

## Rosh Hodesh Group

### Kindling the Light to Honor the New Month

As we kindle this fire of the New Moon we remember  
That fire transmutes substance  
Grain into bread  
Clay into pot  
Cold into the warmth of the heart.

With this flame we honor Shechinah- the indwelling Presence of the Divine Mystery  
and we initiate this holy day, Rosh Hodesh.

ברוכה את שכינה, המקדשת אותנו  
ומחדשת אותנו על ידי הדלקת נר של ראש חודש.

B'rukhhah At Shechinah, ha-m'kadesh otanu  
U'mi-hadesh otanu al yidei hadlakat ne r shel rosh hodesh.

Blessed are You Shechinah who sanctifies us  
and renews us through the kindling of the new moon flame.

### Traditional Blessing for the New Moon:

You are a crown of glory for those who are born in the womb,  
for they, like you, are destined to be renewed.

### Meditation for Kiddush Rosh Hodesh

The vine is courageous and tenacious, as each of us is called to be. Growing toward light, it twists without knowing what may lie beyond. In its journey the vine intertwines with other vines. We might think of community this way, as an interweaving of the paths of many vines.

Our history then is the tapestry of interwoven vines. To it, we continually add new weaving. And tonight we unroll our tapestries, holding them up to the light, where their colors and intricate patterns- each perfect and imperfect stitch-may shine.

### Kiddush

נברך את עין החיים Nivareikh et ain hahayyim

מצמיחת פרי הגפן matz-mihat p'ri hagefen

ונקדש את ראש החדש u'nikadesh et Rosh HaHodesh

et arigat pitilei hayeinu      את אריגת פתילי חיינו  
l'tokh masekhet hadorot      לתוך מסכת הדורות.

Let us bless the Source of Life  
that ripens fruit on the vine,  
as we hallow the Rosh Hodesh festival,  
weaving new threads  
into the tapestry of tradition.

### Closing Poem and Prayer

Leisure  
~by Zelda

We had a hidden treasure of leisure  
gentle as morning air,  
leisure of stories, kissed, tears,  
leisure of holidays,  
leisure of mama, grandma, and the aunts,  
gliding in a boat of light,  
slowly floating  
in the small boat of peace  
with the moon and the heavenly bodies.

יהי רצון שיתחדש עלינו חֹדֶשׁ \_\_\_\_\_ לטובה ולברכה, לששון ולשמחה, לשלום ואהבה,  
רעות ואהבה, לעבודה ויצירה, פרנסה וכלכלה, לשלום הנפש, ובריאות הגוף, לחיים של דרך ארץ,  
ואהבת תורה, לחיים שימלו בם, משאלות לבנו לבנו לטובה, כן יהי רצון

*Y'hi ratzon sheyitchadeysh **aley**nu*  
*chodesh \_\_\_\_\_ (name of the new month)*  
*l'tovah v'livrakhah,*  
*l'sason ul'simchah,*  
*l'shalom v'achavah,*  
*rey'ut v'ahavah,*  
*la'avodah vitzirah,*  
*parnasah vekhalkalah,*  
*l'shalvat hanefesh*  
*uvri'ut haguf,*  
*l'chayim shel derekh eretz*  
*v'ahavat **torah**,*  
*l'chayim sheyimal'u bam*  
*mish'a lot libeynu l'tovah.*  
*Keyn y'hi ratzon.*

May the month of \_\_\_\_\_ (name the new month)  
be a month of blessings:

blessings of goodness,  
blessings of joy,

peace and kindness,  
friendship and love,

creativity, strength,  
serenity,

fulfilling work  
and dignity,

satisfaction, success,  
and sustenance,

physical health  
and radiance.

May truth and justice  
guide our acts

and compassion  
temper our lives

that we may blossom  
as we age

and become  
our sweetest selves.

May it be so.

This blessing and above blessings excerpted from The Book of Blessings by Marcia Falk .