

Maariv: Evening Service

"And God, being merciful, forgives sin and does not destroy, repeatedly restraining from anger, and avoiding indignation. O Lord, redeem us! O our Sovereign, answer us when we call"

Maariv: Evening Service

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BARHU: The call to worship

Reader: Praise the Lord, Source of all blessing.

Congregation and Reader

Praised be the Lord, Source of all blessing, forever.

MAARIV ARAVIM: Lord of night and day
Praised are You, Lord our God, Ruler of the universe,
Whose word brings on the dusk of evening.

Your wisdom opens the gates of dawn;
Your understanding regulates time and seasons.

The stars follow their appointed rounds,
In response to Your divine will.

You create day and night;
You alternate darkness and light.

You remove the day and bring on the night;
You separate one from the other.

We call You "Lord of heavenly hosts";
You are our living God

May You rule over us as You rule over nature;
Praised are You, O Lord, who brings the evening dusk.

U'-maha-lif et ha'-z'manim u'-m'sadeyr et ha-ko'havim
B'mish-m'r-o-teyhem ba-rakia kir-tzono.
Borey yom va-laila,
Goleyl ohr mipney ho-sheh v'ho-sheh mipney ohr.
U'-ma-avir yom u-meyvi laila,
U'-ma-vadil beyn yom u-veyn laila,
Adonai tz'va-ot sh'mo.
Ey! hai v'ka-yam tamid yimloḥ aleynu l'olam va-ed,
Baruh ata Adonai, ha-ma-ariv aravim.

Congregation and Reader:
Baruh Adonai ha-m'

Baruh ata Adonai, Eloheynu meleḥ ha-olam,
Asher bi-d'varo ma-ariv aravim,
B'ḥohma potey-ah sh'arim u-vitvuna m'shaneh itim,
U-maha-lif et ha-z'manim u-m'sadev et ha-kohavim
B'mish'mo torahos be-reish le-yamim.

Borey yom va-laila,
Goleyl ohr mipney ḥo-sheḥ v'ḥo-sheḥ mipney ohr.
U-ma-avir yom u-meyvi laila,
U-mavdil beyn yom u-veyn laila,
Adonai tz'va-ot sh'mo.
Eyl hai v'ka-yam tamid yimloḥ aleynu l'olam va-e
Baruh ata Adonai, ha-ma-ariv aravim.

EVENING SERVICE

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Ahavat Olam:

God's love expressed through Torah and Mitzvot

With everlasting love You have loved Your people, the House of Israel, teaching us the Torah and its Mitzvot, instructing us in its laws and judgments.

Therefore, O Lord our God, when we lie down and when we rise up we shall speak of Your commandments and rejoice in Your Torah and Mitzvot.

For they are our life and the length of our days; on them we will meditate day and night. May Your love never depart from us. Praised are You, O Lord, who loves Your people Israel.

אהבת עולם בית ישראַל עטָּק אֲהַבָּת
הָוֶרֶח וְמִזְוֹת חֲקִים וְמִשְׁפְּטִים אֲוֹתָנוּ לְמִדְתָּן.
עַל כֵּן יְיָ אֱלֹהֵינוּ בְּשִׁבְעָנוּ וּבְקִינָנוּ בְּשִׁיחָנָה בְּחַנְכָּה.
וְשִׁיחָה בְּדָבָר תָּרוּחָתָךְ בְּמִזְוֹתְךָ לְעוֹלָם בְּצָעָד.
כִּי הֵם חִינָּנוּ אֶאָרֶךְ יְמֵינוּ וּבְחַדְמֵנוּ בְּנִיהָ יְמִים וְלִילִים.
אֲהַבָּתָךְ אֶל קְסִיר מִלְּפָנָנוּ לְעוֹלָם.
ברוך אתה ייָ אֱלֹהֵב עַמּוּ יִשְׂרָאֵל:

Reflections on Ahavat Olam:

A Meditation in the House of Mourning

With everlasting love have You loved us, O God,
Revealing Yourself to us through Torah and Mitzvot.
Your love is also revealed through our dear ones,
Whose love has been a benediction in our lives.
For we have known the blessings of love and caring,
And death cannot take these gifts from us.
Your love, O God, is revealed as well
In our strength to carry on, to find our way again.
For while pain and suffering are real,
Your healing power is at work in our lives,
Enabling us to endure our sorrow;
To transform our pain, and to find courage to go on.
From the darkness of our grief, O Lord,
May rays of understanding shine forth,
That we may grow in wisdom,
And perform deeds of lovingkindness,
Nurturing our heritage of love and Torah
Which reveal Your presence anew in every age.

Ahavat olam beyt yisrael am-ha ahavta,
Torah u-mitzvot, hukim u-mish-patim otanu limadta.
Al keyn Adonai Eloheynu,
B'shoh-beynu u-v'ku-meynu nasi-ah b'hukkehah,
V'nismeh b'divrey torateha u-v'mitz-voteha l'olam va-ed.
Ki heym ha-yeynu v'oreh ya-meynu,
U-va-hem neh-geh yomam va-laila.
V'aha-vat-ha al tasir mimenu l'olamim,
Baruh ata Adonai, oheyy amo yisrael.

The Shema

Hear, O Israel: the Lord is our God, the Lord is One.

Praised be God's glorious sovereignty for ever and ever.

V'AHAVTA: You shall love the Lord

You shall love the Lord your God with all your heart, with all your soul, with all your might. You shall take to heart these words which I command you this day. You shall teach them diligently to your children, speaking of them when you are at home and when you are away, when you lie down at night and when you rise up in the morning. You shall bind them as a sign upon your arm, and they shall be a reminder above your eyes. You shall inscribe them on the doorposts of your homes and on your gates.

Deuteronomy 6:4-9

THE SHEMA: A call to witness

In the Torah scroll, the word "Sh'ma" is written with an enlarged final qayin (י); and the word "Ehad" with an enlarged final daled (ד). These two letters form the Hebrew word יְהָדָה (Yed) which means "witness."

Whenever we recite the Sh'ma, we are responding to the Divine call: Atem Eydai, you are My witnesses (Isaiah 43:10); and we are reminded of our vocation to be God's "witnesses"—in both our personal and collective lives.

V'AHAVTA: To love God

Whether a person really loves God can be determined by the love which that person bears toward others. (Levi Yitzḥak of Berdichev)

V'AHAVTA: Love leading to action

In Judaism, love of God is never a mere feeling; it belongs to the sphere of ethical action.

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EVENING SERVICE

The Shema

שָׁמָע יִשְׂרָאֵל יְהָוָה אֱלֹהֵינוּ יְהָוָה אֶחָד:
בְּרוּךְ שָׁם קָדוֹם מַלְכֵינוּ לְעוֹלָם יְהָוָה:

אָדָבָת אֶת יְהָוָה אֱלֹהֵינוּ בְּקָדְשֵׁנוּ
וּבְקָדְשֵׁמֶרֶךְ: הִנֵּה הַדָּבָרִים אֲחָלָה אֲשֶׁר אָגָבָי מִצְרָא
הַיּוֹם עַל-לְבָבֶךָ: וְשָׁנָנָם לְבָנֶךָ וְדָבָרֶךָ בְּםִשְׁבָּתָךְ
בְּבָנָמֶךָ וּבְקָדְשָׁךְ בְּדָרְךָ וּבְשָׁקְבָּךְ וּבְקָדְשָׁךְ: וְקָרְשָׁתָם
לְאָוֹת צְלִידָה הִנֵּה לְטֻמְפָת בֵּין צְנַיָּה: וּבְתָבָתָם עַל-

שְׁמָה יִשְׂרָאֵל וּבְשְׁעָרָיךָ:

Shema Yisrael, Adonai Eloheynu, Adonai Ehad.

[Baruch sheym k'vod mal-huto l'olam va-ed.]
V'ahavta eyt Adonai Eloheha
B'hol l'vevha, u-v'hol naf-sh'ha, u-v'hol m'odeha.
V'ha-yru ha-d'verim ha-eyleh
Asher anohi m'itza-v'ha ha-yom al l'veva-ha.
V'shi-nan-tam l've-a-neha v'dibarta bam
B'shiv-t'ha b'vey-teha u-v'leh-t'ha va-dereh,
U-v'shoḥ-b'ha u-v'ku-meha.

U-k'shar-tam l'ot al ya-deha,
V'ha-yu l'totafot beyn eyneha.
U-h'tav-tam al m'zuzot bey-teha u-vish-areha.

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MAARIV

KEEP THESE WORDS

If you will faithfully obey the commandments which I command you this day, to love the Lord your God and to serve the Lord with all your heart and all your soul, then I will favor your land with rain at the proper season, in autumn and in spring; and you will harvest your grain and wine and oil. I will give grass in the fields for your cattle. You will eat and be satisfied.

Take care not to be lured away to worship other gods. For then the wrath of the Lord will be directed against you: The heavens will close and there will be no rain; the earth will not yield its produce; and you will soon perish from the good land which the Lord gave you.

Therefore, keep these words of Mine in your heart and in your soul. Bind them as a sign upon your arm, and let them be a reminder above your eyes. Teach them to your children, speaking of them when you are at home and when you are away, when you lie down at night and when you rise up in the morning. Write them upon the doorposts of your homes and upon your gates. Thus your days and the days of your children will be multiplied on the land which the Lord promised to your ancestors for as long as the heavens remain over the earth.

Deuteronomy 11:13-21

It is not enough to serve God in anticipation of future reward. One must do right and avoid wrong because as a human being one is obliged to seek perfection.

Rejoice so greatly in performing a Mitzvah that you will desire no other reward than the opportunity to perform another Mitzvah!

(Nahman of Bratzlav)

Rav Aha said: God has made uncertain the reward of those who perform the commandments of the Torah so that we might perform them in fidelity.

(Talmud Yerushalmi, Peah)

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EVENING SERVICE

וְזַהֲאֵת אֶמְשָׁמָע תִּשְׁמַע אֶל-מִצְוֹת אֲשֶׁר אָגִבָּי מִצְחָה אֶתְכֶם
 לְיֻמָּה לְאֶהָדָה אֶת-יְהָוָה אֱלֹהֵיכֶם וְלַעֲבָרוּ בְּכָל-לְבָבְכֶם
 וְבָכָל-לְפָנֶיכֶם: וְנִתְחַנֵּן מִטְרָא צְבָבָם בְּעַתָּה יוֹמָה וּפְלָקָוֶשׁ
 אַסְפָּת דָּגָשׁ וּמִרְשָׁךְ וּזְהָרָה: וְנִתְחַנֵּן עַשְׁב בְּשָׂדֶךָ לְבָדָמָתָךְ
 אֲבָל תִּשְׁבַּע וְשִׁבְעָתָה: הַשְׁמָרוּ לְכֶם פָּרִיפָּתָה לְכָבְכֶם וְסָרָתָם
 צְבָדָתָם אֱלֹהִים אֲדֹהִים הַחֲשִׁיחָנִים לְהָמָם: וְזָהָרָה אֲפִידָה
 בְּקָם יִזְכָּר אֲתַדְשָׁמָנִים וְלְאַיְהָה קְשָׁר וְזָהָרָה לְאַתָּה
 אֲתַיְבָּוָה וְאֲבָדָתָם מִתְהָרָה מִעַל דָּאָרָץ הַטְבָּה אֲשֶׁר יְהָוָה
 נִתְחַנֵּן לְכֶם: וְשִׁמְמָתָם אֲתַדְכָּר אֶלְהָה עַל-לְבָבְכֶם וְעַל-לְפָנֶיכֶם:
 וְשִׁרְתָּם אָתָם לְאוֹת עַל-לְדִקְבָּרָם וְהָיוּ לְטוֹפָחָה בֵּין צִיעִינִיכֶם:
 וְלִמְדָתָם אָתָם אֲחַד בְּנֵיכֶם לְדִבֶּר בָּם בְּשִׁבְתָּה בְּבִתְחַנֵּן
 וְלִכְתָּחַב בְּרֹךְ וּבְשִׁבְבָּחַב וּבְקִומָתָה: וְכִתְבָּתָם עַל-מִזְבֵּחַ בִּיתְחַנֵּן
 וְבְשִׁירָה: לְמַעַן יְרָבָה יְמִינָם וּמִבְּנֵיכֶם עַל חָנָן אֲשֶׁר

נִשְׁבַּע יְהָוָה לְאַבְתֵּיכֶם לְתָחַת לְהָם כִּיּוֹם הַשְׁמָמִים עַל-דָּאָרָץ:
 The reward for a good deed is another good deed; and the penalty for a transgression is another transgression.
 (Pirkey Avot 4:2)

Do not be like servants who serve their master for the sake of receiving a reward; be rather like servants who devotedly serve their master with no thought of a reward; and may the awe of God be upon you.
 (Pirkey Avot 1:3)

The main purpose of the Mitzvot performed through physical action is to make us sensitive to those Mitzvot performed with the heart and mind, which are the pillars of the service of God.
 (Babylonian Talmud Yerushalmi, Peah)

If you think of reward, you think of yourself, not God.
 (Salanter)

MAARIV

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TO SEE, TO REMEMBER, AND TO OBSERVE!

The Lord said to Moses: "Speak to the Children of Israel, and bid them to make fringes in the corners of their garments throughout their generations, putting upon the fringe of each corner a thread of blue.

"When you look upon the fringe you will be reminded of all the commandments of the Lord and obey them. You will not be led astray by the inclination of your heart or by the attraction of your eyes.

"Thus will you be reminded to fulfill all My commandments and be consecrated to your God. I am the Lord your God who brought you out of the land of Egypt to be your God. "I, the Lord, am your God."

Numbers 15:37-41

וְאָמַר יְהֹוָה אֱלֹהֶשֶׁה לְאָמֵר: דָבָר אֱלֹהִבּוֹן: יִשְׂרָאֵל
וְאָמַר בְּנֵי אֶלְעָם בְּשָׁוֹן לְדָם צִיצָת עַל־כָּנָפִי בְּנֵי־
לְדָרְתָם בְּנֵנוּ עַל־צִיצָת הַכְּנָפָה פְּתִיל תְּבִלָת: יְהֹוָה
לְכָם לְצִיכָת וּלְאִים אֲחֹו וּבְרָם אֲתָכְלַמְצֹות יְהֹוָה
וּשְׁתָם אָתָם וְלֹא מְתָרוֹ אֲחֹר לְבִבְכָם אֲתָרִ עַינֵיכֶם
אֲשֶׁר־אָמַם זְנִים אַחֲרֵיכֶם: לְמַעַן חִזְכָרָה וְשִׁיחָם אָתָ
כְּלִמְצֹות וְתִינוּתָם קְדֵשָׁים לְאֲלֹהִיכֶם: אָנָי יְהֹוָה אֱלֹהִיכֶם
אֲשֶׁר דְּאָתָה אֶתְכֶם מְאֹרֶץ מִזְרָחִים לְהִזְתָּלֵךְ לְכָם
לְאָלֹהִים אָנָי יְהֹוָה אֱלֹהִיכֶם:

יְהֹוָה אֱלֹהִיכֶם אָמֵת: Reader

AN EXODUS FOR THOSE WHO MOURN

Our Sages debated whether the Biblical passage commanding the wearing of fringes (*Tzitzit*) should be recited in the evening service as it is in the morning service. Since the passage says, "When you look upon the fringes . . ." perhaps it ought not be recited at night, since in the dark we cannot "look upon them."

In the end, an ingenious interpretation of one of the words led to the decision that the passage should indeed be included in the evening service.

In the house of mourning it is reassuring to read this passage which concludes with a reminder that God brought our ancestors out of Egyptian bondage. In the dark night of suffering, God "saw" our people's affliction and "heard" their groaning. The Lord who liberated our ancestors from their burdens of pain and suffering is the God of love who can liberate us from our burdens of grief and sorrow.

In the dark night of bereavement, our faith in God can strengthen our hope that our mourners too shall experience an exodus from suffering, and move toward the promised land of healing.

EMET VE-EMUNAH: God our Redeemer

True and certain it is that there is One God,
And there is none like the Lord.

It is God who redeemed us from the might of tyrants,
And delivered us from slavery to freedom.

Great are the things that God has done;
God's wonders are without number.

God brought forth Israel from Egyptian bondage,
And has been our hope in every generation.

May You continue Your protecting care over Israel, O Lord,
And guard all Your children from disaster.

When the Children of Israel beheld Your might,
They gave thanks to You and praised Your name.

They accepted Your sovereignty willingly,
And sang in joyous thanksgiving.

Moses and the Children of Israel
Proclaimed in great exultation:

“Who is like You, O Lord, among the mighty?
Who is like You, glorious in holiness,
Revered in praises, doing wonders?”

When You rescued Israel at the Sea,
Your children beheld Your power.

“This is my God!” they exclaimed, and said:
“The Lord shall reign for ever and ever!”

As You delivered Israel from a mightier power,
So may You redeem all Your children from oppression.
Praised are You, O Lord,
Redeemer of Israel.

אָמֵת וְאֶמְנָה בְּלֹא אָח [בְּ]גִים עַלְיִינָה
כִּי דָהָא יְיָ אֱלֹהֵינוּ וְאַזְהָרָנוּ שְׁרָאֵל עַמּוֹ.
בְּפָנָנוּ מִידָּא מִלְבָדים מִלְבָדוּנוּ מִבְּחָר בְּלֹא צָרִים.
הָאָלָה תְּמָרָע לְנוּ מְאָרָנוּ תְּמָשָׁלָם מִמְּלָא לְכָל־אָבוֹי נְפִישָׁנוּ:
הָעֲשָׂה רְדָלוֹת עַד אַין חֲקָר וְנְפָלוֹת עַד אַין מִסְפָּר:
הַלְּשָׁם נְפִישָׁנוּ בְּחִים וְלֹא בְּתוֹת לְמִתְמָת רְגִלָּנוּ:
הַפְּרִיכָנוּ עַל בְּמוֹת אָוֹבָינוּ וַיַּרְם קְרִינָנוּ עַל בְּלִשְׁנָנוּ:
הָעֲשָׂה לְנוּ נְבָסִים וְנְקָמָה בְּפְרָעָה אָתָה וּמְפָתִים בְּאַרְמָה בְּנֵי דָם.

הַמְּפָכָה בְּצָבָרָתוּ כְּלִבְכּוֹרִים מִצְרָיִם
וְאַזְאָא אַת עַמּוּ שְׁרָאֵל מִתְהָבָט לְחַדּוֹת עַזְלָם:
הַמְּעַבֵּר בְּנֵי בֵין מִזְרָחִים מִסְרָאֵף
אַת רְדָפִתִים וְאַת שְׁוֹנָאִים בְּחַמּוֹת טְבָע.

*
וְמִלְכָתוּ בְּרַצְוֹן קְבָלָן עַלְיִים.
וְשְׁרָאֵל לְקָנָה שְׁרָה בְּשְׁמָרָה רְבָה וְאַמְרָה בְּלָם.
מִיְּמִיקָה בְּאַלְמָם יְיָ. מִי קְמִיכָה נְאָדָר בְּקָדְשָׁו.
נוֹרָא תְּהַלָּת. עֲשָׂה פְּלָא:

*
מְלִכְתָּחָר אָנָה בְּנֵי בְּקָעָם לְפִנֵּי מְשָׁה הָאָלָי עַנוּ וְאַמְרָנוּ.
מִלְכָתָחָר לְעַלְמָם וְשָׁדָם.

*
יְמִילָךְ לְעַלְמָם וְשָׁדָם.
יְמִילָךְ בְּאַלְמָם יְיָ. מִי קְמִיכָה נְאָדָר בְּקָדְשָׁו.
נוֹרָא תְּהַלָּת. עֲשָׂה פְּלָא:

*
Emet ve-emunah kol zot v'ka-yam aleynu,
Ki hu Adonai Eloheynu ve'eyn zulato, va-anahnu yisrael amo.
Mi hamoha ba-eylim Adonai, mi kamoha nedar ba-kodesh,
Nora t'hilot osey fe-leh ... Adonai yimloḥ l'olam va-ed.

MAARIV
EVENING SERVICE

HASHKIVENU: Help us to lie down in peace

Help us, O God, to lie down in peace;
And awaken us to life on the morrow.
May we always be guided by Your good counsel,
And thus find shelter in Your tent of peace.
Shield us, we pray, against our foes,
Against plague, destruction, and sorrow.
Strengthen us against the evil forces
Which abound on every side.
May we always sense Your care,
For You are our merciful Sovereign.
Guard us always and everywhere;
Bless us with life and peace.
Praise to You, O God of peace,
Who guards Your people Israel
Now and evermore.

HASHKIVENU

הַשְׁכִּיבָנוּ יְיָ אֶל-הַנָּנוּ לִשְׁלֹום בְּחַטָּמָנוּ מִלְבָנוּ לְחַיִם.
וְרֹשֵׁעַ צָלָנוּ סְכָת שְׁלֹמָךְ וְהַקְּנוּ בְּצָחָת טֻבָּה מִלְפָנֵיכְךָ
וְהַשְׁכִּינוּ לִמְעֵן שְׁמָךְ. הַגָּנוּ בְּצָדָנוּ וְהַסְּרֵךְ מִצְלָנוּ אֲזִינָבָן
בְּכָרְבָן הַתְּרֵבָן וְעַבְדָנוּ בְּנָנוּ הַדָּסָר שְׁפָנוּ מִלְפָנֵינוּ וְאַדְבָּרָנוּ
וְכָל כְּנַפְרֵךְ תְּמַקְתִּרְנוּ בַּיְּאָל שְׁוֹמְרָנוּ וְפָאִילָנוּ אֲדָחָה כִּי
אֵל מֶלֶךְ דָּנוּ וְרָחוֹם אֲדָחָה. *שְׁמוֹדָה צָאתָנוּ וּבְאָנוּ לְחַיִם

וְלִשְׁלֹום מִצְפָּה בְּצָדָךְ עַזְלָמָן:
בְּרִיךְ אָתָּה יְיָ שְׁזַבָּר עַמּוֹ יְשַׁרְךְ אָל קְצָדָךְ:

Reflections on “Hashkivenu”

(To be recited by friends of the mourners)

Help us, O God, to lie down in peace;
And awaken us with confident trust for tomorrow.
Strengthen those who are burdened with sorrow,
Grant them patience, courage, and strength.
Guide them, O Lord, with Your good counsel;
Direct them toward the path of serenity.
Shield them, we pray, from every enemy,
From fear, from anxiety, from despair.
Help them to feel protected and sheltered,
Sustained, even in grief, by Your compassion.
Guard them this night and every night;
Bless them with healing and hope.
Help them, O Lord, to lie down in peace;
Awaken them with confident trust for tomorrow.

Hash-kiveynu Adonai Eloheynu l'shalom,
V'ha-amideynu mal-keynu l'ha-yim.
U-fros aleynu sukat sh'lomeha,
V'tak-neynu b'eytzah tovah mi-l'faneha,
V'ho-shi-eynu l'ma-an sh'meha.
V'hageyn ba-adeynu, v'ha-seyr mey-aleynu
Oyevv, dever, v'herev, v'ra-av, v'yagon,
V'ha-seyr satan mi-l'fa-neynu u-mey-ah-reynu,
U-v'tizeyl k'nafeha tas-tireynu,
Ki Eyl shom-reynu u-matzil-leynu ata,
Ki Eyl melech hanun v'rachum ata.

U-sh'mor tzei-teynu uvo-eynu
L'ha-yim u-l'shalom
Mey-ata v'ad olam.
Baruh ata Adonai,
Shomeyr amo yisrael la-ad.

TO PRAISE THE LORD THROUGHOUT ALL GENERATIONS

Praised be the Lord forever. Amen! Amen! Praised be the Lord from Zion. Praised be the Lord whose Presence abides in Jerusalem and who performs great wonders. Praised forever be God's glory which fills the world. Amen! Amen!

May God's glory be praised forever; may the Lord's own creation bring forth Divine joy.

The Lord's people will not be abandoned, for the sake of God's great name; for it pleased the Lord to make you the Lord's own.

When the people saw the wondrous acts of the Lord, they prostrated themselves and exclaimed: The Lord is God. Truly, the Lord is God! The Lord shall reign over all the earth.

May Your kindness rest upon us, O Lord, even as our hope rests in You. O gather our dispersed from among the nations, that we may give thanks, and merit praise by praising You.

May all the nations, whom You have created, worship and glorify You. For You are great and perform wonders at all times. You alone are God. We are Your people and Your flock; we will praise You throughout all generations.

Biblical verses—selected from the Hebrew

WITH TRUST AND HOPE

Praised be the Lord by day,
And praised be the Lord by night.

Praised be God when we lie down,
And praised be God when we rise up.

"In God's keeping are the souls of all the living,
And the spirits of all human beings."

"Into Your hand I entrust my spirit;
You will surely redeem me, O Lord, God of truth."

Our God, reveal Your Oneness;
Establish Your sovereignty and rule over us forever.

May our eyes behold, our hearts rejoice,
And our souls be glad in Your true deliverance,
When it shall be said to Zion: Your God reigns.

The Lord reigns, the Lord has reigned,
"The Lord shall reign forever."

For sovereignty is Yours,
And forever will You reign in glory;
We have no Sovereign besides You.

Praised are You, O Lord and Sovereign,
Who will rule over us, and over all creation, forever.

ברוך יי לעוֹלָם אָמֵן אָמֵן: ברוך יי מִצְוָה שָׁבָן רַדְשָׁלִים. הַלְלוּיָה:
ברוך יי אֱלֹהִים אֶלְהָה יִשְׂרָאֵל עֲשָׂה נְפָלֹת לְבָרוֹךְ וּבָרוֹךְ שָׁם
כְּבוֹדו לְעוֹלָם וְיִפְּלָא כְּבוֹדו אֶת תְּקִלְתָּאָהָרָא. אָמֵן אָמֵן:
בְּרוֹךְ יי לְעוֹלָם יִשְׁמָךְ: בְּרוֹךְ יי שֵׁם יי מִכְּרָה
מְעַתָּה וְעַד-עוֹלָם: בְּרוֹךְ יי אַתְּעַמְּדוּ בְּעַבְרָה שְׁמוֹ תְּגָדָלָה.
בְּרוֹךְ יי קְבָרָה יִשְׁמָחָה: בְּרוֹךְ יי אַתְּמַשֵּׁב עַל-עַמָּךְ לְעַשְׂתָּה אַתְּכָם
בְּרוֹךְ יי אַתְּעַמְּדוּ בְּמִשְׁעָה כְּלַדְעָם וְיִפְלָלָה:
בְּרוֹךְ יי הָאָלֵהִים: בְּרוֹךְ יי הָאָלֵהִים: בְּרוֹךְ יי אָדָם וְשָׁמָן
עַל-פְּנֵיכֶם וְיִמְרָא. יי דָא חָאָלְהִים: בְּרוֹךְ יי דָא חָאָלְהִים:
לְמִלְאָךְ עַל-כְּלַדְתָּאָרָא. בְּרוֹךְ יי אָדָם וְשָׁמָן
אָדָם יִהְיַסְךְ יְעַלְנוּ אָבָשָׁר לְחָזְקָנוּ אָלְהִינָּה
שְׁנָנוּ. בְּרוֹךְ יְעַלְנוּ קְרִידָנוּ. בְּרוֹךְ לְשָׁם קְרִידָךְ
וְקְרִידָנוּ יְעַלְנוּ. בְּרוֹךְ בְּתָחֳלָתָךְ: בְּרוֹךְ יְעַלְנוּ אָשָׁר עַשְׁתִּית
לְהַשְׁתְּבָעָה בְּתָחֳלָתָךְ: בְּרוֹךְ יְעַלְנוּ אָשָׁר וְעַשְׂתִּית
לְפָנָךְ אָדָם יִכְבְּדָרָל אָדָם וְעַשְׂתִּית גַּדְעָון
אָתָה אֱלֹהִים יִכְבְּדָרָךְ: וְאַגְּדָנוּ עַפְקָר צָאן מִרְעִיתָה. נְגָדָה לְ
עוֹלָם לְרוֹר וְרַדְשָׁר תְּחִילָתָךְ:

ברוך יי ביום. ברוך יי בלילה. ברוך יי בשכוננו.

ברוך יי בקמננו: בְּרוֹךְ נְפָשׁוֹת הַדְּבָרִים הַתְּמִתְחִים. אָשָׁר
בְּרוֹךְ נְפָשׁ בְּלִיחִי וְרַחַם כְּלִיבָּשָׁר-אִישׁ: בְּרוֹךְ אָפְרִיךְ
רוֹתִי פְּרִימָה אָתָה יי אָל אַמְתָה: אֶלְהִינוּ שְׁבָשְׁמִים יְחִידָה:
שְׁמָךְ. בְּרוֹךְ מְלֻכָּה טְמִיד וְמְלֹךְ צְלִינָה לְעוֹלָם גַּדְעָון:

ברוך יי צְנַעַן וְשִׁמְחָה לְבָנוּ. וְתָגֵל נְפָשָׁנוּ בְּיִשְׁוּחָךְ אַמְתָה
בְּאָמָר לְאַזְוֹן מֶלֶךְ אֶלְהִיךְ: יי מֶלֶךְ. יי מֶלֶךְ
לְעַלְמָם וְעַד: בְּרוֹךְ מְלֻכָּה שְׁלָק הִיא וְלְצָוָעָם צְדָקָה
בְּכָבְדָה. בְּרוֹךְ אָתָה אֱלֹהִים: בְּרוֹךְ יְמִין צְלִינָה
כְּמַלְךְ בְּכְבוֹדו טְמִיד יְמִין צְלִינָה לְעוֹלָם בְּצָלָמָה:
בְּכָל-עַשׁוּשָׁה:

To remember with reverence

Let us be silent with our ancestors,
Remember with reverence their ancient prayer,
Pronounced for millennia, their words, their faith.

Gather the gleanings with thanks,
The marvelous gleanings,
Those we can share in truth to ourselves
And our sense, and our thinking.

Shine in the glow of their vision with gladness,
That we may build as their seed
Upon their soul's searching
Seeking for meaning in the mystery of life and of love.

Through justice, mercy, truth, and peace,
Through love of others, and through humility.

Our God and God of our ancestors

Why do we say both "Our God" and "God of our ancestors"? There are two kinds of people who believe in God. One believes by virtue of taking over the faith of parents; the other has arrived at faith through thinking and studying.

The advantage of one is that, no matter what arguments may be brought against it, this faith cannot be shaken; it is firm because it was taken over from one's parents. But there is one flaw in it: it is faith only in response to a human command, acquired without studying and thinking for ones self.

The advantage of the other is that, because God has been found through much thinking, the believer has arrived at a personal faith, independently. But here, too, there is a flaw: this faith can be shaken through refutation and unmasking not one's self.

But the person who unites both kinds of faith is invincible. And so we say "Our God" with reference to our personal studies, and "God of our ancestors" with an eye to tradition.

The same interpretation has been given to our saying, "God of Abraham, God of Isaac, and God of Jacob," rather than "God of Abraham, Isaac, and Jacob." For this indicates that Isaac and Jacob did not merely take over the tradition of Abraham; each of them personally searched for God.

Boal Show Tow (rotated by Meantime) (1971)

Reader's Hatzi Kaddish

କେତେଣ ହେଲାନ୍ତିର କାଳରେ କାହାର ନାମ
କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

Congregation and Reader:
לְאַשְׁמָה רְבָא מִבְּרֹךְ לְעוֹלָם וְלְעוֹלָמִי עַל מִזְבֵּחַ:

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କାହିଁ କାହିଁ କାହିଁ କାହିଁ କାହିଁ କାହିଁ କାହିଁ କାହିଁ କାହିଁ କାହିଁ

ପ୍ରକାଶନ ନିର୍ଦ୍ଦେଶ

The Maariy Amidah begins on page 16 or page 17

ՀԱՅԱՍՏԱՆ

Magnified and sanctified be the great name of God, in the world created according to the Divine will. May God's sovereignty soon be established, in our lifetime and that of

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Y'hey sh'mey rabah m'varah l'alam ul-almey alma-ya (yit-barah).
Congregation and Reader:

Hallowed and honored, extolled and exalted, adored and acclaimed be the name of the blessed Holy One, whose glory is above all the praises, hymns, and songs of adoration which human beings can utter. And let us say: Amen.

*From Rosh Hashanah to Yom Kippur, add a second שְׁנִי.

EVENING SERVICE

MARY

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The Maariv Amidah: Interpretive Opening Blessings

"O Lord, open my lips that my mouth may declare Your praise."

GOD OF ALL GENERATIONS

Praised are You, O Lord our God and God of our ancestors,
God of Abraham, God of Isaac, and God of Jacob,
God of Sarah, God of Rebeccah, God of Rachel, and God of Leah,
Great, mighty, and exalted One—
You bestow lovingkindness upon all Your children.
You remember the merits of our ancestors,
And lovingly offer redemption to their descendants,
In accordance with Your great name.

Between Rosh Hashanah and Yom Kippur add:

Remember us for life, O Sovereign who delights in life;
Inscribe us in the book of life, for Your sake, O God of life.

You are our Sovereign and Helper, our Savior and Protector.
Praised are You, O Lord, Shield of Abraham and Sustainer of Sarah.

SOURCE OF LIFE AND MASTER OF NATURE

Eternal is Your power, O Lord;
Your salvation embraces the living and the dead.

From Shemini Atzeret to Pesah add:

You cause the wind to blow and the rain to fall.

In lovingkindness You sustain the living,
Your mercies confer life upon the departed.
You uphold the falling, heal the sick, and free the captives;
You keep faith with Your children, even in death.
Who is like You, incomparable Lord of mighty deeds,
Ruler of life and death, Source of redemption?

Between Rosh Hashanah and Yom Kippur add:
Who is like You, compassionate God?
Mercifully You remember Your creatures for life.

Praised are You, O Lord, who grants to the departed eternal life.

ON THE INTERPRETIVE OPENING BLESSINGS
While preserving most of the imagery and language of the traditional
Amidah Opening Blessings, the "Interpretive Version" employs more
inclusive references to our Ancestors (both Patriarchs and Matriarchs),
while offering, as an alternative option, the Hebrew word "Geulah"
(Redemption), a term which lends itself to broad interpretation. (A.N.S.)

The Maariv Amidah

Interpretive Opening Blessings

אָדָם שְׁקָטִית פְּרִזְבַּת יְמִינֵךְ:

בָּרוּךְ אֱלֹהֶה יְיָ אֱלֹהֵינוּ אֱלֹהֵינוּ אֱבוֹתֵינוּ:
אֱלֹהֶה אֲבָרָהָם אֱלֹהֶה צְדָקָה אֱלֹהֶה יְעַקָּב.
אֱלֹהֶה שְׁרָה אֱלֹהֶה רַקְבָּה אֱלֹהֶה רַחֲלָה אֱלֹהֶה עַלְלוֹן.

וּכְלָה קְפָרִים מַוְבָּם וְקָנָה הַכָּל.

חוֹכָר חֲקָר אֲבוֹת

וְבָבָר אַנוֹל [אַנְחָה] לְבָנִים לְמַצֵּן שְׁמוֹ בָּאַהֲבָה:

Between Rosh Hashanah and Yom Kippur add:

יכּוֹנוּ לְחַיִם מַלְךָ דָּבָר בְּחִימָם.
וְכַתְבָנָנוּ בְּקַרְבָּן הַחַיִם. לְמַעַן אֲלֹהִים חַיִם:

שְׁלָק עֹזֶר וְמַלְשִׁיךְ וְמַגָּן.

בָּרוּךְ אֱלֹהֶה יְיָ מַגָּן אֲבָרָהָם עַזְוָר שְׁרָה:

From Shemini Atzeret to Pesah add:

מְשִׁיב הַרְחִין וּמְוֹרֵךְ הַשְׁמָן:

מְכֻלָּב חַיִם בְּחַסְדָּמָה כְּמִינִים בְּרַמְפָנִים רַקְבִּים.

סְמִיד נַפְלִים וּרְוֹפָא הַולִּים וּמַתְפִּיר אֲסָרָהִים

וּמְלִיכִים אַמְגַנּוֹן לְשִׁנְיָן עַפָּר.

מַיִּקְמָה קְבַעַל בְּבָרוּת וְתִי דָרְמָה לְקָ

מַלְכָה מַמְתִּיב וְמַלְמִיחָה יְשָׁכָה:

Between Rosh Hashanah and Yom Kippur add:

כִּי בְּמַזְוקָה אֲבָתָרָה צְרוּיוֹ לְחַיִם בְּרַמְפָנִים:

אֲנָכֶן אֱלֹהֶה לְהַדְבִּיר מַתִּים. בָּרוּךְ אֱלֹהֶה יְיָ מַגָּן הַתְּפִילִים:

Holy are You and hallowed is Your name, and holy ones
praise You daily. Praised are You, O Lord,* the holy God.

You graciously endow human beings with intelligence,
and You teach mortals understanding.

Special passage for the conclusion of Shabbat or a Festival:

You have favored us with the knowledge of Your Torah;
You have taught us to fulfill the Commandments. O Lord
our God, You have made a distinction between the holy
and the ordinary, between light and darkness, between the holy
people Israel and the heathens, between the seventh day
and the six weekdays. Avinu Malkeynu, may the coming
days begin for us in peace. May we be free from sin, clear
of wrongdoing, and drawn closer to You in reverence.

O grant us knowledge, understanding, and discernment.
Praised are You, O Lord, gracious giver of knowledge.

Bring us back O God, as would a loving parent, to Your
Torah. Draw us near, O our Sovereign, to Your service.
Lead us back to You in wholehearted repentance. Praised
are You, O Lord, who desires repentance.

Forgive us O God, as would a loving parent, for we have
sinned. Pardon us, O our Sovereign, for we have trans-
gressed. For You, our God, do indeed forgive and pardon.
Praised are You, O Lord, who abundantly pardons.

Behold our affliction and champion our cause. Redeem us
soon for Your sake, for You are a mighty Redeemer. Praised
are You, O Lord, Redeemer of Israel.

Heal us, O Lord, and we shall be healed; help us and we
shall be saved; for You are our glory. Grant complete healing
for all our afflictions, for You, O our Divine Ruler, are a
faithful and merciful healer. Praised are You, O Lord,
Healer of Your people Israel.

אָמֵן קָדוֹשׁ וְקָדוֹשִׁים בְּכָלִים יְהִי
סָלַח. בָּרוּךְ אָמֵן יְיָ הָאֶל הַקָּדוֹשָׁב:

אָמֵן דָּוִנְעָן? לְאָדָם הַצָּעָת אֲמָלָה?
לְאָנוֹשׁ בִּינָה.

Special passage for the conclusion of Shabbat or a Festival:

אָמֵן חַנְכָּנוּ לְפָרָעָה. וְאֶלְעָזֶר הַלְּעָשָׂת הָקִין זָנָנוּ.
וְאֶלְעָזֶר בֵּין קָרְשׁ לְחוֹל. בֵּין אֹור לְחַשָּׁךְ. בֵּין
וְתַּבְּרָא לְאַלְעָזֶר בֵּין קָרְשׁ לְחוֹל. בֵּין אֹור לְחַשָּׁךְ. בֵּין
שָׁן אֶל לְעַטְמָים. בֵּין יּוֹם הַשְׁבִּיעִי לְשָׁמֶן הַתְּבִעָה. אָבִינוּ
מֶלֶךְ. הַחַל עַלְעַל הַקְּדִים הַקָּדִים לְהָרָאנוּ לְשָׁלוֹם שְׁעוֹקִים
מֶלֶךְ. וְמֶלֶךְ קָדִים מֶלֶךְ. וְמֶלֶךְ קָדִים בְּגָתָה. (וְזֶה...)

דָּוִנְעָן מְאָמָן דְּעָה בְּגָתָה וְנִשְׁכָּל. בָּרוּךְ אָמֵן יְיָ דָוִנְעָן הַצָּעָת:

הַשִּׁיבָּנוּ אָבִינוּ לְהָרָא תְּהִלָּנוּ מֶלֶכָּנוּ לְעַבְדָּתָה
הַחֲדִירָנוּ בְּתַשְׁבוֹה שְׁלָמָה? לְפָנֵינוּ. בָּרוּךְ אָמֵן יְיָ הַצָּעָת
בְּתַשְׁבוֹהָ:

סְלָה לְנוּ אָבִינוּ כִּי הַטָּנוּ מְהֻלָּלָנוּ מֶלֶכָּנוּ בִּי פְּשָׁעָנוּ
בְּאֶדְעָנוּ בְּתַשְׁבוֹה שְׁלָמָה? לְפָנֵינוּ. בָּרוּךְ אָמֵן יְיָ דָוִנְעָן הַמְּבָרָה לְסִילָה:
כִּי מְהֻלָּל וּסְלָל אָמָה. בָּרוּךְ אָמֵן יְיָ וְאֶל יְשָׁרָאֵל:

הַאֲדִידָא בְּעַנְנָיו וּרְיבָה רַיְבָּנוּ וְאֶלְעָזֶר מְהֻרָה לְמַעַן שְׁמָךְ.
בְּיְנוֹאֵל תְּזִקָּא אָמָה. בָּרוּךְ אָמֵן יְיָ וְאֶל יְשָׁרָאֵל:

*From Rosh Hashanah to Yom Kippur conclude: the holy Sovereign.

*From Rosh Hashanah to Yom Kippur conclude: שְׁמָךְ הַקָּדוֹשָׁב.

Lord our God, bless this year for us, and grant all varieties of produce for our well-being.

From Pesah until December 4 say:

Send blessing to the whole earth.

From December 4 until Pesah say:

Send dew and rain to bless the whole earth.

Satisfy us in this year with the blessing of Your bounty. Praised are You, O Lord, who blesses the years.

Sound the great Shofar for our liberation. Lift up a banner to ingather our exiles, and bring our dispersed together from the four corners of the earth. Praised are You, O Lord, who gathers our exiles.

Restore our judges as in days of old, and our counsellors as in former times. Remove from us grief and sighing. May You alone reign over us, O Lord, in love and mercy, and vindicate us in judgment. Praised are You, O Lord, * our Sovereign, who loves righteousness and justice.

May slanderers find no hope, and may all wickedness perish swiftly. May all Your enemies be speedily cut down; may the arrogant be uprooted and crushed. May You overthrow and humble them soon, in our own day. Praised are You, O Lord, who crushes the enemies and subdues the arrogant.

ברוך צלינו יי' אלהינו את דשנה באת את כל מני תבואה.

תבואה לטוּבָה.

From Pesah until December 4 say:

וְתִבְרַכָּה עַל פֵּין תְּאַדְךָ.

From December 4 until Pesah say:

וְתִבְרַכָּה עַל פֵּין תְּאַדְךָ.

ושבענו מטוּבָה. ברוך שאננו בפניהם הטובות. ברוך זמינו ישר אל:

בָּרוּךְ אֱלֹהֶיךָ יי' מַלְךָ עַל שְׁמַךְךָ לְהַרְחָנוּ. וְשָׂא נִסְעָה לְקַבְּזָה לְלִזְמָנוֹ. זָמָר קְמָנוּ זָנוּ אֲגָדָה. וְמַלְאָךְ עַל גָּדוֹן אֲגָדָה. בָּרוּךְ אֱלֹהֶיךָ יי' מַלְךָ בְּחֻדְךָ וּבְרַחְמָם יְצַדְקָנוּ בְּמִשְׁפָט. בָּרוּךְ אֱלֹהֶיךָ יי' מַלְךָ אֶלְגָּדָה וּמִשְׁפָט:

דְּשִׁיבָה שׁוֹפְטָנוּ כְּבָר אֲשָׁוָה. וְיוֹצָאנוּ כְּבָבְחָלָה. זָמָר קְמָנוּ זָנוּ אֲגָדָה. וְמַלְאָךְ עַל גָּדוֹן אֲגָדָה. בָּרוּךְ אֱלֹהֶיךָ יי' מַלְךָ אֶלְגָּדָה וּמִשְׁפָט:

וְלִפְלָשִׁים אֶל תְּהִרְיָה תְּקֹהָ. וְכָל־דְּרַשָּׁה כְּגֹעַת האב. וְכָל־אוֹבֵד מִתְּהִרְיָה יְכַתּוּ. וְלִכְוֹתָה דְּרוֹן מִתְּהִרְיָה תְּעַקֵּר וְחַשְׁבָּר וְחַמְרָה וְתְּמִנְעֵי בְּמִתְּהִרְיָה בְּזִימָנוֹ. בָּרוּךְ

אֱלֹהֶיךָ יי' שָׁבָר אָזְבִּים וּמִכְנִיעִים:

*From Rosh Hashanah to Yom Kippur conclude: Sovereign of Judgment.

תְּבָרְךָ הַמָּלֵךְ תְּפַלֵּחַ

Lord our God, may Your compassion be stirred for the righteous, for the pious, for the leaders of Your people Israel, for our devoted scholars, for the true proselytes, and for us. Reward bountifully all who truly trust in You, and cast our lot among them. May we never be put to shame, for we trust in You.

Praised are You, O Lord, the support and trust of the righteous.

Praised are You, O Lord, the support and trust of the righteous.

With mercy, return Your Presence to Jerusalem, Your city; and abide within it, in accordance with Your ancient promise. Rebuild it, speedily, in our own day, and may it endure for all time. Some say: Renew within it the glory of David. Praised are You, O Lord, who rebuilds Jerusalem.

In Your mercy, cause the progeny of the House of Israel to flourish; and may Your people then be exalted and strengthened, as we recall Your promise of deliverance. For we await Your redemption at all times.

Praised are You, O Lord, Source of our redemption.

O Lord our God, hear our plea. Have pity upon us; and in Your great mercy, accept our prayer with loving favor. Compassionate God, who hearkens to prayer, do not send us away without considering our supplications. For You, our merciful Sovereign, hear the prayers of Your people, the House of Israel.

Fraised are You, O Lord, who hearkens to prayer.

କୁର୍ବା ଲେଖ ପଦ୍ମନାଭ କଣ୍ଠମାତ୍ର ହେଲା ଏବଂ କିମ୍ବା କିମ୍ବା
ପଦ୍ମନାଭ ଏବଂ କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

“ ਅਨੇਕ ਵਾਹਿਗੁਰੂ

[[[**କେଣ ତା ହେଲୁ ହେଲୁ ହେଲୁ**]]] ହେଲୁ ନିଯମ ଓ ରୂପ ପାଇଦୁଃଖ
ହେଲୁ ହେଲୁ

תְּמִימָנָה בְּנֵי בְּלֶבֶן תְּהִלָּתָה יְהוָה עַמּוֹת הַרְבָּנוֹת:

卷之三

Interpretive version:

ପ୍ରାଚୀନ କବିତା ମଧ୍ୟ ଦେଖିଲୁ ଯାଏଇବେ କିମ୍ବା କିମ୍ବା କିମ୍ବା

ଶକ୍ତି ଦେଖିଲୁ ପାରିବାରି ନାହିଁ । କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

ACCEPT OUR PRAYER AND BLESS ZION

Be gracious to Your people Israel, O Lord our God, and lovingly accept their prayers. May our worship ever be acceptable to You.

On Rosh Hodesh add:

Our God and God of our ancestors, we recall and invoke the remembrance of our ancestors, the piety of their prayers for Messianic deliverance, the glory of Jerusalem, Your holy city, and the destiny of the entire Household of Israel. As we seek Your love and mercy, we pray for deliverance and for life, for happiness and for peace, on this Rosh Hodesh.

Remember us, O Lord; bless us with all that is good. Recall Your promise of merciful redemption; spare us, have compassion upon us, and graciously save us. To You we lift our eyes in hope; for You, our Sovereign, are a gracious and merciful God.

May our eyes behold Your merciful return to Zion. Praise to You, O Lord, who restores the Divine Presence to Zion.

THANKSGIVING FOR DAILY MIRACLES

We thankfully acknowledge You, our God and God of our ancestors, Lord of eternity. You are the source of our strength, even as You have been Israel's protecting shield in every generation.

We thank You and proclaim Your praise for our lives which are in Your hand, for our souls which are in Your care, for Your miracles which are daily with us, and for Your wondrous kindness at all times—morning, noon, and night. Source of all goodness, Your mercies never fail. Source of compassion, Your kindnesses never cease. You are our abiding hope.

רְצָא יְיָ אֱלֹהֵינוּ בַּעֲמָךְ יִשְׁרָאֵל. וְתַפְלִימָם בְּאַבְבָה תַּכְבֶּל
בְּרוֹצָן. וְהַחַדְלֵת לְרוֹצָן תְּמִיד עֲבוֹדָה יִשְׁרָאֵל עַמָּךְ:

On Rosh Hodesh add:

אַלְכִינָה אֱלֹהֵינוּ אַבְבָוֹתֵינוּ. יְעַלְהָ נִבְאָ מִצְעָד. וְיִרְאָה מִרְאָה
[שְׁמָעָה. וְיִקְרַב תִּמְבָּרְכָנָנוּ וְפִיקְדָנָנוּ. וְיִכְרֹן אַבְבָוֹתֵינוּ]
מְשִׁיחָה בְּרוֹדָר עַבְדָדָה. וְיִכְרֹן יְרֻשָּׁלָם שִׁיר בְּרוֹדָשׂ. וְיִכְרֹן כָּל-
לְפָלִישָׁה לְטוֹבָה לְמִן וְלִפְנֵי. לְפָלִישָׁה לְטוֹבָה לְמִן וְלִפְנֵי
עַתְּה בֵּית שְׁאָל לְפָנֵן. לְפָלִישָׁה לְטוֹבָה לְמִן וְלִפְנֵי
לְפָנֵים וְלִשְׁלָמָם בַּיּוֹם רָאשׁ הַחֲדָשָׁה הַזָּהָה: נִכְרֹן יְיָ אֱלֹהֵינוּ בְּנוּ
לְטוֹבָה. וְפִיקְדָנָנוּ בְּנוּ לְבָרְכָה. וְהַזְּמִינָנוּ בְּן לְסִים. וּבְרוֹדָר
שְׁמָה וּבְרַקְמִים הוּם וְגַנְגָן וּבְרַקְמִים צְלָמָנוּ וְהַזְּמִינָנוּ. כִּי אֱלֹהֵינוּ
עַמְּנִיגּוֹן. כִּי אֱלֹהֵינוּ מְלָךְ תְּנוּנוֹ וְרַחוּם אַתָּה:

תְּהִזְמִין חִינְנָנוּ בְּשִׁבְעָה לְצִיוֹן בְּרַחְמִים. בָּרוּךְ אֱלֹהֵינוּ יְיָ
תְּפִחְזִיר שְׁכִינָה לְצִיוֹן:

מְרוּדִים אַגְּדָנוּ לְפָרָשָׁה הָאָה יְיָ אֱלֹהֵינוּ אֱלֹהֵינוּ אַבְבָוֹתֵינוּ
לְעוֹלָם וְעַד. צֹור חִינְנָנוּ קָדוֹם יְשֻׁעָנוּ אַתָּה דָּוֹר וְדָוֹר.
נוֹרָה לְךָ נְסִפָּר תְּהִלָּתָךְ עַל חִינְנָנוּ הַמְּסִלְוִים בְּנִידָךְ וְעַל
נִשְׁמֹוֹתֵינוּ הַפְּרוֹדוֹת לְךָ וְעַל בְּסִיךְוּתֵינוּ עַמְּנִיגּוֹן וְעַל
בְּפָלָאָתֵיךְ וְטוֹבָנוֹתֵיךְ שְׁבָכְלִיעָתָךְ עַרְבָּה וּבְקָרְבָּה זְנִידָרִים.
תְּהִזְמִין כִּי לְאַבְלָלָה רְתִמְמָה. וְתִמְרָחָם כִּי לְאַתְמָה תְּפִידִים.
מְעוֹלָם קִינְנוּ לְךָ:

On Hanukkah and Purim add Al Ha-Nisim, page 97.

On Hanukkah and Purim add Al Ha-Nisim, page 97.

For all Your blessings we shall praise and exalt You, O our Sovereign, forever.

Between Rosh Hashanah and Yom Kippur add:
Inscribe all the children of Your Covenant for a good life.

May all living creatures ever thank You and praise You in truth. O God, You are our deliverance and our help. Praised are You, benevolent Lord, to whom all praise is due.

BLESS US WITH PEACE

Grant lasting peace to Your people Israel, for You are the sovereign Lord of peace. May it please You to bless Your people Israel, in every season and at every hour, with Your peace.* Praised are You, O Lord, who blesses Your people Israel with peace.

A brief personal prayer may be recited here.

Continue with "Guard my tongue from evil" on the following page.

וְעַל־קָלִם יְהִי קָרֵךְ בְּיַד־רוּמֶם שְׁמַנְיָה מְלֻכָּנוּ תְּמִימִיתָן
לְעוֹלָם בְּשָׂרָה:

Between Rosh Hashanah and Yom Kippur add:
Inscribe all the children of Your Covenant for a good life.

וְכָל־חַדְּבִים יְזַדְּקָה סְלָה וְתִדְלָלוּ אֶת־שְׁמֵךְ בְּאַמְתָּה הַאֲלֵיהָ
שְׁעַתְּנוּ וְצָרְתָּנוּ סְלָה. בָּרוּךְ אֱתָה יְהָוָה יְהָוָה יְהָוָה לְהַדְרֹתָה:

שְׁלָום רְבָעֵל יְשָׁרָאֵל עַצְמָתְךָ יְשִׁים לְעוֹלָם. כִּי אָדוֹן
הָאָמֵל אָרוֹן לְקַלְּדָה שְׁלָום. טֹב בְּעִינְךָ לְבָרֵךְ אָדוֹן
עַמְךָ יְשָׁרָאֵל בְּכַלְעַת וּבְכַלְשָׁעַת בְּשְׁלָום*. בָּרוּךְ
אֱתָה יְהָוָה יְהָוָה בְּמִבְרָךְ אַתָּה יְשָׁרָאֵל בְּשָׁלָום:

A brief personal prayer may be recited here.

Continue with "Elohai Netzor" on the following page.

*Between Rosh Hashanah and Yom Kippur conclude thus:

In the book of life and blessing, peace and prosperity, may we and all Your people, the House of Israel, be inscribed for a good and peaceful life. Praised are You, O Lord, Source of peace.

בְּסֶפֶר חַדְּבִים בְּרַכָּה וְשְׁלָום וְפָרָנָה טוֹבָה. נִכְבֵּר וְנִתְחַבֵּב
לְפִנֵּיכֶם. אָנֹחָנוּ וְכָל־עַמָּךְ בֵּית יְשָׁרָאֵל. לְחַדְּבִים טוֹבִים וְלְשָׁלָום.
בָּרוּךְ אָתָּה יְהָוָה הַשְׁלָלָתָן:

GUARD MY TONGUE FROM EVIL

O Lord,
 Guard my tongue from evil and my lips from speaking guile;
 And to those who slander me, let me give no heed.
 May my soul be humble and forgiving to all.
 Open my heart, O Lord, to Your sacred Law,
 That Your statutes I may know and all Your truths pursue.
 Frustrate the designs of those who seek to do me ill;
 Speedily defeat their aims and thwart their purposes—
 For the sake of Your glory and Your power,
 For the sake of Your holiness and Law.

That Your loved ones may be delivered, O Lord,
 Answer me and save with Your redeeming power.

“May the words of my mouth and the meditation of my heart
 Be acceptable to You, O Lord, my Rock and my Redeemer.”

O Source of peace and harmony in the universe,
 Grant peace to us and to the household of Israel.

Amen.

Adapted from the Hebrew by Morris Silverman

אָלֹהֶן נְצֹר לְשׁוֹנֵן מַרְעָא וְשִׁפְתִּחִי מַדְבֵּר מַרְקִחָה.
 לְמַקְלֵלִי בְּשִׁיחַ תְּדוּם וְנְפַשֵּׁי בְּצָפָר לְכָל תְּרִיהָ:
 פְּתַח לְבִי בְּחֹרְתָּךְ וּבְמַזְוִיתָךְ תְּרַדוּךְ נְפַשִּׁי.

וְכָל הַחוֹשְׁבִּים צָלִיל רְעוֹה.

סְהָרָה תְּפַעַל עֲצָתָם וְגַלְגָּל מַחְשְׁבָתָם:

צָשָׁה לְמַעַן שְׂמִיכָה לְמַעַן יְמִינָה
 לְמַעַן תְּרִחָה לְמַעַן קְדֻשָּׁה לְמַעַן עֲנָנוֹת:
 לְמַעַן תְּדִידָה הַשִּׁיעָה יְמִינָה וְעֲנָנוֹת:
 לְמַעַן תְּרוּנוֹ אַכְרִיפָה וְתְּרוּנוֹ לְבִי תְּפִנָּה.

יְצֹרֵר וְאַלְלֵי:
 עַשְׂרָה שְׁלוֹם בְּמַרְמִיו הָוָא נְעַשָּׂה שְׁלוֹם
 עַלְלֵינוּ עַל בְּלִישָׁרָל. אַמְרָו אַמְנָו:

“THE MEDITATIONS OF OUR HEARTS”

The meditations of our hearts are not always “acceptable”
 To You, O God, or even to ourselves.

Sometimes our thoughts are bitter with anger,

and sometimes they are sour with remorse.

Sometimes they are dark with doubt,

and sometimes they are heavy with despair.

We acknowledge that we are creatures of many moods;
 and that when we face the loss of a loved one,

our emotions may reflect our inner turmoil and deep distress.

Help us to cope with our feelings, with honesty and with patience.

Help us to ponder the immediate in the perspective of the eternal.

In our days of pain and anguish,
 in our nights of tearful sorrow,

give us faith, O God, to trust in Your healing power.

Help us to draw strength from the assurance
 that Your lovingkindness has not departed from us;

that we will yet know again the blessings of serenity and peace.

Yi-h'yu l'ratzon imrey fi, v'hegyon libi l'fa-neha,
 Adonai tzuri v'go-ali.

Oseh shalom hi-m'romav, hu ya-aseh shalom
 Aleynu v'al kol yisrael, v'imru Amen.

Magnified and sanctified be the great name of God, in the world created according to the Divine will. May God's sovereignty soon be established, in our lifetime and that of the entire House of Israel. And let us say: Amen.

Congregation and Reader:

May God's great name be praised to all eternity

Badaoni

Hallowed and honored, extolled and exalted, adored and acclaimed be the name of the blessed Holy One, whose glory is above all the praises, hymns, and songs of adoration which human beings can utter. And let us say: Amen.

Moumons amit the full

May the prayers and pleas of the whole House of Israel be accepted by the universal Parent of us all. And let us say: Amen.

May God grant abundant peace and life to us and to all Israel.

May God, who ordains harmony in the universe, grant peace
to us and to all Israel.

A NOTE BEFORE READING

Aleinu is one of the oldest Jewish prayers, and one of the most majestic. It acclaims God as Creator of the universe, to whom our praise is due, and gratefully acknowledges the unique legacy of the Jewish people.

The second section of the Aleinu hopefully anticipates the day when a united humanity will acknowledge God, in a perfected world.

Most scholars attribute this prayer to Rav, a third-century Babylonian Talmudist. He is said to have introduced it into the liturgy of the High Holy Days, as a prelude to the Malhuyot (Divine Sovereignty) section of the Rosh Hashanah Musaf. (Some say it was composed even earlier.)

Since the early fourteenth century, Aleinu has been recited at the conclusion of every formal worship service, throughout the year.

During the Middle Ages, Aleinu became the prayer of Jewish martyrs. By that time, it had come to be regarded by devout Jews as a ringing "declaration of faith"; and it has remained so for untold generations.

ଲେଖ-ପାତ୍ରଙ୍କ ହିନ୍ଦୁଙ୍କ ହିନ୍ଦୁଙ୍କ ହିନ୍ଦୁଙ୍କ ହିନ୍ଦୁଙ୍କ

Congregation and Reader:
הָא שְׁמַחַת בָּא מִבְּרֵךְ לְעַלְםָן וְלְעַלְמָנִי עַל מִלְמָנִין:

ଶ୍ରୀମତୀ ପାଦମଣିଙ୍କଣେନା ହେଲା ହେଲା
ପଦମଣିଙ୍କଣେନା ହେଲା ହେଲା

**וְלֹא תִּשְׁחַט אֶת כָּל־
בָּנָה אֲשֶׁר־בָּנָה יְהוָה
בְּבֵית יְהוָה בְּבָנָיו וְבָנָי
בְּבָנָי אֲשֶׁר־בָּנָה יְהוָה
בְּבֵית יְהוָה בְּבָנָיו וְבָנָי**

(Between Pesah and Shavuot the Omer is counted. See page 85.)

(For Hanukkah candle lighting see page 94.)

Hardalach (conclusion of Shabbat on Festivals) = 22

*From Rosh Hashanah to Yom Kippur, add a second **בָּשָׂר**.

Let us now praise the Lord of all;
 Let us acclaim the Author of Creation,
 Who made us unlike the pagans who surrounded us,
 Unlike the heathens of the ancient world,
 Who made our heritage different from theirs,
 And assigned to us a unique destiny.
 We bend the knee and reverently bow
 Before the supreme Sovereign,
 The Holy One, who is to be praised,
 Who spread forth the heavens and established the earth,
 And whose glorious presence can be found everywhere.
 The Lord is our God; there is no other.
 Truly, our sovereign Lord is incomparable.

As it is written in the Torah:
 “This day accept, with mind and heart,
 That God is the Lord of heaven and earth;
 There is no other.”

(Alenu continues on following page)

Among the themes which find majestic expression in the Alenu are thanksgiving for the unique religious heritage of the Jewish People, and confident hope for a world transformed, under the sovereignty of our Creator. When the realities of the world (or of our lives) discourage or distress us, the Alenu reminds us of our Vocation, calls upon us to reaffirm our Faith, and redirects our troubled thoughts toward a future of renewed hope. (Reflections on Alenu, Ben Saul)

SHEHU NOTEH SHAMAYIM

Sheh-hu noteh shama-yim v'yoseyd aretz,
 U-mo-shav y'karo ba-shama-yim mi-maal,
 U-sh'hinat uzo b'gov-hey m'romim.
 Hu Eloheynu eyn od,
 Emet mal-keynu efes zu-lato, ka-katuv b'torato,
 Vyada-ta ha-yom va-ha-shey-vota el l'va-veh'a
 Ki Adonai hu ha-Elohim
 Ba-shama-yim mi-maal v'al ha-aretz mi-tahat, eyn od.

עַלְנוּ לְשִׁבְחָת לְאָדוֹן הַבָּל
 לְתָהֵת גָּדְלָה לְיוֹצֵר בָּרֶאשִׁית.
 שְׁלָא שְׁנָנוּ כּוֹנִי הָאָרֶץ
 וְאָשְׁרָנוּ בְּמִשְׁפָחוֹת הָאָדָם.
 שְׁלָא שְׁמָם דְּלִקְנוּ בְּדָם
 וְנָלְנוּ בְּכָל-הָמָגָן:

אָמַנָּנוּ בְּרוּצִים וּמְשֻׁתְּפִים וּמוֹרְדִים
 לְפָנֵי מֶלֶךְ מְלָכִים הַמְּלָכִים
 כְּרוּשָׁה בְּרוּךְ הוּא.
 שְׁהָא נָטוֹתָה שְׁמִים וַיְסַד אָרֶץ מוֹשֵׁב יִקְרָא בְּשִׁמְים מְפַעַל
 וְשְׁכִינָה צָוָה בְּגָבְנָה מְרוֹמִים: הוּא אֲלֹהֵינוּ אֵין עוֹד. אֱמָת מְלָכָנוּ
 וְאֱפָס זֶלֶחָנוּ. בְּכָתוֹב בְּתֹרוֹחַ. וְנֶעֱטָה הַיּוֹם וְהַשְׁבָּת אֶל-לְבָבָנוּ
 כִּי הוּא הַאֱלֹהִים בְּשִׁמְים מְפַעַל וְעַל-הָאָרֶץ בְּמִתְּחָת. אֵין עוֹד:

In the Alenu, we reverently acclaim God as Creator of the universe; we affirm the distinctive character of our People and our Faith; and we pray, with hope, for the salvation of all God's children, looking beyond the idolatries which still abound. Alenu is thus a quintessential Jewish prayer: for here the voices of the “universal” and the “particular” are joined, in a chorus of faith and hope.

Aleynu l'sha-bey-ah la-adon ha-kol,
 La-teyt g'dula l'yoetzeyr b'reyshit.
 Sheh-lo asanu k'go-ey ha-aratzot,
 V'lo samanu k'mish-p'hot ha-adama.
 Sheh-lo sam hei-keynu ka-hem,
 V'gora-leynu k'hol hamonam.
 Va-andahu kor-im u-mishta-havim u-modim,
 Lifney meleḥ malhey ha-m'lahim,
 Ha-kadosh baruh hu.

WE THEREFORE HOPE . . .

- I We therefore hope in You, O Lord our God, that we may soon behold the glory of Your might, when You will remove the abominations from the earth and when all idolatry will be abolished. We hope for the day when the world will be perfected under the "Kingdom of the Almighty," and all humanity will call upon Your name; when You will turn unto Yourself all the wicked of the earth. May all the inhabitants of the world perceive and know that unto You every knee must bend, every tongue vow loyalty. Before You, O Lord our God, may they bow in worship, giving honor unto Your glorious name. May they all accept the yoke of Your kingdom; and may You rule over them speedily and furthermore. For the kingdom is Yours and to all eternity You will reign in glory. As it is written in Your Torah: The Lord shall reign for ever and ever. And it has been foretold: The Lord shall be Sovereign over all the earth; on that day the Lord shall be One and God's name One.
- Morris Silverman (adapted)

BECAUSE WE BELIEVE IN YOU

- II Because we believe in You, O God,
We hope for the day when Your majesty will prevail,
When all false gods will be removed,
And all idolatry will be abolished;
When the world will be made a "Kingdom of God,"
When all humanity will invoke Your name,
And the wicked will be turned to You.
May all the living fervently acknowledge
That to You every knee must bend,
Every tongue vow loyalty.
Before You may all bow in reverence,
Proclaiming Your glory, accepting Your sovereignty.
May Your reign come soon and last forever;
For sovereignty is Yours alone, now and evermore.
So is it written in Your Torah:
"The Lord shall reign for ever and ever."
The prophet too, proclaimed this promise:
"The Lord shall reign over all the earth;
On that day the Lord shall be One and God's name One."

עַל־תְּבִנָה בְּנֵי לֹךְ יְיָ אֱלֹהֵינוּ לְרֹא תְּמִרְהָה בְּתִפְאָרָה צַדְקָה.
לְהַצְבֵּר גַּלְגָּלִים מִרְדָּאָרָץ הַאֲלִילִים כְּרוֹת יְגִרְתָּוּן. לְתִמְךָ
עוֹלָם בְּמַלְכָות שְׁדִי. וְכָל־בְּנֵי בְּשָׂר יְקָרָא בְּשֶׁמֶךָ לְהַפְנֵנָה אַלְיכָ
כְּלֶד־שְׁעִיר אָז: יְכֹרוּ וַיַּדְעֻן כְּלִיוֹשְׁבֵי תְּבָל. בַּי לֹךְ תְּכַרְעָ
כְּלִבְרָךְ תְּשַׁבְעָ כְּלִשְׁוֹן: לְפִנֵּינָךְ יְאֱלֹהֵינוּ יְגַעַן יְנִיפּוֹלָן.
לְכָל־בְּרָךְ שְׁמָךְ יְקָרָה יְתִבְנָה. וְיַקְבְּלוּן כָּל מַלְכָות וְתְּמִרְהָה. וְתְּמִלְאָה
עַל־יְהָמָם מִתְּרִיחָה לְעוֹלָם נְצָדָה: כִּי הַמְּלִכּוֹת שְׁלָחָה דָּיא. וְלְעַזְלָמִי
עַד תְּמִלְךָ בְּקָבְבוֹד: בְּחַזְקָה תְּמִלְךָ. יְיָ יְמִלְךָ לְעוֹלָם נְצָדָה:
וְאַמְרָה. וְהַנָּהָה יְיָ יְמִלְךָ עַל־כָּל־אָרֶץ.

*
בְּיֹום הַהָא. וְהַנָּהָה יְיָ אָחָד וְשָׁמוֹ אָחָד:
בְּיֹום הַהָא. וְהַנָּהָה יְיָ אָחָד וְשָׁמוֹ אָחָד:

A PROPHETIC VISION OF THE FUTURE (Isaiah 2:2-4)

It shall come to pass in the latter days
that the mountain of the House of the Lord
shall be established as the highest of the mountains,
and shall be raised above the hills;
and all the nations shall flow to it.
And many peoples shall come and say:
"Come, let us go up to the mountain of the Lord,
to the House of the God of Jacob,
so that we may be taught God's ways,
and walk in God's paths."
For out of Zion shall go forth Torah,
and the word of the Lord from Jerusalem.
The Lord shall judge between the nations,
and shall decide for many peoples.
And they shall beat their swords into plowshares
and their spears into pruning hooks.
Nation shall not lift up sword against nation,
neither shall they learn war any more.
*V'ne-emar, v'ha-ya Adonai l'meleh al kol ha-aretz,
Ba-yom ha-hu yi'h'yeh Adonai ehad u-sh'mo ehad.*

Mourner's Kaddish

Magnified and sanctified be the great name of God, in the world created according to the Divine will. May God's sovereignty soon be established, in our lifetime and that of the entire House of Israel. And let us say: Amen.

Congregation and mourners:

May God's great name be praised to all eternity.

Hallowed and honored, extolled and exalted, adored and acclaimed be the name of the blessed Holy One, whose glory is above all the praises, hymns, and songs of adoration which human beings can utter. And let us say: Amen.

May God grant abundant peace and life to us and to all Israel. And let us say: Amen.

May God, who ordains harmony in the universe, grant peace to us and to all Israel. And let us say: Amen

An additional Psalm may be selected from pages 70-77.

A favorite quotation or poem may be recited here.

Psalms for the Penitential Season, page 90.

(Closing Prayers page 81)

କାଳିମାନ୍ଦିର ପାଇଁ ଏହାର ପାଇଁ କାଳିମାନ୍ଦିର ପାଇଁ
କାଳିମାନ୍ଦିର ପାଇଁ ଏହାର ପାଇଁ କାଳିମାନ୍ଦିର ପାଇଁ

Congregation and mourners:
לְאַשְׁמָה בְּאַדְבָּדָל קָשָׂרִים וְלֹטֶה, טְהָרִין:

ଗନ୍ଧା ଲିଙ୍କର ଦୟାପରେ ଧାରା ଲିଙ୍କର ଦୟାପ ଶରୀର ଦୟାପ ହେଲା ନେବେ
ନେବେ ନେବେ ନେବେ ନେବେ ନେବେ ନେବେ ନେବେ ନେବେ ନେବେ ନେବେ

નોંધાયા

Mourners:
Yit-gadal v'yt-kadash sh'mey raba,
B'alma di v'ra hiru-tey, vyam-lih mal-hutey
B'hay-ye-hon u-v-yomey-hon
U-v'ha-ye y d'hol beyt yisrael
Ba-agala u-viz-man kariv, v'imru Amen.

Congregation and mourners:

Y'hey sh'mey raba m'varah l'alam ulalmey alma-ya.

Mourners:

Yit-barah v'yish-tabah v'yit-pa-ar v'yit-romam v'yit-na-sey
V'yit-hadar v'yit-aleh v'yit-hala sh'mey d'kud-sha-
B'rith hu, l'eyla * min kol bir-hata v'shi-rata
Tush-b'hata v'ne-hemata da-amiran b'alma, v'imru Amen.

Y'hey sh'lama raba min sh'ma-ya, v'ha-yim,
Alevnu v'al kol visrael v'imru Amen

* From Rosh Hashanah to Yom Kippur, add a second l'eyla, נְזִיעַת

EVENING SESSION

[69]

Mourner's Kaddish

କେବୁ କାହାରେ ଥିଲା କିମ୍ବା କେବୁ କାହାରେ ଥିଲା କିମ୍ବା

ਦੇਸ਼ਧਾਰ ਪੰਜਾਬ ਸੱਭਾ

Congregation and mourners:
תְּאַזֵּן תְּאַזֵּן שְׁבָדָל
בְּשָׁבֵד בְּשָׁבֵד, שְׁבָדְלָנָה

ମୁହଁମ ଲକ୍ଷ୍ମନ ଲେଖ ଦୀ ଲକ୍ଷ୍ମନ ମେହ ଦୟା ଦେଇ ଦ୍ୟାତିରିଣ୍ୟା
ଲେଖିପାଇ ପଶୁଚପ୍ପାଇ ଦେଇଲେଖ ଲକ୍ଷ୍ମନ ଦେଇଲେଖ ଲକ୍ଷ୍ମନ ନାହିଁ
ଲେଖିପାଇ ପଶୁଚପ୍ପାଇ ଦେଇଲେଖ ଲକ୍ଷ୍ମନ ଦେଇଲେଖ ଲକ୍ଷ୍ମନ ନାହିଁ

ଗୁରୁ କିମ୍ବା ଦୟାତରେ ପାଇଁ ନେବେବୁ କିମ୍ବା ସଦ୍ୟ କିମ୍ବା କିମ୍ବା କିମ୍ବା

નોંધાય નોંધાય

Mourners:
Yit-gadal v'yt-kadash sh'mey raba,
B'alma di v'ra hiru-tey, vyam-lih mal-hutey
B'hay-ye-hon u-v-yomey-hon
U-v'ha-ye y d'hol beyt yisrael
Ba-agala u-viz-man kariv, v'imru Amen.

Congregation and mourners:

Y'hey sh'mey raba m'varah l'alam ulalmey alma-ya.

Mourners:

Yit-barah v'yish-tabah v'yit-pa-ar v'yit-romam v'yit-na-sey
V'yit-hadar v'yit-aleh v'yit-hala sh'mey d'kud-sha-
B'rith hu, l'eyla * min kol bir-hata v'shi-rata
Tush-b'hata v'ne-hemata da-amiran b'alma, v'imru Amen.

Y'hey sh'lama raba min sh'ma-ya, v'ha-yim,
Alevnu v'al kol visrael v'imru Amen

Oseh shalom bi-m'romav, hu ya-aseh shalom
Aleynu v'al kol yisrael, v'imru Amen.

THE LORD IS MY SHEPHERD

GOD OUR GUARDIAN

מִמְוֹרָה לְדוֹר.
יְהִי לֹא אַחֲרֶךָ:
בְּנֹתֶת דְּשָׁא יְרֵב אַנְגָּלִים. צָלָמִי מִנְחָות יְנַדְּלָנוּ:
בְּפִשְׁיִשְׁוֹבָב. יְמִינִי בְּמַעַלְיָזָדָק לְמַעַן שְׁמוֹ:
בְּמַכְּאַלְבָד בְּנֵיתָא צְלָמָת. לְאַיְרָא רַע כְּאַתָּה עַמְּדָי
שְׁבַטְךָ וְצְפַנְתָּךָ הַפָּה יְנַדְּלָנוּ:
מַעַד לְפָנֵי שְׁלָדוֹן נַדְךָ צָרָרִי.
דְּשָׁנָת בְּשָׁמָן רָאשִׁי בְּסִקְיָרָה:
אֵד טֹב וְחַסְדָךָ יְרַדְּפָנִי בְּלִימָיו.
שְׁבַתְךָ בְּבִתְהִיר לְאַרְבָּמִים:

Psalm 23

The Lord is my shepherd, I shall not want.
God makes me lie down in green pastures,
And leads me beside the still waters.
God revives my spirit,
And guides me in paths of righteousness, for God's name's sake.
Though I walk in the valley of the shadow of death,
I fear no evil; for You are with me.
Your rod and Your staff comfort me.
You prepare a table before me in the presence of my foes.
You anoint my head with oil; my cup overflows.
Surely goodness and kindness shall follow me
all the days of my life,
And I shall dwell in the house of the Lord forever.

Psalm 121

I will lift up my eyes to the mountains;
From where will my help come?
My help comes from the Lord,
Who made heaven and earth,
Who will not allow your foot to give way,
Who guards you and will not slumber.
For the Guardian of Israel
Neither slumbers nor sleeps.
The Lord is your keeper;
The Lord is your protection at your right hand.
The sun shall not smite you by day,
Nor the moon by night.
The Lord shall keep you from all evil,
And shall keep your soul.
The Lord shall guard your going out and your coming in,
From this time forth and forever.