

Blessing For The Mitzvah Of Putting On A Mask

Baruch ata, Adonai Eloheinu,

Melech ha-olam,

asher kidshanu b'mitzvotav

v'tzivanu al shmirat hanefesh.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

מֶלֶךְ הָעוֹלָם

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו

וְצִוָּנוּ עַל שְׁמִירַת הַנֶּפֶשׁ

Blessed are You, Eternal our God,

Sovereign of the world,

who has sanctified us with commandments,

and commanded us to protect life.