

The Doorpost

Temple Israel

Monthly Newsletter

June - July 2022, Sivan - Tammuz 5782

From the Rabbi's Desk



The Still Small Voice of Shavuot

The mountain is calling! In just a few days, we will celebrate Shavuot, probably the least celebrated major Jewish holiday on the American calendar. Given that this festival celebrates the giving of the Torah, our central code, source of meaning and spiritual guide, one would expect this holiday to be more significant in our yearly calendar. In fact, it is the revelation at Mt. Sinai that gives meaning to the Exodus from Egypt, the celebration of Passover.

I propose that there are several reasons for this lack of attention to what really should be our most significant holiday. Shavuot is the second of the three pilgrimage festivals specified in the Torah. The first is Passover, which acknowledges the special joy and transition from winter to springtime. It usually occurs quite close to the Spring Equinox. The third is Sukkot, which occurs at the onset of autumn, usually close to the Autumn Equinox. Shavuot, like the proverbial middle child, receives less attention. It takes place mid-season at the height of spring, when families are gearing up for summer, children are finishing up their school

Continued on page 2

Upcoming Events

Shabbat Morning Yoga, one session in June

9:00 am, Saturday, 6/4

Tikkun Leil Shavuot Across NH, p. 3

8:00 pm, Saturday, 6/4, Social Hall and Zoom

Shavuot Service with Yizkor, p. 3

10:00 am, Sunday, 6/5, Sanctuary

Bat Mitzvah of Emily Hyett, p. 8

10:00 am, Saturday, 6/11, Sanctuary

Bar Mitzvah of Ari LePage, p. 8

10:00 am, Saturday, 6/18, Sanctuary

Recipe with a Memory (NEW DATE), p. 14

7:00 pm, Wednesday, 6/22, Social Hall

Tot Shabbat with Rabba Kaya, p. 3

5:00 pm, Friday, 6/24, Social Hall

Bar Mitzvah of Emet Leonard, p. 9

10:00 am, Saturday, 6/25, Sanctuary

Rabbi's Circle Donor Appreciation

4:00 pm, Sunday, 6/26

Temple Office is Closed

Monday, 7/4 and Friday, 7/15 through 7/22

ELC Summer Camp

Monday, 7/18— Friday, 7/22

TIP Book Club Discusses *Disobedience*, p. 20

11:00 am, Tuesday, 7/19, Courtyard

Tot Shabbat with Rabba Kaya, p. 3

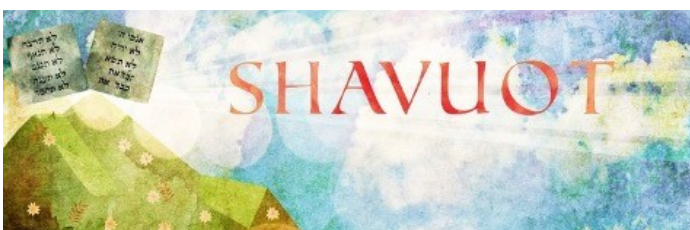
5:00 pm, Friday, 7/22, Social Hall

Popsicles on the Playground with PJ Library

10:00 am Sunday, 7/24, Playground

Complete CLASS AND COMMITTEE MEETING schedule continues on page 17.

Reminder: please log into your ShulCloud account to confirm meeting dates on the website calendar.



From Rabba Kaya's Desk



**Rabba Kaya
Stern-Kaufman**

Continued from page 1

terms, and our attention is focused on taking a break. Passover, with its elaborate home-based rituals, has a special magnetism that calls families together from far and wide to celebrate the eternal struggle for freedom and to rejoice in the rebirth

of springtime. Similarly, Sukkot, with its elaborate rituals of building a sukkah, waving the lulav and etrog, and sharing bountiful meals outdoors in a magical "harvest hut" draws families and communities together. Shavuot celebrates the metaphysical idea of divine revelation. It has neither powerful physical rituals nor seasonal magnetism to pull us together.

The beauty of Shavuot lies in the idea that God comes into relationship with our ancestors and us, throughout all time, through the process of revelation. For us, as a people, that revelation was and is Torah. Revelation exists as an ongoing process through our engagement with this sacred text. It is taught that two Torahs were given at Mt. Sinai. One is the Five Books of Moses which are written in the Torah scroll we read on Shabbat and holidays. The second Torah is the oral tradition of commentary that continues to this moment. Each is a form of revelation. One was revealed on a mountain, but the other is revealed in every personal encounter with Torah, from the depths of each human heart. Arthur Green, in his book "Judaism for the World," writes: *Remembering that our earliest ancestors were diggers of wells in the*

desert, suppose we allow ourselves to turn the high mountain (of Sinai) into a deep well. Abraham observed Torah, say the Rabbis, before it was given at the mountain. He knew it from seeking within. Let us try to imagine Torah as it was seen by that digger of wells, turning inward to discover the truth.

Shavuot ritualizes the giving of Torah at Sinai, but also the eternal process of revelation and inspiration that is available to every human being. Torah gives us the signposts, symbols, and keys for unlocking deeper truths to guide us through any and all of life's paths. On Shavuot, we celebrate the gifts of Torah and our capacity to engage with the great mystery of revelation, of touching the untouchable, of drawing water from the endless well of sustenance.

Come join us on June 4, Erev Shavuot, for community, learning and celebration. (More details can be found on page 3.) On Sunday, June 5th we will read from our Torah the story of the encounter at Sinai which will be followed by a Yizkor memorial service to honor our ancestors, upholding the chain of tradition that binds us together through time.

With blessings for all,

Rabba Kaya

Candle Lighting

June 3, 8:00 pm	July 1, 8:09 pm
June 10, 8:05 pm	July 8, 8:07 pm
June 17, 8:08pm	July 15, 8:04 pm
June 24, 8:10 pm	July 22, 7:58 pm
	July 29, 7:51 pm

Prayer

Shavuot Plans Updated, June 1

We are all deeply shaken and suffering over the unspeakable tragedy at Robb Elementary School in Texas last week which followed a mass murder at Tops Supermarket in Buffalo, NY. While we mourn our community's loss and hold the survivors in our hearts, our tradition teaches, "Do not stand idly by the blood of your neighbor." (Lev. 19:16)

As people of conscience, we are being called upon to act for change. This year our Shavuot festival coincides with National Gun Violence Awareness Day and Wear Orange Weekend. In Portsmouth, Moms Demand Action have invited me to offer a prayer and reflections at their gathering honoring the victims of gun violence. It will take place in Prescott Park near the Memorial Bridge, which will be illuminated in orange lights to symbolize support for an end to gun violence. See program below.

Erev Shavuot, Saturday, 6/4

7:15 pm, **Congregants may meet up with Rabba Kaya at the temple to walk together to Prescott Park to attend the rally** against gun violence and then return to the social hall with Rabba Kaya to join the online Tikkun Leil Shavuot program at approximately 8:30 pm.

8:00 - 10:00 pm, **Tikkun Leil Shavuot across NH.** We will gather with other NH congregations to learn together and celebrate the beginning of the festival of Shavuot, which commemorates the giving of the Torah to the Jewish people. We will meet in the social hall and via Zoom. Register on the website calendar for a special Zoom link.

Cheesecake, a traditional Shavuot treat, will be served after the gathering.

Shavuot, Sunday, 6/5

Sunday, June 5, 10:00 am, **Shavuot Service with Yizkor.** Please join us for a service to celebrate the beginning of the festival of Shavuot. The service will include the reading of the Ten Commandments and a reciting of Yizkor memorial prayers.

Service Notes and Times

Tuesdays 5:30 pm, ZOOM ONLY

Fridays 6:30 pm

Saturday mornings 10:00 am **EXCEPT 9:30 am** when celebrating a bar or bat mitzvah,

** Zoom links to virtual services are in the weekly bulletin, with exceptions as noted. B'nei Mitzvah celebrations use a special Zoom link.*

Friday, June 3, and Friday, July 8, 6:30 pm, **Alternative Kabbalat Shabbat service.** This service will use the *Mishkan T'filah* siddur (prayerbook), which has more English, larger print, and more transliteration.

Saturday, June 11, 10:00 am, **Bat Mitzvah of Emily Hyett.**

Saturday, June 18, 10:00 am, **Bar Mitzvah of Ari LePage.**

Friday, June 24, and Friday, July 22, 5:00 pm, **Tot Shabbat with Rabba Kaya,** Social Hall Join us for a kid-friendly musical Shabbat experience! Geared for children age 5 and under; all are welcome.

Saturday, June 25, 10:00 am, **Bar Mitzvah of Emet Leonard.**

President's Message



Rules and Exceptions

Dear Fellow Congregants,
In Bereshit 4:1-9 we read of Adam and Eve's first two sons, Cain and Abel. We all know that Cain murders Abel and in the aftermath, when God asks Cain, "Where is Abel thy

brother?" Cain answers, "I know not: Am I my brother's keeper?" The rabbi's answer to Cain's question has been an emphatic YES. From this we learn that each of us in a Jewish community has responsibility for the well-being of the other members of our community. Furthermore, Jewish tradition teaches that as Jews we must always look out for those among us who are most vulnerable.

In Leviticus 19:14 we are commanded to "... not put a stumbling block before the blind, ..." From this the rabbis have taught us that we should not tempt people with things or behavior that would be potentially hazardous to them.

Our secular health authority, the Centers for Disease Control and Prevention (CDC), says that for areas where the Covid-19 community transmission level is high, everyone should wear a mask when they are indoors in public spaces. Temple Israel's Covid protocols are based on this guidance.

Rules are rules. And then, sometimes for good reason, we may choose to make exceptions.

In Psalm 100 it says, "Serve God in yoy, *Ivdu et Hashem b'simchah!*" This statement has become a foundational principle in Jewish observance. We

even call a Jewish celebration a *simchah*, which means "joy."

We recognize that joy is a necessary part of our celebrations. Joyous celebration lifts up the spirit of our entire community. Gathering together around food has always been at the center of every joyful celebration and Jewish holiday. In fact, on Shabbat one is required to have a *seudah* (meal) with wine and special foods in order to increase our joy.

In an attempt to balance the needs for joyous celebration with the current CDC recommendations for indoor gatherings, your board of directors held an emergency meeting on Wednesday, May 25, 2022, to consider revisions of our Covid-19 guidelines for serving food in our building. After lengthy discussion, we voted to revise our guidelines to allow occasional exceptions to the rules, namely food service in condition Orange (High) for certain life-cycle events (e.g., b'nei mitzvah, weddings, funerals). Safety protocols will remain unchanged in the sanctuary so that all may feel comfortable attending services, and then individuals may make their own choices about whether and where to eat post-service refreshments. By the time you read this article, the revised guidance should be posted on our website.

As Jeff Salloway, an epidemiologist and Temple Israel member, noted, "We have thus far prevented Temple Israel from becoming a super-spreader site and it could easily have happened." I would very much like to maintain that record and hope that even when making occasional exceptions, we will be able to avoid becoming a super-spreader site.

Robert Zimman

Ritual Committee

Becoming a Caring Community

By Fran Berman, VP Ritual

As a regular participant at Shabbat morning services, I love watching the children. The youngest can barely contain their energy as they dance and jump to the *Psukei d'zimra* in the early part of the service. The older students stand tall when they come forward to lead the closing prayers with growing confidence and pride.

As a b'nei mitzvah tutor, it is my privilege to work closely with a few 7th grade students each year as they prepare for their first *aliyah* as an adult, when they are called to the Torah for the first time. This is a shining moment, not just for them and not just for their family. It is a moment of pride for our entire community! We have nurtured and supported these students for years in their studies, bringing them to this important milestone. The maturity and poise they exhibit can be stunning as they help to lead the service, chant from the Torah, and chant a haftarah (selection from the writing of

a prophet). Their speeches may be even more stunning, when they share what their journey to becoming a bar/bat/kabbalat mitzvah has meant to them and what insights they have gleaned from their study of the week's parashah.



If you have not attended a bar/bat/kabbalat mitzvah at Temple Israel, please consider joining us at one of the upcoming simchas! These services will bring joy and hope to your heart.

You do not have to know the family. Let me say that again: YOU DO NOT HAVE TO KNOW THE FAMILY. I guarantee that after attending the service, you will feel that you do. And your presence in the congregation will tell the students and their families that we are a caring community that supports its own.



Volunteers at a kitchen orientation. Please consider helping to prepare or serve a kiddush luncheon after Shabbat services. Details, page 11

Hebrew School



Erik Martin
Head of School

What a Year!

I'd like to congratulate all of our Hebrew School families on a successful year. We've had our fair share of challenges but through them all, we've stuck together and come out stronger.



I'd also like to thank everyone who attended Convocation Shabbat. Congratulations to Danielle Harman Award recipients Emily Hyett, Ari LePage, and Zachary Raven for well-deserved recognition. While I was unable to be present in person, I could see on Zoom that the service was beautiful. It was wonderful to see so many of our students in the sanctuary with their families. Students: You all deserve to be proud of yourselves and to know that I and the rest of your teachers are immensely proud of you! Enjoy a well-earned summer break; I look forward to seeing you back in the fall.

Field Day Fun!

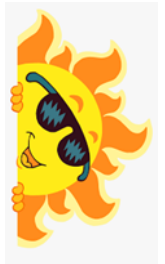
What a great time! Archery plus gaga ball plus s'mores... equaled a fun time for all. Thank you to everyone who participated in our first Lag Ba-omer Field Day. It was such an awesome event and allowed us all to get out of the classroom and let off some steam!



Again, I was unable to attend (darn Covid) but the photos speak for themselves. We are grateful to the Girl Scouts for letting us use their camp. Thank you so much to all the teachers and volunteers who rallied at the last minute to make sure this program went off without a hitch. Kudos to the game runners and face painters. You all rock!

Have a Great Summer!

Whether you're going to camp, traveling on vacation, or hanging around the house, I hope you all have a wonderful summer break. I can't wait to see you back in the fall. Until then, enjoy your time off and maybe peek at your Hebrew from time to time?



Early Learning Center



Tammy Roberge
Director, ELC

Shalom,

The month of May has been a month of “lasts.” The last time the Sonatina Center will join us for music for this school year. The last trip to Grand Pals for our time with the Wentworth Home Senior Residents.

The last time we fed our composting worms inside, as we set them free in our garden beds.



Even though it was the last of some of our fun, it was also the first of picnics in the courtyard in the nicer weather. The first signs of spring with flowers. The first time we “camped” in the classroom and pretended to toast

marshmallows over the campfire rug for Lag Ba-omer.

It was our first Children’s Day in downtown Portsmouth in two years and even though the wind was quite chilly, we made many beautiful clothespin butterflies with children who visited our booth.



First or last, it is always fun to be with our friends! Graduation is on Friday, June 3, 2022. We have six students moving up to kindergarten and our class is full for the 2022 – 2023 school year. We have also started a waitlist for the 2023 -2024 school year, for children too young to attend just yet.

Tammy and the ELC team (Elia, Laura, Steve, and Amy)

Email me, preschool.director@templeisraelnh.org or call 603-436-5301 Ext. 23.



Photos, clockwise from top right: Fun on the playground. Families stop by our Children’s Day booth for arts and crafts. “Camping” in our classroom to celebrate Lag Ba-omer. Releasing worms into the garden beds.

B'nei Mitzvah



The congregation is warmly invited to the

Bat Mitzvah of Emily Hyett

Saturday, June 11, 2022

My name is Emily Hyett. I attend North Hampton School. I enjoy dancing, music, acting and lacrosse. Judaism is important to me because it connects me to my family, our history, and all of our traditions. I love eating apples and honey on Rosh Hashanah, playing in our sukkah on Sukkot, and searching for the afikomen at Passover. I have been going to school and Hebrew School at TIP since I was two years old, and it will always be a special place for me.



The congregation is warmly invited to the

Bar Mitzvah of Ari LePage

Saturday, June 18, 2022

My name is Ari LePage. I attend the Cooperative Middle School. I enjoy dance, playing sports with my friends, and going away on vacation. Judaism is important to me because it connects me to previous generations of my family and the traditions and values I want to carry forward in my life.

Bar Mitzvah / Honey



**The congregation is warmly invited to the
Bar Mitzvah of Emet Leonard
Saturday, June 25, 2022**

My name is Emet Leonard. I attend the Rye Junior High School. I enjoy playing basketball and spending time with my friends and family. Judaism is important to me because my great-grandparents were Holocaust survivors. I want to carry on Jewish traditions in memory of their lives.

Temple Honey Fundraiser

Order online by Monday, August 1, 2022, to receive free domestic shipping.

ORT will ship a personalized package, including a festive 8-ounce jar of kosher clover honey, a gift card, and a blessing for the New Year, anywhere in the United States.

Orders placed by September 1 will arrive in time for Rosh Hashanah, which begins the evening of September 25, 2022.

Ordering is quick and easy online. If you ordered last year, reordering is simple!

Your cost is \$13 per jar and a portion of your purchase benefits Temple Israel.*



Order online by August 1, 2022 to avoid extra shipping fees of \$6.50 per jar.

Visit www.templeisraelnh.org/donate to order.

If you have any questions or prefer to write a check, please contact the temple office before July 15.

Thank you for your support!

** For tax deduction purposes of determining value of goods provided, you should use \$7 per jar. Up to \$4.50 per jar goes directly to support Temple Israel's Operating Fund. ORT is a global education network driven by Jewish values.*

Donations

Received April 27, 2022 - May 27, 2022.

ANNUAL APPEAL FUND

Shlomiya Lightfoot, with appreciation for the Lag Ba-omer Field Day.

CEMETERY FUND

Leonard Baer in memory of his mother, Gertrude Baer, his mother-in-law, Gertrude Borden, and his father-in-law, Samuel Kline.

CULTURAL ENDOWMENT FUND

Cathi Cherry-Liston, in honor of the volunteers for the Community Seder and with gratitude to the Cultural Endowment Fund for supporting this successful event. Leslie and Matthew Allen in honor of Ira Schwartz. Ira Schwartz in memory of his father, Arthur Schwartz. Barbara Levenson in memory of her father, Russell Levenson. Anonymous donor. Laura and Michael Rubin. Elaine and Jim Dolph in memory of Elaine's grandmother, Bessie Kemler.

DUES ABATEMENT FUND

Roberta Issokson with appreciation to the congregation and volunteers.

HEBREW SCHOOL FUND

Gail Spaien in memory of her parents, Albert and Frances Spaien. Michael and Laura Rubin, in memory of Lillie Sorkin, Michael's grandmother and Hannah, Ally, and Lily's great-grandmother.

INSTITUTIONAL OPERATING ENDOWMENT FUND

Naomi Fishbein in memory of Arnold Fishbein. Gloria Moldoff in memory of her grandmother, Mollie Fisher. Bert and Deb Freedman in memory of Bert's brother, Mark Freedman. Irene Levy in memory of Robert Levy.

LIBRARY FUND

Marsha Brann, Heidi and Didier Jardin, Arianna, and Anastasia Jardin, in memory of Marsha's husband Robert Brann, beloved father, father-in-law and grandfather, and also in memory of Marsha's father, Charles Share, beloved grandfather and great-grandfather.



Thank you to all contributors!

RABBI'S DISCRETIONARY FUND

Barbara Gutin in memory of her son, Jeffrey Gutin. Amy Feitelson in memory of her brother, Melvyn Feitelson. Linda Tober and family in memory of Edward Tober, beloved husband and father. Adina Linden in memory of Sam Linden. Renita Gottesman in memory of her husband, Alexander Gottesman. Jonah Israelit and Emily Wetherbee in honor of Rose's *Simchat Bat*. Len Benjamin with appreciation to Rabba Kaya.

TIKKUN OLAM FUND

Ellen Fineberg in memory of her mother, Lenore Fineberg.

TZEDAKAH FUND

Stan and Rita Robbins in memory of Torsten Schmidt. Selma Freedman in memory of her son, Mark Freedman. Burt Wolf, in memory of his mother, Mollie S. Wolf.

In Our Community

The Annual Meeting

Was held on Monday, May 9, 2022, via Zoom.

The following board members were elected:

Jared Nabel, President-Elect

Doug Tilton, VP House

Matt Allen, Director

Dov Yellin, Director

And re-elected:

Ian Kaner, VP Education

Amy Borne, Financial Secretary

Supporting documents including last year's meeting minutes, this year's Annual Report, the meeting slideshow, and 2022-2023 Budget Presentation are available for review on ShulCloud. Log into your member account and choose the tab under "Member Resources, Annual Meeting 2022." If you need help logging into your account or would like to receive an emailed or mailed copy, please contact the temple office.

Kiddush Crew Seeks Volunteers!

We would like to offer Kiddush luncheon on the first Shabbat of the month.



That's just seven luncheons between now and the end of 2022. We are hoping to have these on days that the Covid rating is Yellow or Green. Please contact Helen Hanan to indicate your interest. One of the "Kitchen Committee" members will try to be there for your maiden voyage into our well-equipped kitchen. Warm weather will allow for dining al fresco.

Helen: 917 453-3975, helenshanan@hotmail.com

The Outdoor Spring Cleanup

Sponsored by the House Committee on May 1 was very successful. Thanks to all the volunteers for helping to beautify the temple grounds, and to Doug Tilton, VP House, for sharing some photos!



In Our Community

Call for Art

The Arts Review Team is planning an exhibit to open in July, date to be announced. We are looking for art honoring Ukraine, past and present, which could include family photos if you would like to share them. Given recent events, nationally and internationally, we would also welcome works on the themes of courage, solidarity, or perseverance.

If you would like to submit your art, please contact Deborah Levine by June 30, via email, at Artsreview@templeisraelnh.org.

Volunteers needed Friday, June 3, 5:00 pm, to help decorate the sanctuary for Shavuot.

What a difference a year makes! Last year we garlanded the parking lot for our Shavuot celebration, see photo below.

This year we can gather indoors once again. Volunteers are needed Friday afternoon to help decorate the sanctuary. **Please bring flowers and greenery in vases.** Please contact Deborah Levine if you have questions.



Welcome, Arthur Barajas Crane!

Born on May 22.
Congratulations to parents Ashley Barajas and her husband, Michael Crane.



Congratulations to **Ira and Jennifer Schwartz**, on the marriage of their son, **Jake Schwartz**, to **Carly Wallace**, on May 21.

Members Wanted:

The Financial Oversight Committee is looking for new members. The FOC is a group of trusted congregants who are tasked with developing and monitoring our annual budget and reviewing our financial performance throughout the year. The committee is chaired by the Treasurer and works to ensure that overall spending is in alignment with our revenues. From time to time, we advise the Board on financial matters.

The committee meets between four and six times annually, and members do not have to be financial experts. We each manage our personal finances and, in some cases, business finances, and this is no different. Please contact me if you are interested or if you have questions.

Rich LeSavoy, Treasurer

treasurer@templeisraelnh.org

In Our Community

Amy and Brian Hyett
joyfully extend an invitation
to the Temple Israel congregation
to attend services
on Saturday, June 11
followed by kiddush in the social hall
in honor of
their daughter Emily's Bat Mitzvah

Tzedakah Committee

The Tzedakah Committee recognizes the financial needs of congregants at this challenging time. We have funds to help take some pressure off those in need. We can provide help in many forms, including gift cards for food and gas, as well as paying pressing bills. Please contact Rabba Kaya and she will forward the request to the committee. All requests will be held in strict confidentiality.

JFNH *Shlichut* Survey

As the first year of our new *shaliach* is coming to an end, Jewish Federation of NH is looking to get feedback from the whole community to help improve and adapt the program for next year and for future emissaries. Please take 5 minutes to fill out this survey.

We would especially like to hear your opinion if

- Your children attended Ra'anana's Hebrew School session about the Israeli Space program.
- You attended other programs with Ra'anana

The link to the survey is <https://forms.gle/pJC44z28Qegn6Nbs8>, which may also be found in the weekly bulletin.



TIP Teens

Join us for fun meetups like bowling, above. Not yet on the invite list? Contact Rabba Kaya to be added!



Israel Affairs

RECIPE WITH A MEMORY



Join us for this unique Yom Hazikaron program to remember a fallen Israeli soldier by cooking their favorite dish and learning about their story. This year we will make homemade pizza to honor Ronen Hayoun

06/22 @ 7PM

200 STATE STREET, PORTSMOUTH

(THIS THIS EVENT HAS BEEN RESCHEDULED FROM THE ORIGINAL DATE OF 05/03)

There is a \$10 per person charge.

For more information and registration visit:



This program is presented by the Jewish Federation of New Hampshire in Partnership with Temple Israel Portsmouth



Popsicles on the Playground

**PJ Library and the Early Learning Center
Preschool at Temple Israel in Portsmouth
invite you to come hang out with us for a
morning of fun in the sun!**



**Early Learning Center Preschool
Playground
Temple Israel Portsmouth
200 State Street
Portsmouth, NH**

**Enjoy a cool treat with
new & old friends.
Don't forget the sunscreen!**



Sunday, July 24, 2022

10:00am

Rain Date August 7, 10am

RSVP

<https://forms.gle/gSk7KfPY56hKtkQW9>

Questions contact Dinah Berch at dinah.berch@jewishnh.org



Jewish Federation
OF NEW HAMPSHIRE



Temple Israel
An Engaging, Diverse Jewish Community
Portsmouth, New Hampshire



Open to All

You are not alone.

Bereavement Support Group

Tuesdays at Noon
Beginning May 17
75-minute sessions for 8 weeks

During this weekly, facilitated grief support group, you will have space to recognize, allow, and process feelings and challenges related to the loss you have experienced.

Supported in community, rather than isolation, you can learn to normalize and honor the experience of grief, and gain new tools for self-awareness, compassion, and understanding.



Allison Miller, PhD, Licensed Clinical Psychologist, will lead the group. For more than two decades she has helped clients face their most difficult, confusing, and painful life moments while they seek joy, meaning, and purpose again.

There is no charge to participate. The program is open to congregants and community members.
Temple Israel, 200 State Street, Portsmouth, NH **templeisraeloffice@templeisraelnh.org**

Register here: <https://templeisraelnh.shulcloud.com/event/bereavementsupport-group.html>

Sponsored by Temple Israel and the Jewish Federation of NH.



Temple Israel
An Engaging, Diverse Jewish Community
Portsmouth, New Hampshire



Jewish Federation
OF NEW HAMPSHIRE

Community / Meetings

Life Cycles

Our community grieves with those suffering the loss of beloved family members.

Condolences to TIP staff members **Dan and Jeannie Hastie**, on the passing of their son, **Benjamin Hastie**.

Condolences to **Andy Jaffe**, on the passing of his mother, **Barbara Jaffe**.

Condolences to **Amy Schmidt**, on the passing of her husband, **Torsten Schmidt**.

Condolences to **Len Benjamin**, on the passing of his wife, **Rita Benjamin**.



HELEN HANAN

SALES ASSOCIATE

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Helen.Hanan@NEMoves.com

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1950 Lafayette RD.
suite 106 box 6
Portsmouth, N.H. 03801

603 436 3377

1 800 550 3377

nwgranite@hotmail.com

Continued from page 1

CLASSES

Mindful Bereavement Support Group

12:00 pm - 1:15 pm, 8 Tuesdays, see website calendar

Yiddish for Beginners

11:00 am - 12:30 pm, Wednesdays

Miller Introduction to Judaism Program

6:00 pm, Wednesdays, via Zoom, 6/1, 6/8, 6/15, 6/22,
6/29, 7/6, 7/13, 7/20, 7/27

Hand Drumming for Beginners, p. 10

3:30 pm, Thursdays, May 19 - June 23, Social Hall

COMMITTEE MEETINGS

House Committee

7:00 pm, Thursday, 6/2

Marketing Committee

1:30 pm, Monday, 6/6

Membership Committee

7:00 pm, Monday, 6/6

Executive Committee

7:30 pm, Wednesday, 6/15 and 7/13

Israel Affairs Committee

5:00 pm, Thursday, 6/16

Board of Directors

7:00 pm, Tuesday, 6/21 and 7/19

Ritual Committee

7:00 pm, Tuesday, 6/28 and 7/26

Education Committee

7:00 pm, Thursday, 6/23 and 7/28

Endowment Committee

7:00 pm, Monday, 6/27

Note: Committee meetings are being held via Zoom at this time unless otherwise noted.

Yahrzeits

June Yahrzeits

1. Moses Nannis, Morris Green, Cecelia Woolfson, Jack Grossman, Johanna Baer, Rose Goren, Abraham Portman
2. Sandra Rosen, Abraham Alpers, Anne Stack, Bernard Kornhauser, Shirley Cooper
3. Esther Liberson, Howard Kaufman
4. Zelda Parker, Samuel Shapiro, Herbert Siegal, Israel Louis Cohen
5. Alexander Zabin, Solomon Milechman, Abraham Kurtz, Samuel Lockman, George Sibulkin, Susan Fine
6. Benjamin Cohen, Hana Haritonova, Molly Silverman, Hans Heilbronner, Stuart Boughton
7. Joseph Wiseman, Isadore Rosenfeld, Samuel Fishman, Beatrice Wehrwein
8. Allen Blum, Sarah Kurtz, Louis Smith, Phillip Willensky
9. Sandra Singer
10. Edgar Pass, Sumner Cohen
11. Jennie Sandler, James Katz, Irwin Broverman, Frieda Feldman, Bernice Salzman, Howard Brill, Rosiland Rosenbaum, Robert Davis, Hyman E. Novak, Melvin Alexander, Evelyn Moses,
12. (No congregational observance)
13. Arthur Taube, Nancy Mae Shaines, Sophie Levin, Bette Yaffee Kemp
14. Judith Norin, Nathan Lorde, Max Bradbard, Arthur Gershman, Dr. Samuel Cohen, Anne Golub, Irwin Behrendt, Yuri Alexandrowski

2 Sivan - 1 Tammuz 5782

15. Milton Rosen, Goldie Freedman, Sadie Wolfson, Mark Lichtenstein
16. Harry (Aaron) Olken, Joseph Peters, Laura Garr, Rose Rosenberg
17. May Tetenman, Shirley Katz
18. Maurice Yoffee, Rabbi Aaron Goldin
19. Hilda Dearborn, Isadora Greenblatt
20. Ruth Levin, Irving Shoer, Harold Fluster, Stanley Allen, Max Cooper, Arthur Dinerman
21. Miriam Rosenberg, Shelley DelGaudio, Muriel Leavitt, Nathan Hanan, Jerry Smith, Daniel Cohen, Nathan Schwartz
22. Herman Wilson, Simon Bernstein, Mariano Rechy, Solomon Farber
23. Philip Halprin, Milton Gersh, Joseph Ambinder, Theodore Lang, Esther Liberson
24. Henry D. Freeman, Jeff Cowen, Irwin Benjamin, Anne Blackman
25. Charles Slome, Susan Goldin
26. Dorothy Berlin, Bernyce Goodman
27. Harry Teitelbaum, Frances Lampert
28. Meyer Liberson, Barney Saperstein, Robin Gorsky Ackman, Michael Mayo, Nathan Hoskin
29. Robert Levy, Mary Goodman, Allan Morris, Robert William Ryder, Rose Lechner, Ida Hooz
30. (no member observances)

Need to recite Mourner's Kaddish? Please join our minyan online or in person on Tuesday, Fridays, and Saturdays. See schedule on page 3. A prayer to say a personal Kaddish without a minyan is also available on our website, or contact the office to receive it by mail or email.

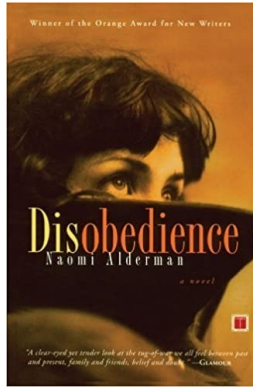
Yahrzeits

July Yahrzeits

1. Eli Levine, Ethel Shapiro, Mandel Shoer, Nathan Feldman
2. Lizzie Weiner, Raymond Katz, Philip Weinberg, Selma C. Nasberg, Benjamin Gegal, Gloria Turner
3. Minnie Gelman, Phillip Moldoff, Evelyn Paul, Anna Poyourow, Gretchen Hughes, Michael Anthony Smith
4. Beatrice Lisagor, Sam Fisher, Herman Windt, Ann Bradbard, Helen Meyrowitz, Max Winer, Leonard M. Marcus, Barbara Frank O'Leary, Marilyn Smith, Anja Legerstee, Lawrence Stern
5. Laurel Silverman, Gertrude Kaplan, Renee Silverman
6. Elizabeth Pinn, Evelyn Poster, Edward Shaines, Molly Singer, Susie Seidner, Philip Atkins, Michael Lechner, Frances Greene, Sadie Abramson
7. Adele Goodman Hoeflich, Ethel Gold
8. Rose Lang, Fay Briskin, Dora Vetstein, Dorothy Davis Gordon
9. Lionel Levitt, Fannie Green, Isaac Shamash, June Dinnerman, Leopold Kaplan, Michael Goodstein, Abraham Sigel
10. William Kline, Barney Levenson, Frieda Schertz, Clara Saperstein, Joel Cooperman
11. Maude Bierhans, Rabbi Byron T. Rubenstein, Phyllis Zimman, Ted Johnston
12. Fannie Zeidman, Benjamin Gurtman, Joseph Zall, Annie Klaiman, Lillian Shapiro Horwitz, Phyllis Kurshan
13. Anne Cutler, David Levy, Sadie Goldstein, Eva Gutin, Judee Weiner Lafargue Peters, Rochelle Lifson, Herman Blackman, Bessie Lisagor
14. Philip Cooper, Peter Alford, Mary Babson, Annie Feinberg, Kurt Isselbacher

2 Tammuz - 3 Av 5782

15. Vivian Rous, Mae Lillian Evans Ryder, Goldie Saunders, Thelma Fishman
16. Alvin Collier, Mary Tilton
17. Doris Chase, Lewis Meenes, Marsha Cohen, M. Eleanor Sava
18. Julie Davidson, Morris Lampert, Louis Tober, Ira Stone, Charles Pastor, Joyce Green, Barry Zimman, Dorothy Cline
19. Theodore Herzl, Jeremiah Berman, Leo Seligson, H. Goodman, Reuben Task
20. Sam Rosenfeld, Sidney Koach, Eugene Davis
21. Tomy Levingston, Annie Pearlman, Henry Miller, June Goodman, Dr. Martin Leimer, Harold Segal, Gladys G. Poucher, Robert Spratt, Lawrence Filler, Deborah Segil
22. Moses Goodman, Harry Bierhans, Leo Jacobs, Sidney Lane, Fred Zuckerman
23. Faina Shumskaya, Samuel Rosenfield, Leo Sussman
24. Pearl Robbins, Seymour Hirsch, Gussie Smokler, Harry Verner
25. Saul Slater, Ernest George Smith, Phyllis Cohen, Nancy Denenberg, Sumner Winebaum
26. Philip Rosenberg, Helen Levy, Joseph Durocher, Ruth Honig Zeff, Rose Greenblatt
27. Rubin Jaffe, Jacob Eli Stein
28. Mayer Alkon, Eddie Persin, Thelma Brumer, Myra Fine, Myrtle B. Masow
29. Bernard Goodman, Francis Bailey, Libby Bratter, David Eskin, William Zinderman
30. Sarah Sack, Ann Epstein, Barbara Tober
31. Rose Schwartz, William Bradbard, Morris Rosen, Loretta Moon



TIP Book Club pick for July (no June meeting)

***Disobedience*, by Naomi Alderman**

Please join us in the courtyard (or social hall, in inclement weather) at 11:00 am on Tuesday, July 19 2022, for a lively discussion!

Temple Israel Portsmouth

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Disobedience, by Naomi Alderman

From the author:

Disobedience is the story of Ronit, a 32-year-old rabbi's daughter from an Orthodox Jewish community in Hendon, northwest London. She left London years earlier, is now working in finance in Manhattan but the death of her father Rav Krushka brings her back home. And it's the story of Esti, Ronit's childhood friend, who stayed in Hendon even though the community consider her strange. And it's the story of Dovid, Esti's husband; he's heir presumptive to Rav Krushka, but doesn't seem to want the post.

The novel is about the meeting place between religion and modern life, between sexuality and spirituality, between our own desires and the demands of the communities we live in and the God we worship. It's about the importance of changing, and also about the things that we inevitably lose when we do. It is about the power of silence and the power of speech, and the quintessential human characteristic of disobedience.



Temple Israel

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Portsmouth, NH 03801

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Office hours: weekdays, 8:30 am - 3:30 pm



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