



**Temple Israel**  
An Engaging, Diverse Jewish Community  
Portsmouth, New Hampshire

### **Kabbalat Shabbat (*Lev Shalem*)**

Select a prayer or reading to lead. Rabba Kaya will check in with you to go over the plan before the service.

P. 73 Shalom Aleichem

P. 13 Poems

P. 17 Poem

P.23-25 Lekha Dodi

P. 27-28 Psalm for Shabbat - Opening &/or Closing section : Tzadik Katamar

P. 39a Barchu

P. 39a Maariv aravim

P.40 Ahavat Olam

P. 41 Sh'ma and V'ahavta

P. 44 Mi kamokha

P. 45 Hashkiveinu- Hebrew or English

P. 46- V'shamru- traditional

P. 46 Hatzi kaddish

P. 56-57 Aleinu

P. 211 Adon Olam

P. 55 kiddush

### **Shabbes Tisch Prayers (service begins at 6:15 pm)**

P. 73 Shalom Aleichem

P.23-25 Lekha Dodi

P. 27-28 Psalm for Shabbat - Opening &/or Closing section: Tzadik Katamar

P. 55 Kiddush



Shabbat Morning \*High priority prayers *Lev Shalem*

Page	Prayer	
<i>Lev Shalem</i>		
101	*Mah Tov 3x	
103	Birchot haShachar	RK & - Heb./Eng
122	Baruch She'amar	responsively- Hebrew Hatimah-RK
141	*Psalm 150	
147	Shokhen Ad	1 <sup>st</sup> red arrow R.Kaya
148	*Hatzi Kaddish	
	<b>Shaharit</b> <b>Sh'ma and its Blessings</b>	
149	*Barchu	
150	*1 <sup>st</sup> brakhah before the Sh'ma Yotzer Or	
151	El Adon	
153	*Kedushah D'Yotzer Kadosh Kadosh	
153	Or Chadash	
154	Ahava Raba וְהָאֵר וְהַבִּיאֵנוּ	
155	*Sh'ma	
155	*V'ahavta	
156	Vayomer /Emet	
158	תהלות *Mi chamocho *Tzur yisrael	



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	The Amidah	
159-160	*Adonai s'fa tai tiftach/Avot	
160	*Gevurot	
161	*Kedusha Al yedei	
161	*L'dor va-dor	
165	Sim Shalom	
166	*Oseh Shalom	
167	*Kaddish Shalem	

177	Prayer for our Country	
178	Prayer for Israel	
178	Prayer for Peace	
	<b>Concluding Prayers</b>	
204	*Ein Keloheinu	
205-206	*Aleinu	
207	Mourner's Kaddish	
211	*Adon Olam	
	*Kiddush	
	*Motzi	