

# The Doorpost

Temple Israel  
Monthly Newsletter  
May 2022, Nisan - Sivan 5782

## From the Rabbi's Desk



## Upcoming Events

### ***The Gift of Shabbat***

"More than the Jews have kept Shabbat, Shabbat has kept the Jews." (Ahad Ha'am, Asher Ginsberg, poet, philosopher, 1856-1927)

The gift of Shabbat, the gift to pause and re-center ourselves amid the swirl of changing times and emergent needs has never been more needed than in our times. Shabbat provides us with an oasis of peace and connection amid a culture of 24/7 tweets, breaking news, and an inundation of political opinions. Shabbat refocuses our attention on the blessings in our lives, beginning with family and community.

Rabbi Shawn Zevit wrote in a blog post on May 27, 2019: *We know from B'reshit/Genesis 2:1, that Shabbat is the Day the "Generator of Creation" paused to re-ensoul and integrate all that had been created. Shabbat was dedicated to building a relationship with the Divine, and reconnecting and renewing our deepest selves after a week of laboring in the physical world. One of the greatest*

*Continued on page 2*



Celebrating Passover with the community, see p. 8

### **TIP Outdoor Cleanup, p. 13**

9:00 - 11:00 am, Sunday, 5/1

### **TIP Kitchen Orientation, p. 13**

10:30 am, Sunday, 5/1, Kitchen

### **Teen Meetup - Bowling! p. 6**

1:00 - 3:00 pm, Sunday, 5/1, Bowl-O-Rama

### **Recipe with a Memory, p. 9**

7:00 pm, Tuesday, 5/3, Social Hall

### **TIP Annual Meeting & Hot Dog Social, p. 4 & 13**

Monday, 5/9, Social Hall

5:30 pm Hot Dog Social, 6:00 pm, Business Meeting,

### **PJ Library: Zombie Shabbat, p. 3**

6:00 pm, Friday, 5/13, Online, Register for link

### **Board Orientation & Relational Judaism Workshop, p. 4**

9:00 am, Sunday, 5/15, Social Hall

### **Religious School Lag BaOmer Celebration, p. 6**

4:00 pm, Wednesday, 5/18, Offsite location

### **Hand Drumming for Beginners, p. 10**

6-week series starts Thursday, 5/19, 3:30 pm, Social Hall

### **Tot Shabbat with Rabba Kaya, p. 3 & p. 6**

5:00 pm, Friday, 5/20, Social Hall

### **Kabbalat Shabbat Happy Hour, p. 3 & p. 6**

5:45 pm, Friday, 5/20, Social Hall

### **TIP Book Club Discusses *The Last Green Valley*, p. 16**

12:00 pm, Thursday, 5/26, Social Hall

### **Bar Mitzvah of Joe Lieberman, p. 9**

10:00 am, Saturday, 5/28, Sanctuary

### **Temple Office and ELC are Closed**

Monday, 5/30

**Complete CLASS AND COMMITTEE MEETING schedule  
continues on page 15.**

# From Rabba Kaya's Desk



**Rabba Kaya  
Stern-Kaufman**

*Continued from page 1*

*benefits of Shabbat has always been family and community, whether in **tikkun hanefesh** (renewing of the soul/self) or **tikkun olam** (renewing/repairing of the world).*

*Even a portion of the 25 hours together, a meal, an*

*unplugging-- claiming some shabbat on Shabbat can aid our well-being and help us feel more connected to each other in gratitude, shared experience, mutual support and ongoing soul growth.*

This month I am excited to share a new Shabbat experience with all of you. On May 20, we will hold our musical and lively Tot Shabbat for families with young children from 5:00 - 5:40 pm. From 5:45 - 6:30 pm, our whole community is invited to join the young families in the Social Hall for a Kabbalat Shabbat Happy Hour. TIP will provide the spirits and community members are invited to bring a vegetarian or dairy potluck appetizer to share. For guidance on kashrut please see our new potluck policy that our ritual committee crafted with rabbinic guidance over the past two years. You can find it by logging into ShulCloud and selecting Member Resources, Kashrut Policy, or using the link <https://images.shulcloud.com/13606/uploads/Documents/MiscTIPDocuments/KashrutPolicyFINALDRAFTJuly19.2021.pdf>

At 6:30 pm, all are invited to an abbreviated Kabbalat Shabbat service in the Sanctuary.

Let us receive and embrace this sacred gift of Shabbat, a time to renew our hearts and spirits, as we come together in community.

With blessings for all,

Rabba Kaya

**Photos below: celebrating Passover with the ELC**



**Left: On Saturday, April 9, students and their families enjoyed a *havdalah* service, solved Passover-themed puzzles, and celebrated with ice cream!**

# Prayer

***Yachad Shabbat* continues!**

9:10 - 9:50 Yoga in the chapel on May 7, 14, 21, and June 4. No yoga May 28.



## Candle Lighting

May 6, 7:33 pm

May 13, 7:40 pm

May 20, 7:48pm

May 27, 7:54 pm

## Special Services

Friday, May 6, 6:30 pm, **Alternative Kabbalat Shabbat service.** This service will use the *Mishkan T'filah* siddur (prayerbook), which has more English, larger print, and more transliteration. The service will use familiar tunes.

Friday, May 20, 5:00 pm, **Tot Shabbat with Rabba Kaya.** A kid-friendly musical Shabbat experience led by Rabba Kaya in the Social Hall. Geared for children age 5 and under; all are welcome.

Friday, May 20, 5:45 pm, **Kabbalat Shabbat Happy Hour**; bring a potluck appetizer to share! (More details in Rabba Kaya's article, p. 2, and on p. 6.)

## Service Times

Tuesday 5:30 pm, ZOOM ONLY

Friday 6:30 pm

Saturday morning 10:00 am

*\* Zoom links to virtual services are in the weekly bulletin, with exceptions as noted.*

## Life Cycles

*Our community grieves with those suffering the loss of beloved family members.*

Condolences to **Marianne Forman**, on the passing of her husband, **David Forman**.

## “Zombie Shabbat” with PJ Library

**6:00 pm, Friday, 5/13, via Zoom**

Kindly register via the website calendar to receive the Zoom link to this special kid-friendly program.

Join us for a Community Shabbat with guest author Lisa Rose. We'll begin with some fun Shabbat songs and then Lisa will read her book *A Zombie Vacation*. We'll end with an awesome STEM activity to learn why things float in the Dead Sea!

Via Zoom

May 13, 2022

Time: 6:00 PM

## RSVP

Dinah Berch  
dinah.berch@jewishnh.org  
(603)627-7679



# President's Message



Dear Fellow Congregants,  
It's hard to believe that a year has passed since you honored me by electing me as your President. It has certainly been different from what I expected and much different from my previous experience as president of another

congregation about 35 years ago. During my previous stint as a congregation president, I was leading a young congregation that was in the midst of building its first building and hiring its first full-time rabbi. And if that wasn't enough to keep me busy, I was also working full-time, serving in the Naval Reserve, and raising a family with four young children. Looking back on it I'm not sure where I found the hours to do it all.

As different as this past year has been, one thing remains the same — working with people.

Although I am by no stretch of the imagination a Talmud scholar, I have studied enough to recognize that the way people behave and interact with each other has changed very little over time. Because of this, we can use the tenets that Dr. Ron Wolfson has presented in his seminal book *Relational Judaism: Using the Power of Relationships to Transform the Jewish Community*, which I mentioned a couple of months ago.

As we reviewed Dr. Wolfson's work, we realized that before the pandemic we, here at Temple Israel, had been practicing many of his suggestions. Unfortunately, these practices have fallen into disuse during the pandemic's period of physical

distancing. Your board of directors has agreed that we should work to resume these practices as well as implement some additional suggestions from Dr. Wolfson's book in order to reconnect all our members with one another. In May, your board of directors and committee chairs will be participating in a workshop led by Miriam Abrams-Stark, the USCJ Synagogue Consultant for the Northeast District, to work on further developing our plans to reinvigorate our old connections and establish new ones. We will be striving to ensure that each member feels connected to other members of our congregation.

As we take this journey together, I encourage you to stop and say hello to people whenever you are in our building. And if you see someone you don't recognize, introduce yourself. In this way we will each get to know more of our members and strengthen our Jewish community.

Robert Zimman

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**The Annual Meeting is Monday, May 9**

**5:30 pm, Hot Dog Supper in the Social Hall**

**6:00 pm, Business meeting (see Agenda on p. 13)**

**Slate of Candidates for open positions on the Board of Directors, with Term of Office**

**Officer nominees**

President-Elect: JARED NABEL, 2022-2023

VP Education: IAN KANER, 2022-2024

VP House: DOUG TILTON, 2022-2024

Financial Secretary: AMY BORNE, 2022-2024

**Director nominees**

DOV YELLIN, 2022-2025

MATT ALLEN, 2022-2025

# Ritual Committee

## Ritual Moments

By Fran Berman, VP Ritual

We all have rituals in our daily life. My daily rituals include health practices like brushing my teeth before bed, checking my email when I get up in the morning, and making sure I have my keys before I walk out the door. These acts, repeated day after day, provide a reassuring rhythm in my life. The repetition reduces the number of actual decisions I have to make and thereby helps me focus my energies.

Religious rituals can play a similar role in your life. Their orderly nature makes it easier to relax and takes away some of the stress of decision making. They also bring symbolic meaning to everyday actions. Religious rituals might include touching and kissing a mezuzah on your way in or out of your house, lighting and blessing candles on Friday night, and attending services on Shabbat.

Many years ago, we had a discussion at a Saturday morning service about how we each celebrate Shabbat (outside of attending services). I was intrigued to hear of the different ways people were keeping the Sabbath holy. At that time, I was lighting candles and reciting the blessings over wine and challah every Friday night. Although I don't keep a kosher home, I would always make a kosher-style meal on Friday night, with no mixing of meat and milk, etc. Whether I am alone or with friends and family, the Friday night rituals give me a sense of order and peace.

After the discussion at services, I decided to increase my rituals for Shabbat by limiting my use of technology and not checking or responding to email from Friday night to Saturday night. The

change was remarkable. Life became more peaceful, with fewer demands on my time and more opportunities to read, enjoy my surroundings, visit with friends, and just be.

During the lockdown in 2020, I added another weekly ritual when I started to bake my own challah in preparation for Shabbat. Measuring the flour, salt, and yeast, breaking the eggs, mixing and kneading the dough, and waiting for the dough to rise gave structure to this ritual. The final stage, blessing and eating the challah as I welcome Shabbat, is a very satisfying end to the ritual.



I hope you will try adding a new Shabbat ritual to your week, even if it is as simple as lighting candles on Friday night or eating a bit of challah. These rituals not only help us distinguish Shabbat from the rest of the week, they link us to generations of Jews, who kept Shabbat through good times and bad. Small actions sometimes have big impacts in our lives and the lives of those around us. I would love to hear about your experience if you do add a Shabbat ritual, so please send me an email or give a call.

# Hebrew School



**Erik Martin**  
Head of School

## Upcoming Events

### Teen Bowling Party

**1:00 - 3:00 pm, Sunday, 5/1,  
at Bowl-O-Rama, Portsmouth**

Is your teen looking for a fun Sunday afternoon activity? Meet up with other Jewish teens from around the Seacoast for an afternoon of pizza and

bowling! This event is FREE and open to all Jewish teens, ages 13 and up, plus seventh graders, so bring your friends!

Registration is required for this event, via the website calendar.



### Tot Shabbat & Happy Hour

**5:00 pm Friday, 5/20, Social Hall**

Join Rabba Kaya in the social hall for a Tot Shabbat with your preschoolers. Enjoy songs, games, and meet other young families! Stick around after the service for a Happy Hour potluck.



Bring your favorite appetizers to share; we'll provide the beer and wine. What's not to like?! Please register on our website calendar and let us know what appetizer you're planning.

*All food brought to the event must be vegetarian, dairy or pareve. Pareve (neutral) refers to foods that are neither meat nor dairy. This includes all fruits, vegetables, grains, eggs, and fish which have fins and scales. More potluck guidelines (see*

*Appendix 1 of the Kashrut Policy), are on ShulCloud under Member Resources.*

\*This event plan assumes Code Green for Rockingham County on the CDC County Risk Level guidelines. Questions? Please contact the temple office.

### Lag BaOmer Bonfire & Student Family Picnic

**4:00 pm, Wednesday, 5/18, Location & directions given with registration confirmation.**

Bonfires, archery, games, oh my!

Come join us as we celebrate Lag BaOmer. What the heck is that?

Well, it's complicated, but the short version is we get to light fires, shoot (nerf) arrows, play field

games, and have a picnic! Bring a picnic dinner for you and your family; we'll provide the rest. Can't wait to see you there!



## Congratulations

### Convocation Shabbat and Kiddush Luncheon

**10:00 am, Saturday, 5/21, Sanctuary**

Please join us as we celebrate our Hebrew School children's hard work this year at our Convocation Shabbat service. Our students will highlight all they have learned by leading the congregation in songs and prayer along with receiving special recognitions on the bimah. After the service, please stay and join us for Kiddush, graciously provided by the Hebrew School PTO.

# Early Learning Center



Shalom,

The Early Learning Center had a lot of fun while we learned about Pesach and the story of Moses from his birth to becoming the leader of his people and guiding their exodus from Egypt.

**Tammy Roberge**  
Director, ELC

We learned about pyramids and how they were made, and about

how the Israelite people worked as slaves to build them. Then the students created some pyramids of our own.

The ELC students learned about spring cleaning through the book *Sammy Spider's First Passover* which was written by Sylvia Rouss and illustrated by Katherine Janus Kahn. Then, we as a class did some of our own spring cleaning. In preparation for Pesach and our classroom seder, we found the *chametz* in our classrooms.

We were also grateful to PJ Library for sharing their Passover Walk posters, which were put up in the temple courtyard. On a beautifully warm and sunny day, we went out to read the story and learn more about the four questions for our classroom seder.

Rabba Kaya joined us to read our children's haggadah, with songs from Paul Zim. Rabba Kaya led the blessings for our seder and we all enjoyed singing *Dayenu* together to complete our seder meal.

Tammy and the ELC team (Elian, Laura, Steve, & Amy)

Email me, [preschool.director@templeisraelnh.org](mailto:preschool.director@templeisraelnh.org) or call 603-436-5301 Ext. 23.



**Photos, clockwise from top right: Enjoying the Passover Story Walk, classroom seder, and building pyramids.**



# Community Seder



More than a hundred members, guests, and visitors gathered in the Social Hall on April 15, the first night of Passover, for a joyful community celebration.

Many thanks to all those who attended, service leader **Rabba Kaya** with guest musicians **Lisa Lipkin** and **Jay Hitt**, and most especially to the crew of volunteers, ably led by coordinator **Cathi Cherry-Liston**, who made the dinner and supporting events possible. Thanks to the **Cultural Endowment Fund** for generous financial support.

Special appreciation to shopping coordinator **Jane LeSavoy**, who was assisted by **Shea Henderson**, **Joan Goldwyn**, and **Sandell Morse**. **Helen Hanan** organized the seating charts. **Margie Wachtel** and **Bob Bradbard** served as greeters. **Sandell Morse** arranged and donated the flowers. Cooks were: **Lessa Brill**,

the help of many: **Dan and Jeannie Hastie**, **Fran Berman**, **Heather Berube**, **Lessa Brill**, **Joyce Meenes**, **Sandell Morse**, and **Margie Wachtel**. Food was served by **Lessa Brill**, **Bert Freedman**, **Joyce Meenes**, **Auggie Collier**, **Carmen Duran** and **Sarah Brown**. Clean up done by: **Lessa Brill**, **Bert Freedman**, **Joyce Meenes**, **Auggie Collier**, and **Doug Tilton** (Doug gets the Last One Out award!). **Heather Tomlinson** handled registration and nametags.

**For the Seder Plate in a Box** preparation & delivery crew, thanks are due to: **Kerry Hansen**, **Jewel Davis**, **Jane LeSavoy**, and **David Cline**.



**Joan Goldwyn**, **Deborah Levine**, **David Cline**, and **Joyce Meenes** (David and Joyce peeled 150 eggs!). Food from caterer **Larry Levine's** in Peabody, MA was picked up by **Cathi Cherry-Liston** and **Janet Insolia**. Social Hall setup was accomplished with



Photographers **Cathi Cherry-Liston** and **Lessa Brill** kindly shared their photos.

# Bar Mitzvah / Yom HaZikaron



**The congregation is warmly invited to the  
Bar Mitzvah of Joe Lieberman  
Saturday, May 28, 2022**

My name is Joe Lieberman. I attend Portsmouth Middle School. I enjoy riding my bike, being a part of my school's chess club, and playing cards. Judaism is important to me because it connects me to my family and community.

## **Recipe with Memory**

**7:00 pm, Tuesday, May 3, Social Hall**

Please join NH *Shaliach* Ra'anan de Haas for this special program, founded in 2015 by a *Shlichah* in Minnesota. She wanted to find a way to bring *Yom HaZikaron* (Day of Remembrance) to her Jewish community.



This year we are going to be honoring Ronen Hayun, a fallen combat tank driver, by making homemade pizza. (There will not be a gluten-free option.)

This in-person event will follow these JFNH Covid protocols: Masks will be required when not eating or drinking, and social distancing will be in place. *This program is part of a series of statewide online and in-person events organized by the JFNH in partnership with synagogues around NH from April 27 to May 15 to celebrate Israel while remembering the many who perished for its founding and survival.*

**Please register via the JFNH event page linked on the TIP website calendar.** There will be a \$10 per person charge for this event to cover the cost of ingredients.

# Arts Review Team

By Deborah Levine, Arts Review Team Chair

The Arts Review Team would like to thank Lynda Simmons for adding titles and descriptions to the beautiful fabric art pieces that she designed, which are currently on display in the Social Hall and Shmooze. Congregants commented on how beautiful the Social Hall looked for the Seder. This was yet another way in which many volunteers brought inspiration and caring to our Passover celebration, including working together to prepare the ritual foods and dinner for the Community Seder, and Pesach baskets for homebound congregants.

More artwork will be added this month, including some work by Israeli artist Tarkas, on loan from Rich and Jane LeSavoy's collection, as well as photographs and additional paintings. Stay tuned for more activities and workshops planned for June, including a possible museum or gallery excursion and a drawing/collage class.

John Felice will be rejoining us for another six-week series of "Drumming for Beginners," from May 19 through the June 23. (Returning / experienced

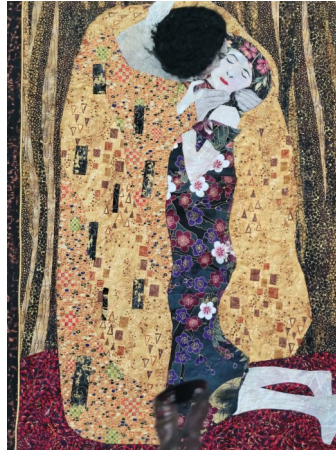


drummers also welcome.) Please register through the ShulCloud calendar or call the temple office. Get "in rhythm" for spring!

If you have ideas for a late summer exhibit, or would like to join the Arts Review Team and help organize exhibits, please contact

Deborah Levine via email, at

[Artsreview@templeisraelnh.org](mailto:Artsreview@templeisraelnh.org).



**Fabric Art by Lynda Simmons. Left: "Breathless," inspired by Gustav Klimt's painting, "The Kiss." Right: "Ancient Arches."**

## **Art in Bloom at the Museum of Fine Arts, Boston**

On Friday, April 29, 2022, "Art in Bloom" returns to the MFA's galleries for the first time since 2019 with interpretive floral arrangements of 50 artworks. You won't want to miss this!



# Israel Affairs Committee



Join JFNH for a statewide remembrance and celebration of Israel's National Holidays

## It's time to Celebrate Israel!

The days between Yom HaShoa (Holocaust Remembrance Day), Yom HaZikaron (Israeli Memorial Day) and Yom Ha'Atzmaut (Israeli Independence Day) are a time to recognize Israel while remembering the many that perished for its founding and survival. For more information and registration visit:

### Yom HaShoa Service



Zoom  
4/27

### Yom Ha'atzmaut Community Picnic



Goffstown  
5/15

### Zikaron BaSalon



Bow 4/28  
Bedford 5/02

### PJ Library - Zombie Shabbat



Zoom  
5/13

### Holocaust and Genocide: from Darkness to Light



Zoom  
5/1

### The Mossad Agent Who Rescued the Jews of Syria.



Zoom  
5/05

### Recipe with a Memory

Portsmouth Laconia  
5/03 5/04



This series has been organized by Jewish Federation of New Hampshire in partnership with Ra'anan de Haas, JFNH Shaliach, and community volunteers. Special thanks to the following program partners:



TEMPLE BETH JACOB  
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Congregation Ahavas Achim  
84 Hastings Avenue  
Keene, New Hampshire 03431



PJ  
Library

For more information:



Jewish Federation of New Hampshire | (603)627-7679 | <https://jewishnh.org/israel-connection/celebrate-israel>

# Donations

Received March 31, 2022 - April 26, 2022.

## CULTURAL ENDOWMENT FUND

Naomi Fishbein in memory of her brother-in-law, Jerome Fishbein. Bernice Richman in memory of her beloved mother, Rose Richman. Patty & Andy Diengott in memory of Morris Siegel and Frederick L. Diengott. Evelyn Dickson. Polly & Arnie Slavet in memory of Rabbi Senter. Michael & Glicka Kaplan. Fran Berman in honor of Ira Schwartz. Michael & Susan Golden in memory of Samuel & Mildred Golden and in memory of Herbert Greene. Doug Tilton in memory of Susan E. Goldin.

## DINNERMAN-ROTTENBERG EDUCATIONAL ENDOWMENT FUND

Marjorie Levy Beck in memory of her sister, Eleanor Levy Packer. Evelyn Dickson. Polly & Arnie Slavet in memory of Rabbi Senter. Barbara Fox in memory of her mother, Sarah Borwick. Jim & Elaine Dolph. Steven Goldberg in memory of Estelle Goldberg. Michael & Susan Golden in memory of Samuel & Mildred Golden and in memory of Herbert Greene. Doug Tilton in memory of Susan E. Goldin.

## DUES ABATEMENT FUND

Rabbi Haskell Bernat in loving memory of his mother, Gertrude F. Bernat, and in loving memory of his father, Solomon H. Bernat.

## HEBREW SCHOOL FUND

Gail Spaen in memory of her parents, Albert & Frances Spaen. Adina Linden in memory of her husband, Allen Linden. Noa Bourke. Gail Bradbard in memory of Norris Bendetson.

## In memory of Howard & Lolly Silverman:

Soltesz. Donald Gindlesperger & family. Grossberg Company. Norman & Marla Fienman. Selma Freedman.

## INSTITUTIONAL OPERATING ENDOWMENT FUND

Rich & Jane LeSavoy in memory of Sylvia LeSavoy. Arlene Brewster in memory of her parents, Herman and Ida Blank. Elizabeth Kolodney & Barbara Sutton. Barry & Minerva Feinberg. Robert & Marilyn Zimman. Phyllis Heilbronner. Bert & Deb Freedman. Evelyn Dickson. Laura Spelke in memory of Sherwood Spelke. Nancy Alexander. Polly & Arnie Slavet in memory of Rabbi Senter. The Sakelarios

Family in memory of Judith Kramer, beloved mother and grandmother. Fran Berman in honor of Ira Schwartz. Jim & Elaine Dolph. Michael & Susan Golden in memory of Samuel & Mildred Golden and in memory of Herbert Greene. Phil Ginsburg. Doug Tilton in memory of Susan E. Goldin.

## KIDDUSH FUND

Olivia Hibbel.

## LIBRARY FUND

B.R. Fein in memory of her mother, Tillie Fein. Carol Levy in memory of her sister, Eleanor Levy Packer.

## PRESCHOOL FUND

Robert Weisner in memory of his father, Max Weisner. Steve Sacks, in memory of his mother, Mona Sacks. Martin Israelit in honor of the *simchat bat* of Rose Harris Israelit.

## RABBI'S DISCRETIONARY FUND

Faye Goldberg & Jeff Miller with appreciation to Rabba Kaya for officiating at Ben Miller's bar mitzvah. Paula & Karl Singer in memory of Paula's father, Harold McCrensky. Betty Effron in memory of her father, Herman Slass. Martin Israelit in honor of the *simchat bat* of Rose Harris Israelit. Glen & Ann Glater in memory of Allen B. Linden.

## TIKKUN OLAM FUND

Cynthia Freedman & Marcia Blacker in memory of their father, Max Freedman, and grandfather, Barnet Freedman.

## TZEDAKAH FUND

Rita Benjamin in memory of her brother, Louis Emmer. Cathi Cherry-Liston in memory of Barbara Cherry, beloved mother and grandmother, and in memory of Ursula Cherry, beloved step-mother and grandmother. Jonathan & Wendy Linden in loving memory of Allen Linden. Bill & Ellen McQueeney. Kochava Munro. Myrna Promer in memory of her parents, Manny & Eva Weisner.

## AND MUCH APPRECIATION TO

Karen & Norton Newborn for their Passover donation. Sandell Morse for her donation of flowers for the Community Seder. Jewish Federation of NH for their support of the Hebrew School program and students. Hannaford Supermarket, Hampton, for their generous donation of Passover foods.

# Annual Meeting /Kiddush

## Annual Meeting

**Monday, May 9, 2022, Social Hall & via Zoom**

**5:30 pm Hot Dog Supper**

**6:00 pm Business Meeting**

### Agenda

Call to order: Robert Zimman, President

Invocation: Rabba Kaya Stern-Kaufman

Welcome & President's Report: Robert Zimman

Acceptance of 2021 Annual Meeting Minutes\*

Budget Presentation\*: Rich LeSavoy, Treasurer

Year in Review

Development Committee Report: Joanne Samuels,  
Chair

Endowment Committee Report: Ira Schwartz, Chair

Ritual Committee Report: Fran Berman, VP Ritual

Education Committee Report: Erik Martin, Head of  
School

House Committee Report: Robert Zimman

Presentation of Board of Directors Slate and Vote:

Amy Hyett, Past President

Announcements

Remembrance: Rabba Kaya

Good & Welfare

Adjourn

\* Supporting documents including last year's meeting minutes, this year's Annual Report, and 2022-2023 Budget Presentation are available for review on ShulCloud. Log into your member account and choose the tab under "Member Resources, Annual Meeting 2022." If you need help logging into your account, or would like to receive an emailed or mailed copy, please contact the temple office.

***Please see page 4 for the slate of Board of Director candidates.***

## Kiddush Returns!

***But we need your help.*** Please join us on Sunday, May 1, at 10:30 am for a quick orientation to Temple Israel's kosher kitchen. Learn where utensils and supplies are kept. We'll discuss choices for menus and shopping, and have time for Q&A. Familiarity with the temple kitchen opens the door to many fun and meaningful volunteer opportunities. There are no ongoing meetings or homework! Volunteer in the kitchen to mark a special event, birthday, anniversary, or to honor someone. You can do it as an individual, a family, or couple, as a Hebrew School class or as group of friends, etc. Let your inner gourmet shine!



For weekly kiddushes, food must be prepared in the temple kitchen before Shabbat. On Shabbat morning, volunteers put out the food and clean up afterward. Menus are simple and ingredients are provided by the temple.

### OUTDOOR SPRING

**CLEANUP** will also take place on Sunday, May 1, 9:00 am - 11:00 am. Bring your rake, gloves, and clippers to help beautify the grounds!



# Yahrzeits

## May Yahrzeits

1. Blume Lepoff, Dora Taube, Sadye Schwartz
2. Rose Esther Weinstein, Ruth Pindrus, Lenore Fineberg
3. Edward Segel, Sarah Bratter, Jay Schwartz, Samuel Lisagor, Sadie Goldstein Byer
4. Rev. Jacob Meyerson, Anna Siegel, Lillie Sorkin, Morris Siegel, Jules Philips, Louis Baumstein, Massie Winer, Lucille Silverman
5. Jeanette Kaufman, Lee Gunst, Bessie Kemler, Ruth Kram, Pamela McDonald
6. Pamela Shulman
7. Moses Haritonov, Ethel Pierce
8. Bessie Rosenbloom, Ida Cooper, Harry Singer, Ursula Gage, Lloyd Gage, James Dieterich, Grace Turner
9. Hyman Berlin, Jackson Pastor, Douglas Hamilton
10. Esther London, Sarah Fisher, Lillian Hirsch, Herbert Turner, Louis Weinstein, Andrea Jean Rudl, Rose Singer
11. Charles Zitomer
12. Morton Nannis, Tillie Spaen, Bernard A. Black, Nathan Balansky, Evelyn M. Miller, Michael S. Shine, Gregory Shaker
13. Ida Karpman, Nathan Neyer, Ida Fox, Eugene Barbehenn, Harriet Gorski, Murray Cowen
14. Rose Lisagor, Benjamin Karpman, Naomi Cowen
15. David Scheen, Miriam "Mickey" Allen, Rose Levy
16. Eva Weisner, Jean Mittelman, Betty Feffer, Mark Freedman, Fannie Belostock, Ruth Karol,

## 30 Nisan - 1 Sivan 5782

Ed Tober, Joseph Cohen

17. Samuel Small, Kenneth Fleisher, Charles Gorman, Louis Shamesman, Marc Rothstein, Milton Manin, Ruth Simmons
18. Doris Jacobs, Morris Coles, Sumner Berenson
19. Annette Task, Helen Naparsteck, Herman Fink, Dora Rosenfeld, Melvyn Feitelson, Louis Schwartz, Honey Shaines, Morris Isenstein
20. Arthur Schwartz
21. Abraham Selzer, Sam Linden, Leo Levy, Michelle Offenberger, Brenda Gibbs, Molly Cook
22. Ida Gersh, Manashe Polimar, Lilian White, Sydney Cantor, Walter Bailey, Shirley Cooper
23. Max Greenberg, Shirley Vaughn, Irvin Lavine, Harry Winebaum, Melba Meister, Robert Fisher, Leonard Berenson
24. Walter Mayer Sr., Benjamin Babson, Alexander Talis, Francis Horovitz
25. Samuel Klaye, David Tober, Donald Albion
26. Joseph Kernberg, Julius Applebaum, Anna Kessler Krasnoff
27. Dora Levine, Elbert Lafargue, Fannie Sharansky
28. Goldi Saitz, Irving Landes, Richard Nye, Jr.
29. Mildred Levy, Rose Steinberg, Marshall Derby, Beryle Grant, Russell Levenson
30. Mollie Fisher, Benjamin A. Weiner, Harry Portman
31. Gertrude Baer, Louis Pearlman, Sylvia Zack, Ryan Hennessey, Jeffrey Lehman

**Need to recite Mourner's Kaddish?** Please join our minyan online or in person on Tuesday, Fridays, and Saturdays. See schedule on page 3. A prayer to say a personal Kaddish without a minyan is also available on our website, or contact the office to receive it by mail or email.

# Community / Meetings

Continued from page 1

## Bereavement Support Group Forming

**Tuesdays, 12:00 - 1:15 pm; 8 sessions start May 17**

In this 75-minute weekly facilitated grief support group, participants will have space to recognize, allow, and process feelings and challenges related to losses they have experienced.

*Led by Allison Miller, PhD, a skilled clinician with over 20 years' experience helping clients face the most confusing, difficult and painful life moments, on a journey to finding joy, meaning, and purpose again. Please contact the temple office to register.*



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**John A Hall**

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Portsmouth, N.H. 03801

603 436 3377

1 800 550 3377

nwgranite@hotmail.com

Reminder: please log into your ShulCloud account to confirm meeting dates on the website calendar.

## CLASSES

### Mindful Grief Support Group

12:00 pm - 1:15 pm, 8 Tuesdays beginning 5/17

### Yiddish for Beginners

11:00 am - 12:30 pm, Wednesdays beginning 5/18

### Miller Introduction to Judaism Program

6:00 pm, Wednesdays, via Zoom, 5/4, 5/11, 5/25

### Senior Discussion Group

10:00 am, Thursdays via Zoom. *Our group is in its third year. We always learn from sharing our wisdom, insights, and discussing the challenges of healthy aging. Come join us. The more the merrier!*

### Hand Drumming for Beginners, p. 10

3:30 pm, Thursdays, May 19 - June 23, Social Hall

## COMMITTEE MEETINGS

### Marketing Committee

3:15 pm, Monday, 5/2

### Membership Committee

7:00 pm, Monday, 5/2

### House Committee

7:00 pm, Thursday, 5/5

### Executive Committee

7:30 pm, Wednesday, 5/11

### Board of Directors

7:00 pm, Tuesday, 5/17

### Israel Affairs Committee

5:00 pm, Thursday, 5/19

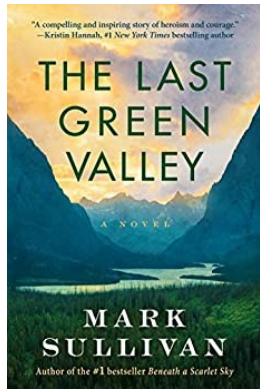
### Ritual Committee

7:00 pm, Tuesday, 5/24

### Education Committee

7:00 pm, Thursday, 5/26

Note: Committee meetings are being held via Zoom at this time unless otherwise noted.



### TIP Book Club pick for May

***The Last Green Valley*, by Mark Sullivan**

**Please join us in the social hall at 12:00 pm on Thursday,  
May 26, 2022, for a lively discussion!**

### Temple Israel Portsmouth

#### Board of Directors

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### Temple Israel

200 State Street

Portsmouth, NH 03801

603-436-5301

Office hours: weekdays, 8:30 am - 3:30 pm



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### A congregant's reflection on attending the April 11 Interfaith Prayer Circle:

After these past few years, spent in a bubble, I have ventured out. Last night I attended a wondrous event at Temple Israel. Once a month there is a gathering of people of many faiths from across the Seacoast, and beyond, who come together to share poems, songs, hopes and prayers. I experienced an outpouring of love and peace, something we can all use in these sad times.



Please join me next month. Together I feel we can make a difference in ourselves, our community and our world.

L'shalom,

Jenny Rosenson

***The next Interfaith Prayer Circle will meet at Green Acre  
Baha'i Center of Learning in Eliot, Maine, this month.***

***Watch the weekly bulletin for details.***