer an update to our congregation on the finances of Temple Israel.

The overall financial health of our Temple is good. We are fortunate to own our historic synagogue at 200 State Street, the adjoining property at 170 State Street, and our cemetery on Banfield Road, all with no mortgages. The Temple has historically been self-financed through dues, school tuition, rental income, and the generous donations of our Temple community. We have no existing loans.

Through a collaborative process, we create an operating budget that supports our Hebrew School, Pre-School, staff, building expenses, and many of our programs, events, and Jewish ritual observations and services. Each budget is presented to the membership at our annual meeting.

Each year we are fortunate to receive many donations from our congregation. In addition to our annual appeal, we have more than twenty other "restricted" funds, which are segregated and only utilized for their intended purpose. Restricted funds include our Library, Kiddush, Tzedakah, Tikkun Olam, Security, Music, Sisterhood, Brotherhood, and the Rabbi's Discretionary Fund, among others.

The Temple also has a long-established group of endowment funds. With endowment contributions, the funds are preserved for perpetuity, and only the income generated from investing the principal is used. A large portion of our endowment funds is invested in Israeli Bonds. The income is used to support cultural events, education, and a portion of our operating expenses.

Traditionally, our dues, school tuition, and rental income from 170 State Street have supported our operating budget. This formula has not worked since the beginning of the pandemic in 2020. The primary reason

has been the loss of our tenant at 170 State Street and reduced Hebrew School enrollment. This has resulted in a dependence on donations, such as our annual appeal, to balance the operating budget. Our goal is to reduce the reliance on donations to balance the operating budget by investigating new rental opportunities for 170 State and continuing the work of growing our congregation and our Hebrew School.

We continue to pursue and receive grants that supplement our income. Tammy Roberge, Director of our Early Learning Center, has been very successful in securing ELC Grants. In addition, we have recently received a Homeland Security grant from the New Hampshire Department of Safety.

The costs of maintaining our historic synagogue can be significant. This year, we have spent over \$50,000 to update the fire suppression system in the sanctuary building. Our house committee is continuing to research the need to replace our roof and HVAC systems, which are nearing the end of their useful life. We know this will be a very significant expense for which we will consider a variety of financing and hopefully grant options.

If any congregant would like more information on any of the Temple's finances, I am more than happy to be contacted directly.

Richard LeSavoy

[treasurer@templeisraelnh.org](mailto:treasurer@templeisraelnh.org)

(978) 994-2793



**Rich LeSavoy**  
Treasurer

# Arts Review Team

By Deborah Levine, Arts Review Team Chair

Sometimes the most powerful images, the most sustaining images, are not displayed on gallery walls, including our own Shmoozatorium and Social Hall. It's the images made without paint or cameras, caught by our eyes and preserved in memory—moments of *nachas* (pride) or of *tzurris* (difficulties).

Being part of the Temple Israel community during the High Holiday season presented many special images that will resonate in our hearts. A few of mine include an image of Simchat Torah, when a small boy, proudly clutching a miniature Torah close to his chest, joined in a parade of towering adults. Another was the sight of an older congregant with a shawl over her head, seated next to her son during the Neilah service of Yom Kippur. Weak from the fast, they stood together. Perhaps other moments moved you? Like a mouthwatering display of twenty-plus savory homemade dishes, brought by congregants to a recent potluck. Or parents shedding tears as they listen to their child chant Torah or give a d'var Torah at their bar or bat mitzvah.

## Current Percussion Classes

### **Intermediate Marimba with Tchukki Anderson.**

Class resumes on November 14, at 6:00 pm in the social hall. The instructor welcomes students with a musical background; please contact the office for more information.

**Hand Drumming for Beginners.** The fall session continues on Thursdays, 3:30 - 5:00pm. Register via the website calendar. No musical background required.



At the “Meet the Artists” reception on September 16, photographer Emily Corbató (above, to the left of Rabba Kaya) and painter Alan Shulman (above, far right) discussed their work on display in the Shmoozatorium and Social Hall. Both showed works depicting the courage and resilience of Ukrainians as well as immigrants from around the world.

Also acknowledged at the event were artists Julie Serrano and Judith Shah, who generously loaned their work at the height of Covid.

All present at the reception enjoyed stories, anecdotes, and the Friday night Oneg Shabbat together.

## Upcoming Exhibits

The Arts Review Team is partnering with the Hebrew School for a spring exhibit by children and young teens. Entries are welcome on the themes of Holidays, Important Events, and Nature.



**Outdoor marimba class in Stratham, NH,**



# High Holidays / Israel Affairs

Steering Committee co-chairs Cathi Cherry-Liston and Fran Berman would like to thank all the staff and volunteers who helped make our High Holiday celebrations so meaningful this year.

Rabba Kaya Stern-Kaufman and Cantorial Soloist Kochava Munro set the tone from the bimah, supported by many contributors behind the scenes. Tasks included planning the services, preparing the sanctuary and our ritual objects for the holidays, creating gift bags and cards, giving rides to seniors, helping with services for children, ushering, meeting A/V needs, greeting congregants at check-in, organizing the Break the Fast meal, collecting and delivering food donations, putting up, decorating, and taking down the sukkah, and many other items large and small. *Yasher koach* to all!

## HIGH HOLIDAY CONTRIBUTIONS

*Contributors include:* Ethel Frederick. Judy Levenson Coven and Mark Coven. Cynthia Aaron. Judith Curran. Fredda and David Osman. Kerstin and Robert Mendelsohn. Sheryl Knopf. Alan Rindler. Lisa Weinstein. Allan and Robin Kachel. Audrey Lampert writes, "L'Shana Tova from the Halper, Lampert, and Correra families in York, Maine!" Marcy Blacker in loving memory of Richard Blacker. Lila Rosenbloom. Cecilia Franck. Allison Miller. James Weiner. Dabra Seiken. Shauna Tannenbaum. Gina and Aaron Kahn. Olivia Hibel and Lawrence Taylor. Cheryl Lesser. Mark Moses. Joanne Samuels donated the bimah and outside flowers "in honor of Dan and Jeannie Hastie and their contribution to our sacred community." Steve and Roz Hershfield. Eric Ziegler. Sharon Panitch. Tara and Russell Silverman. Holly Hauser. Igor and Iana Bitman. Gabe Rosenbloom. Stephanie Diamond. Susan Grodman. Adiel Cohen. Celia Leopold. Harry Jaeger. Michael Landgarten. Sue

Silfen-Katz. Peggy Munro. Robert Kaufmann. Lynn and Ira Wachtel. Stephen Weisbuch. Grace Lessner. Nancy Rosen. Julie Whitehouse. Roberta Issokson dedicated her contribution, "In memory of my beloved daughter Michele Issokson Sbrega; with thanks to Rabba Kaya, the temple and its many dedicated volunteers who make our High Holiday celebrations possible; and also in gratitude for the Yom Kippur honor of a reading during the service, and the help from Cathi-Cherry Liston and Mel Prostkoff to prepare for it!"

## Israel Affairs Committee Updates

by Emma Rous, Chair, Israel Affairs Committee  
The IAC is busy planning programs for the upcoming year. While no dates are yet set, be watching for a book discussion and possible author talk, visits from the NH *Shaliach*, Ra'anán de Haas, a discussion of anti-Israel sentiment on campus, and a series on a variety of peace proposals for the Arab-Israeli conflict. We welcome your thoughts about these or other topics.

The Jewish Federation of NH is also offering Israel-related programming in the Bedford office and online. The Israel Engagement and Education Committee is screening two films in November, ***Starting Over Again*** about Jews who fled Egypt, and ***Inventing our Life: the Kibbutz Experiment***. Both films can be viewed in person or virtually at home. *Shaliach* Ra'anán has been giving monthly, in-person reviews of Israeli news. Go to the JFNH website for details.

The committee was pleased to be able to contribute to the expanded MOMentum program which hopes to send five young mothers from the Seacoast this spring to experience Israel and reconnect with their Judaism.

# Annual Fund



**Joanne Samuel, Chair**  
Development Committee

We are proud to launch our fourth Annual Fund Appeal. This year, we hope to extend last year's efforts to pursue our energy transformation, which aims to reduce our carbon footprint, lower utility costs,

and position our building for the transition to solar power. We also intend to continue support for our operating budget.



Fundraising goal: \$60,000

Recognition Levels:

Friend: \$180 +

Rabbi's Circle\*

- Bronze \$1,000 - \$2,499
- Silver \$2,500 - \$4,999
- Gold \$5,000 - \$9,999
- Platinum \$10,000 and above

\*Gifts of any size are greatly appreciated!

It's easy to make your 2022 Annual Fund donation, either by mailing your check OR going online to pay with a credit card, at [templeisraelnh.org/donate](https://templeisraelnh.org/donate).

Our sincerest thanks for your support, ensuring that Temple Israel can continue to be a *sukkat*

*shlomekha*, a shelter of peace — a vibrant center of Jewish life in the Seacoast and provide meaningful connections to Judaism, to our heritage, and to one another.

For more info, visit the website or contact me via email, [Development@TempleIsraelNH.org](mailto:Development@TempleIsraelNH.org).

The appeal letters just went out in October, and we are so pleased to recognize early contributors:

## Rabbi's Circle

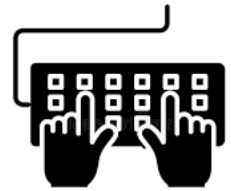
- **Bronze:** Robert & Marilyn Zimman.
- **Gold:** Agnes and Marc Cabot.

**Friends:** Lessa Brill in memory of Leon, Phyllis, and Howard Brill. Barry & Minerva Fineberg. Sharen Eidelberg Spratt and Randy Spratt, in honor of their grandchildren Ayalah Ruth, Jonah Hayden, Kalev Gabriel and Ori Emet Spratt.

## SEEKING VOLUNTEER(S)

Your community needs you!

Clerical assistance is needed in support of Rabba Kaya and Heather. Do you have a



few hours a week to help TIP run more efficiently? Would you be able to help with light data entry (ShulCloud/website updates), or mail processing/correspondence? A total of 6 - 10 hours per week of support is desired, but hours can be divided among multiple individuals.

This is a great opportunity to give back to the TIP community, while bolstering our communication and outreach efforts!

Please contact Heather in the temple office if this sounds like a fit for you.



# Special Events



## Elana Arian, Artist-in-Residence

**FRIDAY, 11/18, 6:00 pm: Kabbalat Shabbat.** Hear Elana's beautiful voice and original compositions as she joins Rabba Kaya Stern-Kaufman in leading Kabbalat Shabbat services. Join us after services for a dairy/pareve potluck dinner.

**SATURDAY, 11/19, 10:00 am: Student program:** Shabbat morning, Elana will bring a joyful learning experience to our Hebrew School students, then lead a musical service with Rabba Kaya.

**SATURDAY, 11/19, 7:00 pm: In concert.** We will experience a joyful community event – much more than a concert. This special evening will be a chance to join our voices together in communal song and harmony that you won't want to miss. Dessert in the social hall follows the musical program. Suggested ticket donation of \$18.00 benefits the Music Fund; sponsorships are available!

Questions? Contact the Temple Israel office, (603) 436-5301. Learn more about Elana at her website, <https://elanaarian.com/>. All programs and services in the sanctuary will also be available via Zoom, using the regular link for services published in the weekly bulletin.



## An Evening with Rebecca Rule

**SUNDAY, 11/6, 5:00 pm**

Please join us for an evening of storytelling and laughter featuring popular Seacoast author Rebecca Rule. There will also be a wine and restaurant gift card raffle.

Hosted by the Tikkun Olam Committee to benefit a refugee family from Afghanistan who recently settled in Portsmouth. Register for tickets via the website calendar. Questions? Contact Shelley Hartz.

## Reflected Light: Your Grandmother, Mother, and You



**Two SUNDAY MORNINGS, 12/4 AND 12/11**

Congregant and published author Sandell Morse will lead a creative writing group, exploring our maternal inheritance through writing. Register via the website calendar.

# Yahrzeits

## November Yahrzeits

1. Eva Kramer, Nancy Berg
2. Jacob (Jack) Zeidman, Samuel Smokler, Evelyn Robbins, Sidney Kates, Goldie Fink
3. Ruben Novak, Samuel Koiles, Esther Bradbard, Marion Schwartz, Molly Portman
4. Hyman Stromer, Helen Wyle, Abraham Kaplan
5. Robert Tober, Abraham Siegel, Florence Plotz, Abraham Richman, Chaim Weizman, James Blumenthal
6. Rivka Meyerson, Philip Borwick, Keven Miller, George Zitomer, Yitzchak Rabin, Mabel Philips, Harold Jacob Edelstein, Lorraine Goren, Albert Drager
7. Samuel Taube, Paul Pollack, George Hooz, Lt. Albert N. Edelstein, Judith Wiseman, Donald Martin
8. Anna Borwick, Fred Kaplan, Evelyn Trotsky, Adrienne Saltz, Albert Gordon
9. Ida Levine, Harry Bratter, June Feldman, Isaac Rammer, Bessie Halprin
10. Harry Cutler, Lydia Wills, Frank W. Horovitz
11. Nellie Willar
12. Harold Kellner, Bruce Fox, Martha Wein, Katherine Edelstein, Esther Winer, Leo Liberson, Matthew Tackeff
13. Florence Seidner, Rosilyn Steinberg
14. Solomon Bernat, Burton Golub, Hyman L. Pindrus
15. Samuel Weisner, Abraham Baisuck, Frieda Boxer, Bessie Lichten, Ethylene Golub, Herbert Cohen,

## 7 Cheshvan - 6 Kislev 5783

- Jacob Docter, Eudice Raymond
16. Ida Feldman, Tania Moroze, Monroe Scharff, Barbara Kates Comenitz
  17. Bessie Porter, Clement Wyle
  18. Minnie Kline, Alexander Willens, Herman Seperson, Abraham Landsman
  19. Julia Lesser, Martin Singer, Sarah Emmer, Morris Fine
  20. Rebecca Freedman, Gussie Wexler, Abbe Sher, Louis Winebaum, James Bockman, Barney Grossman
  21. Ida Black, Solomon Israel, Seymour Osman
  22. Harry Abrams, Morris Osher
  23. Nana Vero, Dorothy Pollack, Martha Magerer, Janette Krasin
  24. Aaron Salden
  25. Mollie Ebb, Leib Haritonov, Alice Berit, Sadie Cook, Gerald Fine, Maurice D. Dinerman, Gail Korinow
  26. Rabbi Moshe Poleyeff, Robert Freedman, Eugenia Klarova, Thelma Hooz
  27. Jaclyn Simchik, Renee Goodman, Peter Dodge, Brenda Allen, Abraham Fisher, Frances Anderson
  28. Donald Albert, Dorothy Feitelson, Benjamin Gold, Naomi Bluestone, Bessie W. Young, Silvana Sonnino, Eileen Platania
  29. Abraham Hooz, Benjamin Fineberg, Gussie Flescher, Julius Weiner
  30. Lewis Hooz, Lawrence Salden, Marion Kepnes

**Need to recite Mourner's Kaddish?** Please join our minyan online or in person on Tuesday, Fridays, and Saturdays. See schedule on page 3. A prayer to say a personal Kaddish without a minyan is also available on our website, or contact the office to receive it by mail or email.



# Chevra Kadisha

By Claudia Leblanc

Literally “a sacred society,” the *chevra kadisha* is a group of volunteers who lovingly prepare the bodies of Jewish deceased for burial. The contemporary *chevra kadisha* often works hand-in-hand with funeral parlors and cemeteries to provide a proper Jewish burial.



Assisting and escorting the deceased on their final earthly journey is considered a great mitzvah. Indeed, it is taught that since Moses cared for the remains of Joseph, he merited that God oversaw his own burial. This mitzvah of caring for the body of the deceased is referred to as *chesed shel emet* which means an ultimate act of kindness, since the deceased are not able to repay their benefactors. In some communities, the members of the *chevra kadisha* remain anonymous.

The ritual of preparation is called *taharah*, “cleansing.” It includes a gentle and respectful cleaning of the body, followed by a spiritual purification using water. The body is then carefully dressed in burial garments that represent the attire of the High Priest in the days of the Temple, who on

Yom Kippur would enter the Holy of Holies to atone for the people. All are dressed alike to go before God. In the spirit of modesty, women perform the *taharah* on women, and men do the same for men. This entire ritual is filled with beauty, gentleness, and respect, and is accompanied by a powerful liturgy taken from selected portions of the *Tanakh* (Hebrew Bible).

If you would like to learn more about the Chevra Kadisha or would like to join, please contact the temple office to be connected with the volunteer coordinator for the men’s or women’s group.



**Above, a view of the Temple Israel cemetery on Banfield Road, photographed by Sue Fetzer.**

Did you know that Sue spent one summer a few years ago photographing all the gravestones? They are posted online at [FINDAGRAVE.COM](http://FINDAGRAVE.COM).

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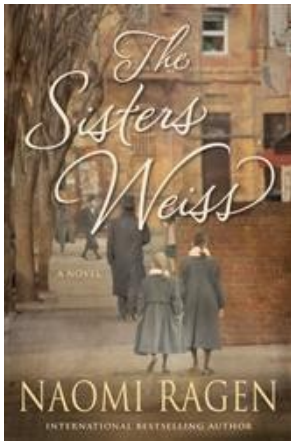
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603 436 3377  
1 800 550 3377  
- [nwgranite@hotmail.com](mailto:nwgranite@hotmail.com)

## Life Cycles

*Our community grieves with those suffering the loss of beloved family members.*

Condolences to **Mike Steinberg** and family on the passing of his sister, **Sheila Ullman**.



**TIP Book Club discusses *The Sisters Weiss: A Novel*, by Naomi Ragan**

**Tuesday, December 6, 12:00 pm (no meeting in November)**

**Please join us in the courtyard (in good weather) or the Shmooze (in inclement weather).**

Reviewed by Eleanor Ehrenkranz for the Jewish Book Council, November 7, 2013

*This is a riveting novel about a conflicted young Orthodox Jewish girl growing up in the late '50s in Williamsburg, Brooklyn. She faces two problems: the highly restrictive rituals of a rigid family and the condescending attitude of the Williamsburg Orthodox world toward girls. Her awakening and breaking of the chains holding her down is the focus of the book.*

The paragraph above is an excerpt. Read the full review at [www.jewishbookcouncil.org/book/the-sisters-weiss](http://www.jewishbookcouncil.org/book/the-sisters-weiss).

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**Temple Israel**

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**CLASSES**

**Intermediate Marimba**

6:00 pm, Mondays: 11/14,  
11/21, 11/28, 12/5

**Yiddish for Beginners**

11:00 am - 12:30 pm,  
Wednesdays: 11/9, 11/16,  
11/30

**Beginning Hebrew**

6:30 pm, Tuesdays via Zoom:  
11/1, 11/8, 11/15, 11/29

**Hand-Drumming**

3:30 pm Thursdays,  
11/3, 11/10, 11/17, 12/1

**COMMITTEE MEETINGS**

**House Committee**

7:00 pm, Thursday, 11/3

**Executive Committee**

7:30 pm, Wednesday, 11/9

**Israel Affairs Committee**

3:30 pm, Tuesday, 11/15

**Board of Directors**

7:00 pm, Tuesday, 11/15

**Ritual Committee**

7:00 pm, Tuesday 11/29

**Education Committee**

7:00 pm, Thursday, 12/1

*Note: Committee meetings are being held via Zoom at this time unless otherwise noted.*