

The Doorpost

Temple Israel
Monthly Newsletter
August 2022, Av - Elul 5782

From the Rabbi's Desk



Upcoming Events

Confronting Loss on the Path to Hope

Summertime brings many pleasures, especially on the Seacoast. It is a season of picnics and parties, music and theater, boating, hiking, and family gatherings. It is within this setting that *Tisha b'Av*, the fast day of mourning for the repeated persecutions of the Jewish people, arrives in our Jewish calendar cycle. Most Jews in America today have no relationship to this day. Its arrival in summer is usually overlooked or dismissed as a relic of the past. Yet there is a wisdom embedded within the wholeness of the Jewish calendar cycle that should not be ignored, for its lessons bear needed messages for contemporary life.

To everything there is a season, and a time to every purpose under the heaven; A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted...A time to weep, and a time to laugh; a time to mourn, and a time to dance... (Ecc. 3:1-4).

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Emergency Planning for Houses of Worship, p. 13

1:00 pm, Thursday, 8/4, Social Hall

Tisha B'Av Gathering, p. 2

8:30 pm, Saturday, 8/6, Garden Courtyard

Temple Office is Closed

Thursday, 8/18 - Wednesday, 8/24

OUTDOOR Musical Kabbalat Shabbat Service, p. 3

6:30 pm, Friday, 8/19, at Strawberry Banke

Back to Shul Festival, pages 16 - 17

12:00 pm, Sunday, August 28, at Strawberry Banke

Rosh Chodesh Elul Program, p. 3

6:30 pm, Monday, 8/29, Chapel

TIP Book Club Discusses *Sales of a Survivor*, p. 20

12:00 pm, 8/30, Courtyard

ELC Welcome and Family Orientation

9:00 am, Tuesday, 8/30 & Wednesday 8/31

Bat Mitzvah of Sydney Berg, p. 8

9:30 am, Saturday, 9/3, Sanctuary

Hebrew School Begins, p. 6

3:45 pm, Wednesday, 9/7

**Complete CLASS AND COMMITTEE MEETING
schedule continues on page 19.**

**Reminder: please log into your ShulCloud account
to confirm meeting dates on the website calendar.**

High Holiday Information

See the schedule on page 16; more details
online and in the September *Doorpost*.



This is shaping up to be a great event! Details, p. 17.

From Rabba Kaya's Desk



**Rabba Kaya
Stern-Kaufman**

Continued from page 1

With great sagacity, our tradition establishes an annual cycle that honors all aspects of life. In the spring we celebrate joy and redemption through the holidays of Purim and Passover. At the beginning of summer, when the first fruits

are harvested, we celebrate the fruit of our tradition, the giving of Torah, our Tree of Life. In the fall, we celebrate the in-gathering of the material and spiritual harvests of the year through the holidays of Rosh Hashanah, Yom Kippur, and Sukkot. In the darkness of winter, we celebrate the inner spiritual light that sustains our people.

In midsummer, on the 17th of Tammuz, when the fiery sun is at its peak, we begin to recall the three weeks that led up to the destruction of the first Temple in Jerusalem on the 9th of Av, that is, Tisha b'Av. The 17th of Tammuz marks the date when the walls of Jerusalem were breached by the army of Nebuchadnezzar. Three weeks later, on Tisha b'Av, the Temple was in flames. Millions of people were killed and those who survived were exiled from the land.

Rabbinic tradition seeks out and supplies a spiritual frame for this tragedy. Our rabbis taught that the destruction of God's home on earth was the result of baseless hatred between people. As modern Jews, we do not view suffering as a punishment from God for unethical behavior, but we can certainly affirm that hatred between people leads

to the destruction of relationships, families, communities, and society.

Tisha b'Av arrives each year in the heat of summer, reminding us that without the waters of kindness, the flames of hatred destroy all they encounter. Tisha b'Av allows us to pause for a moment, particularly during this season of pleasure, to grieve for senseless hatred, to own the shadow, and to acknowledge loss.

Tisha b'Av Service

This year, the service for Tisha b'Av begins on Saturday, August 6th at 8:30pm in the temple courtyard.

We will gather at the Hands of Hope sculpture for havdalah and will each place a stone of mourning on the sculpture, followed

by songs, readings, and chanting of the Book of Lamentations. The evening will conclude as we each take a stone away to inscribe or decorate with messages of hope and then later, at our leisure, we may return the transformed stones to the Hands of Hope sculpture.

With blessings for all,

Rabba Kaya



Prayer

Tisha B'Av, Saturday, 8/6

8:30 pm, **Confronting Loss on the Path to Hope**, outdoors in the garden courtyard, weather permitting. See page 2 for service description.

Rabbi Ira Korinow will lead Shabbat services on Friday, August 12 and Saturday, August 13



while Rabba Kaya is away. We look forward to hosting Rabbi Ira and Sally once more at Temple Israel!

Outdoor Musical Kabbalat Shabbat Service

Friday, 8/19, 6:30 pm, **Strawbery Banke**

Please join us for an outdoor Musical Kabbalat Shabbat Service led by Rabba Kaya Stern-Kaufman at Strawberry Banke with special musical guests Lisa Jane Lipkin and Jay Hitt. Bring a picnic dinner and your own chair. The outdoor service will be live streamed on the TIP Facebook page. In case of inclement weather, the service will be held in person in the sanctuary and accessible via the usual Zoom link.

Rosh Chodesh Elul Program

Monday, 8/29, 6:30 pm, Chapel

Please join us for a lay-led program to celebrate Rosh Chodesh Elul, in the chapel, followed by light refreshments.

Saturday, September 3, [please note start time of 9:30 am](#), **Bat Mitzvah of Sydney Berg**.

Candle Lighting

August 5, 7:43 pm

August 12, 7:33 pm

August 19, 7:23 pm

August 26, 7:11 pm

Service Notes and Times

Tuesdays 5:30 pm, ZOOM ONLY

Fridays 6:30 pm

Saturday mornings 10:00 am [EXCEPT 9:30 am](#) [when celebrating a bar or bat mitzvah](#)

** Zoom links to virtual services are in the weekly bulletin, with exceptions as noted. B'nei Mitzvah celebrations use a special Zoom link.*



Special guests Lisa Jane Lipkin and Jay Hitt will join Rabba Kaya for an Outdoor Musical Kabbalat Shabbat Service on Friday, August 19, at Strawberry Banke.

President's Message



Dear Fellow Congregants,
In Exodus 18 we read of Jethro, the father-in-law of Moses, coming to meet Moses in the wilderness. Jethro brought with him Zipporah, Moses's wife, and her two sons. While there, Jethro observed Moses sit all day to judge the people.

Jethro questioned Moses about this and Moses told him that he needed to settle disputes for the people who came to him. Jethro seemingly recognized that Moses would be consumed by this task unless he got help. So Jethro counseled Moses to establish a system of judges to assist him, which Moses did.

Just as Moses needed people to help him with his responsibilities, so too do the leaders of our congregation need help with running our temple. Each member of your Temple Israel Board of Directors is a volunteer dedicated to ensuring the success of our congregation. But there is much more work than they can possibly do. To assist our Board we have over twenty committees, each dedicated to a particular aspect of temple life. Almost every one of these committees needs more members. The work that the volunteers do as members of the various committees enriches the life of our congregants and weaves the social fabric of our community.

People often ask me why I devote so much of my life to volunteering. I tell them that in addition to helping create and maintain a flourishing temple, volunteering also ensures that the temple will still be here when I need it in the future.

You may ask, "Why should I volunteer?" In addition to helping ensure that the temple will be here when you need it, volunteering also provides you an opportunity to make a positive impact in the community, grow as a person, have new experiences, and develop new relationships.

Committees are where members can contribute the most to the important work of keeping our temple well-running. As a member of a committee, you can be part of the decision-making regarding the current practice and future health of your temple. Perhaps you're interested in social action? If so, the Tikkun Olam Committee needs your help. Or maybe you have experience in construction or building maintenance? The House Committee is where you could make a difference. Whatever your interest is or whatever experience you can offer, we have a committee where your participation can help improve Temple Israel.

If you're already participating on a committee, thank you! But if you're unsure where we could use your experience or which committee would be the best match for your interests, we can help. **Our committees and their work will be highlighted at the Back to Shul Festival at Strawberry Banke on Sunday, August 28, from noon to 3:00 pm.** If you can't make it that day, you can contact the office or me and we will put you in contact with the person chairing the committee you are interested in.

If each member gives a little bit of time by participating on a committee, we'll be able to dramatically improve Temple Israel for the benefit of all.

As John Heywood, the 16th century English dramatist said, "Many hands make light work."

Robert Zimman

Ritual Committee

Kashrut Questions? Ask Kishka

By Fran Berman, VP Ritual

I know you have questions about kashrut. What does pareve mean? What's up with marshmallows? Who is Kishka? And where does she live? (Because I haven't seen her in a really long time.)

Kishka is our new kashrut maven at Temple Israel. She lives in cyberspace. And she is waiting to answer your kashrut questions with the help of Rabba Kaya, our Ritual Committee, and many other rabbinic authorities.

But before you start sending in your questions (to kashrut@templeisraelnh.org), please read our updated Kashrut Policy. The Ritual Committee developed this update responding to questions about certain "gray areas" that needed clarification. We worked long and hard on these guidelines, with the intent of keeping our kitchen kosher while encouraging members to share home-cooked food at certain approved events. We hope that the updated policy is clearer and simpler to understand, but if not – ask Kishka!

The key points in the guidelines:

1. Temple Israel maintains a **kosher kitchen**. Kashrut is overseen by the Ritual Committee with final authority vested in the rabbi.
2. All caterers using Temple Israel facilities must be approved by the rabbi.
3. Families and temple groups are encouraged to cater their own temple events using the temple kitchen to prepare kosher food under supervision of the rabbi or Ritual Committee.
4. **All food served at temple-wide events must be certified kosher.** Examples include kiddush luncheons, the annual meeting, Friday night ones, Passover seders. This applies whether the food is served in the temple or at another location. Approved potlucks are an exception (see item 6 below).
5. **Food served at the Religious School must be certified kosher.** Examples include snack cart, class or school-wide celebrations, the school model seder. **Food brought to temple by students for personal use must be dairy, pareve, and/or vegetarian.** This applies whether the food is served in the temple or at another location.
6. **Food served at small, non-temple-wide events** (such as a youth group gathering or a committee meeting in someone's home) **or at potlucks should preferably be kosher-certified, but if not, must be dairy, pareve, and/or vegetarian.**
7. No mixing of meat and dairy OR consumption of *treif* (unkosher) foods (pork, nonkosher seafood, nonkosher meat) is permitted at any temple-sponsored event, whether held in the temple or in another location.
8. Food that is not certified kosher may **not** be brought into the temple kitchen, stored in the temple pantry or refrigerators, or served using temple dishes, cutlery, utensils, or equipment.
9. In keeping with our concern for sustainability, use of single-use, compostable dishes and utensils is encouraged when temple dishes and utensils are not used.

For more information, read the full guidelines, which are posted on Shulcloud and on the bulletin board. And if you have questions, please send them to Kishka at kashrut@templeisraelnh.org. See her first column on p. 15: CHEESE!

Hebrew School



Erik Martin
Head of School

Register now! Hebrew School Begins 9/7.

We're looking forward to another year of exciting learning, holiday and community celebrations with friends, and b'nei / kabbalat mitzvah preparation. In Temple Israel's Shabbat School model,

students join Shabbat morning services between classroom sessions. Rabba Kaya and the congregation welcome the children to join in, and sometimes lead, many of the prayers. Grades K - 7 meet on Saturday mornings from 9:00 am to noon; Grades 3 - 7 also meet Wednesday afternoons, 3:45 - 5:45 pm.

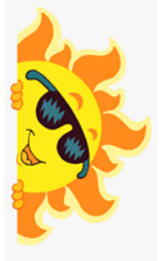
On Wednesday afternoons and Saturday mornings, Temple Israel's dedicated teaching staff leads children on a vibrant learning experience through the study of Jewish history and texts, Hebrew language, Judaic culture, and ritual practice. The school program strives to instill strong Jewish moral

and ethical values, a positive Jewish identity, and a love of Judaism. The curriculum is organized in grade-appropriate sequential steps, with topics covered in increasing sophistication as students progress through the grades. We hope that our students will leave our program with the knowledge and skills to participate in Jewish life, lifelong friendships, and a desire to engage in ongoing exploration of their heritage throughout their lives.

For more information, please contact me via email at headofschool@templeisraelnh.org; or via phone, 603-436-5301, ext. 14.

Join us for the Back to Shul Festival

On Sunday, August 28, from 12:00 pm to 3:00 pm. This family-friendly event will feature food, music, field games, and more! Did you know that Rosh Chodesh Elul is considered the New Year's Day for animals? Bring a picture of your pet for the blessing of the animals. Children ages 9-12 can sign up for a shofar-blowing workshop led by Richard David Grossman. The first 25 to sign up will receive a free 10-12" kosher shofar to keep. Call or email the office to sign up!



Teen Group Summer Fun in Prescott Park

Is your teen on the mailing list? Contact the office to be added so they don't miss out!

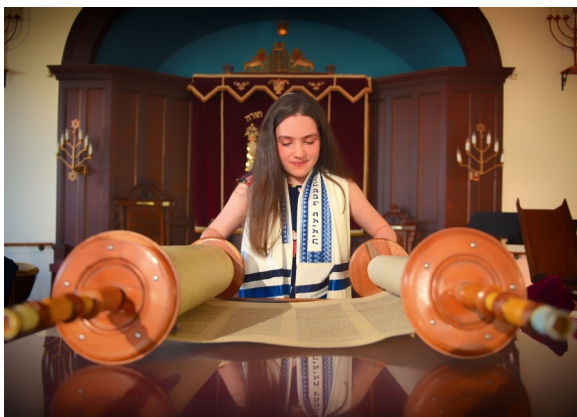


Photo caption: Mazel Tov to our b'nei mitzvah students 2021-2022: Emily Hyett (pictured), Sydney Berg, Emet Leonard, Ari LePage, Joe Lieberman, Zachary Raven, and Natalie Steber.

Early Learning Center



Tammy Roberge
Director, ELC

Shalom,

The ELC's last day of school was held Friday, June 3, 2022. We had hoped to use the Court Street parking lot for our gathering, but alas, the weather did not cooperate, so we held the ceremonies in the Social Hall.

Six graduating students are heading off to kindergarten this fall. Congratulations to Theo Melo, Ritu Vellatte, Shravan Madasamy, Mendel Slavaticki, Hudson McCord, and Benjamin Berger.

At our celebration, Ellen McQueeney led us in Israeli dancing to three songs and Rabba Kaya conducted our student "train" to bring in Shabbat. For the last time this school year, we experienced the joy of being together with students and their families. We said the blessings while we lit the candles, drank the grape juice, and ate the challah. Ice cream was shared by everyone to complete our graduation celebration for the 2021 – 2022 school year.

We look forward to greeting our returning students on the first day of preschool, Wednesday, September 7.

The ELC will begin the 2022 - 2023 school year with sixteen enrolled children, a full class!

We hope you enjoy the warm summer weather and your family adventures!

Tammy and the ELC team, Elian, Laura, Steve, and Amy

Email me, preschool.director@templeisraelnh.org or call 603-436-5301 Ext. 23.



Photos, clockwise from top right: student "Shabbat train" with Rabba Kaya, collecting certificates, dancing with Ellen McQueeney, presenting a thank you card to board president Robert Zimman in the chapel.



Bat Mitzvah / Award News



The congregation is warmly invited to the

Bat Mitzvah of Sydney Berg

Saturday, September 3, 2022

My name is Sydney Berg. I attend the Portsmouth Middle School. I enjoy baking, lacrosse and soccer. Judaism is important to me because my family has learned the traditions and now it is my turn.

TIP Receives ESGR Seven Seals Award

On Wednesday, June 15, Mike Walzak, NH Region 1 Chair of the DoD / Employer Support of the Guard and Reserve (ESGR), presented Temple Israel with the Seven Seals Award. The Seven Seals Award is the broadest and most inclusive award given by ESGR and recognizes individual or organizational achievement and/or initiative that promotes and supports the ESGR mission, which includes the efforts of more than 3,600 volunteers across the nation on a daily basis. This recognition stemmed from thirty-one-year ESGR member Mel Prostkoff having facilitated working group meetings using the TIP Zoom account.

Several Temple Israel members who are active duty military and/or reserve component (National Guard and Reserve) veterans attended the presentation along with current USAF Reserve member Major Carolina Barba and Rabba Kaya Stern-Kaufman. The award may be viewed in the Court Street entryway.



Above, from left: Ken Kowalchek, John Pappas, Richard Collier, Rabba Kaya, Robert Zimman, Carolina Barba, Richard David Grossman

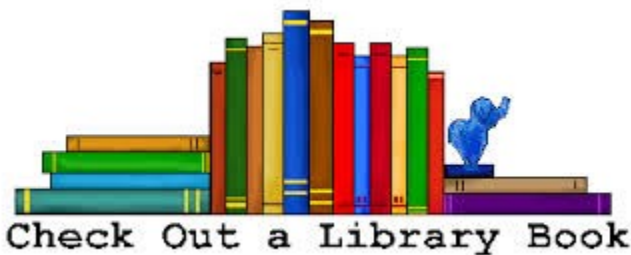
Library / Israel Affairs

Library Update

By Marge Gruzen

The library committee has been diligently working since the reopening of the temple building. During that time, we have sorted through hundreds of donated books, many of which have been made available to the community to take for free. Others have been catalogued and added to our collection. Some have been stored in the genizah for burial.

The library is open during temple hours. Members may check out books and other materials from the collection.



Considering a donation? The library is most in need of the following kinds of books:

- Hard-cover children's books, specifically about Shavuot, Tu BiShvat, and Simchat Torah.
- Hard-cover teen/ young adult fiction and nonfiction books.
- Hard-cover adult large print fiction.

We appreciate you thinking of us. Please check with the library committee before bringing in other donated books.

Also, please be a mensch and look for and return library books you have finished reading!

Israel Affairs Committee

The Israel Affairs Committee is making plans for programming for fall and winter. Look for announcements about a book discussion and a short series on various proposals to solve the Israeli-Palestinian conflict. Israeli night in the sukkah? Also, visit our booth at the Shul Fest. We are sponsoring a "What do you know about Israel?" contest for young and old, with prizes.



Kiddush Crew Seeks Volunteers!

We would like to offer Kiddush luncheon on the first Shabbat of the month.

That's just a few luncheons between now and the end of 2022. We are hoping to have these on days that the Covid rating is Yellow or Green. Please contact Helen Hanan to indicate your interest. One of the "Kitchen Committee" members will try to be there for your maiden voyage into our well-equipped kitchen. Helen: 917 453-3975, helenshanan@hotmail.com



Donations

Received May 28 - July 27, 2022.

ADULT EDUCATION FUND

Ralph Lovell in honor of Kathryn Mulhern, honored teacher and guide in Biblical Hebrew studies, "May she continue to go from strength to strength."

ANNUAL APPEAL FUND

Marc Sorel in honor of Dr. Eliot and Mrs. Christiane G. Sorel.

CEMETERY FUND

Stan and Rita Robbins.

CULTURAL ENDOWMENT FUND

Jewel Davis in memory of her brother, Eugene Hayim Davis. Barbara Levenson in memory of her grandparents, Barney Levenson and Bertha Levenson. Marc Sorel in honor of Dr. Eliot and Mrs. Christiane E. Sorel.

DINNERMAN-ROTTENBERG EDUCATIONAL ENDOWMENT FUND

Peter and Jennie Dinnerman in memory of Peter's mother, June Dinnerman. Stan and Rita Robbins in memory of Stan's mother, Pearl Robbins. Marc Sorel in honor of Dr. Eliot and Mrs. Christiane E. Sorel.

HEBREW SCHOOL FUND

David Baer in memory of his mother, Johanna Baer. Andrew Jaffe in memory of his father, Rubin Jaffe. Andrew and Marcia Baron in memory of Marcia's father, Ira M. Stone. David Bradbard.

INSTITUTIONAL OPERATING ENDOWMENT FUND

Renee Levy in memory of Robert Levy. Nancy Alexander in memory of her husband, Melvin R. Alexander. Phyllis Heilbronner in memory of her beloved husband, Hans Heilbronner. Gloria Moldoff in memory of her mother, Cecilia Woolfson. Nancy

and Andy Jaffe in memory of Allan Morris, Nancy's father. Robert & Marilyn Zimman in memory of Robert's parents, Barry Zimman and Phyllis F. Zimman. David Cline in memory of his mother, Dorothy Cline. Nancy Alexander in memory of her father, Leo Sussman. Harold and Gloria Moldoff in memory of Harold's father, Phillip Moldoff, and in memory of Samuel Fisher, Gloria's grandfather. Marc Sorel in honor of Dr. Eliot and Mrs. Christiane E. Sorel. Roger Epstein in memory of his mother, Ann Epstein.

KIDDUSH FUND

Helen Hanan in memory of her father, Nathan Hanan. Daniel Agbajor and his mother, Rebekah Udoh.

LANDSCAPE FUND

Joanne Samuels in honor of her son, Joseph Samuels (celebrating a big birthday!), in memory of her parents, Bernard and June Goodman, in memory of her grandmother, Dora Chase, and with congratulations to Fran Berman and her family on the arrival of Fran's granddaughter, baby Maya.

LIBRARY FUND

Len Benjamin with gratitude to the library volunteers. Carl and Linda Gurtman in memory of their son, Benjy Gurtman.

PRESCHOOL FUND

Robert Weisner in memory of his mother, Eva Weisner. Veta Stone in memory of her husband, Ira M. Stone.

RABBI'S DISCRETIONARY FUND

Mikhail Klarov. Anonymous contributor. Ellen Farber in memory of her brother, Larry Filler.

(Continued on page 11)

Donations/ Adult Hebrew

Donations, continued

Steven and Debbie Paul in memory of Steven's mother, Evelyn Paul. Richard Robbins in memory of his mother, Pearl Robbins. David Olken in memory of his father, Harry Olken. Joan Hankin in memory of Ben, Ida, Milton, and Fred Gersh. Barbara Gutin in memory of her mother-in-law, Eva Gutin. Sara and Edson Atwood, in honor of Rabba Kaya and Heather Tomlinson, "We had a lovely time visiting the synagogue over Shabbat July 9-10. Your hospitality and warmth towards us was appreciated."

TZEDAKAH FUND

Ellen Farber in memory of her father-in-law, Sol Farber. Dick and Lorrie Grossman in memory of Dick's father, Jack Grossman, and in memory of his grandfather, Abraham Siegel. Roberta Issokson in memory of her brother, Arthur Dinerman. Jeffrey Goodman in loving memory of his mother, Bernyce Goodman. Elaine and Jim Dolph in memory of Elaine's mother, Gertrude Kaplan. Selma Freedman in memory of her mother, Annie Klaiman, and in memory of her mother-in-law, Goldie Freedman. Daniel Agbajor and his mother, Rebekah Udoh.

Grateful appreciation is extended to James Sagner for support of the Zoom services.

We thank the **Jewish Federation of NH** for generous support of the Back to Shul Festival.



By Kathryn Mulhearn, Instructor

Adult Hebrew Class Schedule for Fall 2022 - 2023

Classes meet via Zoom. Times/days are subject to change. Classes begin October 12, 2022.



Hebrew for Beginners - Aleph-bet Beginner

Tuesdays, 6:30 pm - 7:30 pm

Text: *Teach Yourself to Read Hebrew* (EKS, revised edition). Ideal for those new to Hebrew reading or who want to refresh their pronunciation and basic reading skills for further study. Good starting point for prayerbook, biblical, and modern Israeli Hebrew.

Prayerbook Hebrew - Intermediate level

Wednesdays, 7:00 pm - 8:00 pm

Ongoing class. Text: *Prayerbook Hebrew The Easy Way* (EKS)

Biblical Hebrew Grammar - Intermediate level

Mondays, 4:00 pm - 5:00 pm

Ongoing class. Text: *First Hebrew Primer* (EKS, 3rd edition with explanatory notes)

Tanakh Translation - Intermediate to advanced level

Wednesdays, 3:00 pm - 4:15 pm

Ongoing class. Text: *Sefaria Digital Library* (online)

Students should purchase their texts through Israel Book Shop in Brookline or online. Please register through the Temple office. Suggested donation of \$18 per semester.

Arts Review Team

By Deborah Levine, Arts Review Team Chair

With Tisha b'Av approaching on August 6, we take a break from summer fun, outdoor adventures, and joyful reunions. We shift for one night to a more somber mood, remembering the suffering and losses the Jewish people have endured throughout the ages. At the same time, we appreciate the qualities that have helped us to survive.

Today we may feel a certain distance from the destruction of two temples, the horrors of the Holocaust, the expulsion of the Jews from Spain and other countries, yet we still face deeply troubling situations: droughts, flooding, fires, mass shootings, and most recently, Russia's heartless invasion of Ukraine.

Cities such as Kiev and Odesa were mentioned by my grandmother when I asked her about our ancestors, where they lived, and the conditions at the time. She told me about pogroms in Russia (now, Ukraine). She told me how Jewish families would cut off parts of their sons' ears so they could avoid conscription into the army. I also heard that my great-grandfather played in the tsar's orchestra, at the summer palace near the Black Sea. I am sure there are other congregants with family ancestors and close ties to the Ukraine.

Paintings by Alan Shulman, clockwise from top right: *My Great-grandfather's Woods*; *Jazz Men*; *Les Bienvenues*; *Ukraine*, *One Classroom*, *All Grades*



The Arts Review Team has brought an exhibit to the Social Hall by local Jewish artist Alan Shulman, featuring faces of Ukrainians and other displaced immigrants from around the world. Some are taken from his own family photographs. There are many kinds of immigrants - today and in the recent past, whose faces display courage, strength, tenacity, faith, and sometimes defeat, fatigue, and despair. Immigrants also participate in normal human activities in spite of devastating circumstances. Alan's images cover many aspects of the immigrant experience.

Also on display are Shulman's artworks featuring jazz musicians, which offer a contrast to his immigrant portraits. The artist agreed that musicians express the same sadness, longing, and intensity seen in the faces of the Ukrainians. Jazz and blues can be an antidote to violent expression. Grief and anger, joy and reverence, are all expressed in the music.

We are also privileged to have work by nationally known photographer Emily Corbato, who has a studio in Plum Island, scheduled for the end of August. Her work is more contemporary (2001), with pieces from Ukraine showing "Bubbies and

Zadies," girls from an orphanage, and the living spaces of impoverished Jews. Please stop by the Social Hall to view the latest exhibit, on Tisha b'Av or any time!

In Our Community

Joyful news!

Congratulations to **Fran Berman** on the birth of her grand-daughter, **Maya Lily Frank**, on June 16 to parents **Dara Klein** and **Rich Frank** (and big sister **Shira**) of Melrose, MA.



Congratulations to **Randy Spratt** and **Sharen Eidelberg Spratt**, celebrating several family milestones including the May 20 installation of their son, **Rabbi Benjamin Spratt**,

(photo above) as Senior Rabbi at Congregation Rodeph Sholom in New York, and the upcoming marriage of their son **Samuel Spratt** to **Rachel Havner**. Mazel Tov!

Congratulations to **Ira and Jennifer Schwartz**, welcoming the birth of their grandson **Levon Despres**, to parents **Rebecca and Matt Despres**.

Sharing with her permission, a note received in the office from **Elissa Kaplan Senter**, who writes from her new home in southern CA: "I am happy, enjoying life and am recently engaged to a lovely man. His name is Arnold, and the wedding date is TBD."

As the 2022 - 2023 membership year gets underway, we welcome new members!

- Samantha Bacon and her children Henry and Maxwell of Epping, NH
- Gerald Eckman of Rye, NH.
- Jonathan and Rachel Grossman and daughter Israel Eilis of Centreville, Virginia
- Shea Henderson and Sharen Lowell of Eliot, Maine.
- Karl Schenker of Stratham, NH
- Rachel Trubowitz of Durham, NH
- Jeff Warach & Robbie Hinkel of Dover, NH.
- Betty Wachtel of Durham, NH.

Emergency Planning for Houses of Worship

Thursday, August 4, 1:00 pm, Social Hall

How should houses of worship prepare for emergencies? How do we create an emergency operations plan and support our community members' individual planning?

Please join us for a 30-minute presentation followed by Q & A with a NH Department of Homeland Security and Emergency Management Outreach Coordinator.

This event is free and open to the public. Register via the temple website and contact the temple office with any questions.

Tikkun Olam

Team Seacoast Update

Team Seacoast Neighborhood Support Team is actively supporting the Afghan family that was relocated to the Portsmouth area, and Temple Israel's Tikkun Olam Committee has been a part of that support. Tikkun Olam has donated a small financial amount, supported the family in settling in, and even prepared *shalach manot* for the children for Purim.

Much has been accomplished in getting the family settled: enrolling and attending school, arranging medical appointments, transporting family members to work, shopping, and various other activities. In essence, the family has been integrated into daily life in Portsmouth. The father is successfully employed at a neighborhood food store and everyone in the family is learning English. With summer in full bloom, the children are participating in a wide range of activities and volunteers are happily driving the children to these events.

Volunteers are helping the parents improve their English and helping the father prepare for his driver's license test. Dad is learning how to manage family finances and Mom is making placemats and table runners, which were sold with success at a recent fundraiser. The family is learning what it is like to live in America and be an American.

Please reach out to me, shartz@pingry.org, if you have any questions, suggestions, or would like to get involved in helping the family. Living here and becoming an American is not an easy journey, but with the support of our community and the larger community, these new neighbors can succeed.

Walk to End Alzheimer's

Mark your calendar to join temple members in the annual fundraiser Walk to End Alzheimer's on Sunday morning, September 25. Participants meet at the Little Harbor School in Portsmouth, with the grounds opening at 8:30 am, an opening ceremony at 9:30 am, and the walk beginning at 10:00 am.

You'll find a registration link on the temple website calendar. Please join us to support this important cause!

Mindfulness-Based Bereavement Support Group continues! Additional sessions added for August & September, see p. 19

In this 75-minute weekly facilitated grief support group, participants will have space to recognize, allow, and process feelings and challenges related to losses they have experienced.

Group discussion will be facilitated by Allison Miller, PhD, a skilled clinician with over 20 years' experience helping clients face the most confusing, difficult, and painful life moments, on a journey to finding joy, meaning, and purpose again. Free and open to the public.



HELEN HANAN

SALES ASSOCIATE

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Kishka's Kashrut Korner

Dear Kishka,

Where can I get kosher hard cheese in the Seacoast area?

Signed,

A dairy-deprived foodie



Dear Dairy-deprived,

Good news! Cheeses are deemed kosher by virtue of their ingredients (see the list of foods that are kosher by their nature in Appendix 3 of our temple's Kashrut Policy). If all the ingredients are kosher, the cheese is kosher by nature and does not require a hekhsher.

Technically, there are two distinct categories: acid-set cheese and rennet-set cheese. Acid-set cheese ("soft cheese") refers to cream cheese, cottage cheese, farmer cheese and other cheeses produced by adding bacterial cultures to milk. The milk and all the ingredients in bacterial cultures, including the acid, are kosher; therefore, all soft cheeses are kosher.

Rennet-set cheese ("hard cheese") generally refers to cheeses such as cheddar, mozzarella, provolone, and hundreds of other types. These cheeses are produced by adding rennet enzymes to milk. The question of whether rennet is a kosher product has been ruled on by the Conservative movement as far back as 1972.

Rabbi Isaac Klein, of blessed memory, in a responsum adopted unanimously by the

Conservative movement's Law Committee on January 20, 1972, affirmed, "It is our considered opinion that cheeses, all cheeses, including those in which rennet, any rennet, is used as the curdling agent should be permitted." He explains that the rennet used today cannot be considered forbidden because, first, most of it is derived from dried-up skins that have become like a piece of wood (in other words, it has been transformed as to no longer be considered an edible substance for human beings). Second, the extraction is brought about by the use of strong chemicals and acids, which makes the rennet a non-edible substance even for animals. Third, the rennet goes through a number of chemical changes that transform it into a new substance. Finally, the rennet is not put into the milk in a pure form but is diluted with other substances so that it is annulled in sixty times its bulk. (This rabbinic concept, derived from the Talmud, is referred to as *bateil b'shishim*.)

Conclusion: As long as all the ingredients of the cheese are kosher, which includes all commercially used rennet, the cheese is kosher and does not require a hekhsher. Happy shopping – and eating!

Signed,

Kishka the Kashrut Maven

If you have a question for Kishka, send it to kashrut@templeisraelnh.org and it may be featured in an upcoming column.

Upcoming Celebrations

HIGH HOLIDAYS

All High Holiday services will be led by Rabba Kaya Stern-Kaufman and Cantorial Soloist Kochava Munro. Services will be available in-person and through Zoom.

Sun. Sept. 11: 11:00 am Pine Hill (Dover) Cemetery Memorial service; 12:00 pm Forest Glade (Somersworth) Cemetery Memorial service, led by Cathi Cherry-Liston and Jodie Aviles

Sat. Sept. 17: 7:00 pm Selichot Interfaith Gathering, African Burying Ground

Sun. Sept. 18: 1:00 pm Portsmouth Cemetery Memorial service led by Rabba Kaya

ROSH HASHANAH

Sun. Sept. 25: 7:00 pm Erev Rosh Hashanah service

Mon. Sept. 26: Rosh Hashanah Day 1 morning service from 9:00 am – 12:15 pm

Time TBA: Family Service

1:00 pm Tashlikh and shofar blowing at Prescott Park

3:30 pm Tashlikh and shofar blowing at Henry Law Park, Dover

Tues. Sept. 27: Rosh Hashanah Day 2 morning service from 9:00 am – 12:15 pm

YOM KIPPUR

Tues. Oct 4: 6:15 - 7:45 pm Kol Nidre service

Wed., Oct. 5 Yom Kippur morning service from 9:00 am – 1:00 pm

Time TBA: Family Service

11:35 am Rabbi's sermon

11:50 am Yizkor

Break: 1:00 pm - 4:45 pm

4:45 pm - 5:45 pm Afternoon Service (Jonah)

6:00 pm Neilah Service

6:59 pm Final Shofar Blowing / End of Fast: 6:59 pm

7:15 pm Break the Fast Meal

BACK TO SHUL FESTIVAL PROGRAM

Sunday, 8/28, 12:00 - 3:00 pm, Strawberry Banke
(indoors at TIP in case of inclement weather)

Food

12:10 Motzi & Lunch

2:00 Ice Cream Truck

Music

12:30 Shofar Workshop*

1:00 Kol Kahol Concert**

2:00 Shofar Blowing

2:15 Drum Circle

2:30 Yiddish Song

Activities

12:00 Welcoming Remarks

12:30 First Shapiro House Tour

2:00 Blessing for the Animals***

2:30 Second Shapiro House Tour

3:00 Closing Remarks & Travelers Prayer

3:00 Temple Israel Tour

* **Shofar Workshop:** Children ages 9-12 can sign up for a shofar-blowing workshop led by Richard David Grossman. The first 25 children to sign up will receive a free 10-12" kosher shofar to keep. Call or email the office to sign up!

** Kol Kahol Concert:

Kol Kahol is a virtuosic Jewish Bluegrass band that brings a warm, welcoming, and uplifting musical



experience to Jewish communities nationwide.

*** **Blessing for the Animals:** please bring or draw a picture of your pet; only service animals are permitted at Strawberry Banke.

Back to Shul

BACK TO SHUL FEST

Sunday, August 28th

12:00 – 3:00 PM

Strawbery Banke, Portsmouth

Open To The Entire Jewish Community!

Lunch @ 12:00

Concert @ 1:00

Ice Cream @ 2:00

Games All Afternoon!



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Temple Israel
Portsmouth, New Hampshire



Jewish Federation
OF NEW HAMPSHIRE

PJ Library

FEATURING LIVE MUSIC BY JEWISH
BLUEGRASS BAND, KOL KAHOL!



Kindly register via the website calendar so we can plan for food!

Yahrzeits

August Yahrzeits

1. Matthew Korn, Jay Harrison, Beatrice Collier, Maurry Bernard Grossman, Albert Sados, Rose Slome, Augusta Verner
2. Dora Winer, David Singer, Morton Lampert, Beatrice P. Weiner, Saul Wiseman, Joseph Levitt, Irwin Fisher
3. Julia Kaplan, Gertrude Bernat, Jennie Smith, Harold Silverman, Anna Kushious, Anthony Blum, Benjamin Fleischman, Irving Fain
4. Ethel Mark, Brian Moroze, Pearl Goldberg, Allen H. Toby, Frank Cohen
5. Lillian Benjamin, Maurice Dinnerman, Steve Selig, Harry Goren, Philip H. Miller
6. Sam Belinsky, David Fleischman, Celia Levy Pines
7. Bella Jaffe, Barnet Bordetsky, Sam Jacobs, Chester A. Kennon, Israel Levy, Robert Spiers, Sam Schwartz, Jack Levy
8. Samuel Bradbard, Benjamin Edelstein, Harry Smith, Ruth Seligson, Israel Bradbard, Samuel Gilbert Kushious, Shirley Jimison
9. Sarah Spack, Alice Forman, Melvin Goodman, Anna Zitomer, Sally Jacoby, Judy Pedell, Sadie Rockenmacher
10. Minnie Zeidman, Fannie Gerber, Saul Berman, Anna Segal, Hilda Kleinhandl, Max Flescher, Sherwood Spelke, Peggy Handlen
11. Nathaniel London, Sylvia Brown, Irving Paul, Sadie Medved
12. Ida Stone, Nathan Handler, Flori Isselbacher, Gertrude Reinhart, Irma Dansky, Jerry Borne,

4 Av - 4 Elul 5782

- Berla Mae Grant
13. Charles Katz, Zelda Wagman Harrison, Rose Verner, Thomas Peters
 14. Sylvia Collier, Arthur Saklad, Max Isacoff, Albert Issokson
 15. David Jaffe, Miriam Fox, Bruce Samuels, Marlean Willensky, Hannah Landsman, Morton Rosenstein
 16. Rose Cohen, Laurie Schwartz, Curtis Most, Elsie Klein Glosserman, Raymond Newton, Moshe Steber
 17. Israel Belostock, Eli Brown, Max Cohen
 18. Henry Gerber, Jeannie Daniels
 19. Zena Lang, Jeannette Rosenfield, Lillian Rubin, Meyer Hiller, Bertha Wolfson Shapiro, Harriet Hirsch, Bertha Stein, Allen Tartacower
 20. Sam Wiseman, Earle Fox, Dorothy Bailey, Saul Smokler, Irene R. Lindy, Ivor Frank, James Troilo, Jim Wachtel
 21. Isaac Blankenberg, Mollie Grossman, Alice Cohen
 22. Leonard Rosenson, Benjamin Blankenberg, William Hymanson, Eva Milton
 23. Perry Sussman, Monroe Albert, Martin Brown, Evelyn Slome Karu
 24. Abram Kushious, Eli Diamant, Max Goodman, Sidney Robbins, Virginia Lipman, Martin Karelitz, Muriel Goldblatt
 25. Lewis Levine, Auxlia Marie Nye
 26. Simon Shapiro, Pearl Edwards, Judith Stern

Need to recite Mourner's Kaddish? Please join our minyan online or in person on Tuesday, Fridays, and Saturdays. See schedule on page 3. A prayer to say a personal Kaddish without a minyan is also available on our website, or contact the office to receive it by mail or email.

Yahrzeits / Meetings

27. Kenneth L. Downs, Ethel Feldman,
Charles Cohen, Ruth Goldman, Murray Daniels
28. Beatrice Gelman, Eva Pastor, Lee Sylvester
29. Ida Belostock, Estelle Ross, Cecilia Finkelstein,
Esther Weinstein, Minnie Gelman,
Jordan Sandler
30. Ada Rammer, Moses Silfen, Charles Gouse,
Max Fluster, Marvin Poster, Charles Zinck
31. Baby Alkon, Annie Freedman, Samuel Gerstein,
Frank Moroze, Judah Wise, Samuel Sibulkin,
Helga Burby, Rhoda Belostock

Tzedakah Committee

The Tzedakah Committee has funds available to help take some pressure off those in need. We can provide help in many forms including gift cards for food and gas as well as paying pressing bills. Please contact Rabba Kaya and she will forward a confidential request to the committee.

Life Cycles

Our community grieves with those suffering the loss of beloved family members.

Condolences to **Jeffrey Segil** on the passing of his brother, **Neil Segil**.

CLASSES

Mindful Bereavement Support Group

12:00 pm - 1:15 pm, Tuesdays, 8/2, 8/9, 8/16,
8/23, 8/30

Yiddish for Beginners

11:00 am - 12:30 pm, Wednesdays

Hand Drumming for Beginners, p. 10

3:30 pm, Thursdays through August 25, Chapel

COMMITTEE MEETINGS

House Committee

7:00 pm, Thursday, 8/4

Executive Committee

7:30 pm, Wednesday, 8/10

Board of Directors

7:00 pm, Tuesday, 8/16

Education Committee

7:00 pm, Thursday, 8/25

Marketing Committee

1:00 pm, Monday, 8/29

Ritual Committee

7:00 pm, Tuesday, 8/30

Note: Committee meetings are being held via Zoom at this time unless otherwise noted.

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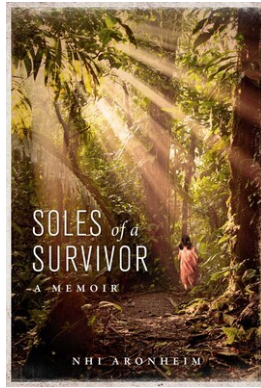
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TIP Book Club pick for August

Soles of a Survivor, by Nhi Aronheim

Please join us in the courtyard (or social hall, in inclement weather) at 12:00 pm on Tuesday, August 30, 2022, for a lively discussion!

Temple Israel Portsmouth

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Soles of a Survivor, by Nhi Aronheim

From the publisher's website: *The unbelievable true story of a Vietnamese refugee who not only made the United States her home, but learned the true value of hope, love, and religion along the way.*

The soles of Nhi Aronheim's feet still bear the scars of her escape from Vietnam—trudging through the jungles of Cambodia as a twelve-year-old with a group of strangers seeking the land of opportunity: America. Her quest for survival eventually led her to a boat that took her to Thailand and an orphanage where Nhi lived for two years until she qualified for refugee status in the US. Years later, she returned to Vietnam with a film producer to reunite with the family she never thought she'd see again.

Yet *Soles of a Survivor* isn't just another inspirational survival story. Nhi writes of the lessons learned about humanity, diversity, and unconditional love since arriving in the United States. She now has a deeper appreciation for the parallels between the Jewish and Vietnamese cultures, and others. After she met her Jewish beau, they got married. She eventually converted to Judaism, and now she relishes being a Vietnamese Jew.



Temple Israel

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Portsmouth, NH 03801

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Office hours: weekdays, 8:30 am - 3:30 pm



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