Shalom Temple Israel Hebrew School Families,

I hope you all had a fun, restful and restorative vacation.

School starts tomorrow, Wed. March 4, for 3rd through 7th graders, and Sunday, March 8, for Kindergarten through 2nd graders.

As you all know, the world, including New Hampshire, is working to contain the COVID 19 (CORONA) virus.

Many NH and MA schools are asking any students that have traveled to countries and/or U.S. states that have had higher cases of this virus,

to not attend school for two weeks.

I know that many of you have traveled internationally and/or to places where you have had contact with multitudes of people.

WE REQUEST THAT YOU DO NOT SEND YOUR CHILD TO SCHOOL IF:

*1. You have traveled to any countries that the CDC issued a travel notice for (China, Iran, South Korea, Italy, Japan, Hong Kong) or flown in an airplane

with passengers that appeared to be sick. (wait Two weeks)

*2. Your child or a family member is or was recently sick with fever, upper respiratory virus, vomiting (stomach flu is going around, too) (wait until at least 24 hours fever AND symptom free)

    * Please remember that a person is at their most contagious, the day before they are actually exhibiting symptoms, and sometimes it takes a week or two before we show symptoms,

after being in contact with a carrier of a virus. No prayer or activity is worth getting sick over, or infecting classmates or teachers.

* WE WILL ASK ALL STUDENTS AND ADULTS to WASH THEIR HANDS with soap and water before they enter their classrooms.

Please help us keep everyone healthy by reminding your children to wash their hands as soon as they come into the temple (and school, home, etc)

* We will have services in the Sanctuary instead of the Chapel on Wednesdays, and will ask the children to spread out rather than sitting very close to each other.

Lastly, please let me and your child's teacher know if they will not be attending school due to illness or other activities.

Thank you so much for helping us keep healthy!

L'Shalom,

Elian